



## Bleeding Heart

RESTAURANTS

### 2026 Spring Summer Bowl Food Menu

£8.50 per bowl

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#### *Cold*

##### **Smoked salmon parfait**

*Heritage beetroot, mustard mayonnaise & watercress  
fish, egg, dairy, mustard, sulphites*

##### **Salt-baked beetroot**

*Pickled blackberry, hazelnut crumb & bulls blood salad (VG)  
nuts, mustard, sulphites*

##### **Smoked chicken**

*Winter leaves, new potatoes, grilled artichoke & caper dressing  
sulphites*

##### **Scotch beef rump carpaccio**

*Horseradish crème fraîche, verjus grapes & winter truffle  
nuts*

##### **Roasted Jerusalem artichokes**

*Pickled foraged mushrooms, smoked oat, cep crumble, shaved winter truffle & samphire  
cereals (contains gluten), sulphites*

##### **Mushroom parfait**

*Salt-baked celeriac, soy pickled shimeji's, shallot jam, brioche toast & foraged leaves (V)  
egg, dairy, celery, cereals (contains gluten), sulphites*

##### **Scottish salmon poke**

*Forbidden rice, avocado, Heritage radish, wasabi emulsion, spring onions, edamame beans & pickled ginger  
fish*

##### **Thai beef salad**

*Green mango, papaya, caramelised cashew nuts, coconut & sweet chilli dressing  
nuts*

##### **Confit of Cornish yellow fin tuna**

*Fine beans, new potatoes, horseradish crème fraîche & watercress  
fish, dairy*

##### **Bang Bang Chicken**

*Vermicelli noodles, Asian vegetables, coconut, peanut dressing (P)  
peanuts, egg, cereals (contains gluten)*



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#### Warm

##### Gilt head seabream

*potato gnocchi, chestnut mushrooms, roasted fish jus & salsa verde  
fish, egg, dairy, cereals (contain gluten), alcohol, garlic*

##### Risotto Milanese (V)

*Wild mushrooms, Pecorino & crispy kale  
dairy*

##### Truffled Cornish chicken breast

*Potato & carrot, parsnip puree, sauce Alberfura  
dairy*

##### Twice-baked Cheese soufflé

*Cauliflower velouté, Reblochon  
egg, dairy, mustard, cereals (contain gluten)*

##### Spiced glazed short rib

*Pommes Aligot, sweet & sour onions, miso aubergine puree, garlic chive oil  
dairy, garlic*

##### Tofu tikka

*Spiced chickpeas, Rogan jus & coriander (VG)*

##### Aubergine Parmigiana

*Tomato sauce, grilled mozzarella, fresh parsley  
dairy, sulphites*

##### Chalk Stream trout

*Leek Vichyssoise, creamy potato, trout roe & pak choi  
fish, dairy*

##### Truffled macaroni cheese

*Shaved Wiltshire truffles, wild rocket & truffle dressing (V)  
dairy, cereals (contain gluten)*

##### Ayrshire rump of beef

*Gherkin ketchup, grated Swiss cheese, parmentier potato & beef jus  
dairy, alcohol*