



BRIDGWATER

Gluten-Free Ingredients Menu



Keepers Urban Honey is sourced and produced locally in the South West of England by Black Bee Honey.

This is a year-round process: In the Spring and Summer, the bees collect nectar from wildflowers and fauna across Somerset. As the season progresses, the honey produced becomes darker with a bolder flavour. In the Autumn, the bees are then moved to the moors where there is an abundance of heather in bloom; this then gives the honey an incredible aromatic flavour with a unique texture.

• NIBBLES & SHARING •

Marinated House Olives   £2.95
herbed extra virgin olive oil

Soup   £5.95
GFI Bread

Honey, Soy & Chilli Chicken Wings    **Six wings** £6.50
Nine wings £8.95
Twelwings £11.95
garlicmayo

• SALADS •

Caesar  £9.95
romaine leaves, grana padano cheese, anchovies

add bacon and chicken for £2.50
add hot oak-smoked salmon for £4.00

Tor Goat's Cheese & Baby Beetroot    £12.95
butter beans, spinach, frisée, orange, sunflower seeds, balsamic and honey dressing



Dishes featuring our House Honey

 suitable for vegetarians  suitable for vegans  contains nuts as a key ingredient  gluten free Ingredients
If you suffer from a food-related allergy or intolerance, please let us know. Allergen information for this menu is available on request. Foods described in the menu may contain nuts or derivatives of nuts.
A discretionary 10% service charge will be added to your bill.

• MAINS •

- British 'Chippy' Fish & Chips**  £12.95
GFI-battered seasonal fish, chunky chips, mushy peas, tartar sauce
- 10oz British 28-day Aged Sirloin Steak**  £23.95
chunky chips, portobello mushroom, vine tomatoes | [choice of peppercorn or béarnaise sauce](#)
- 8oz British 28-day Aged Rib-Eye Steak**  £23.95
chunky chips, portobello mushroom, vine tomatoes | [choice of peppercorn or béarnaise sauce](#)
- Penne al'Arabiata**   £11.50
tomato, garlic, chilli, parsley | [add chicken for £4.00](#)
- Pan-roasted Soy & Ginger Marinated Salmon Fillet**  £14.95
quinoa, five beans, spinach, pomegranate, chimichurri

• SIDES •

- Skinny Fries**   £2.50
- Chunky Chips**  £3.00
- Garden Salad with Honey Dressing**    £3.50
- Seasonal Vegetables**   £3.50
- Onion Rings**   £3.50
- Sweet Potato Fries**   £3.50
- Three Chicken Wings**   £3.50

• SANDWICHES •

served with fries

- Club**  £10.95
chicken, crispy bacon, tomato, free-range egg, lettuce, mayo



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• BURGERS •

served in GFI bun, with lettuce, tomatoes, house pickles, skinny fries

7oz British Beef Burger  £12.95
cheddar, relish

Oat Crumbed Chicken Burger   £13.50
smoked cheddar, corn relish, honey BBQ sauce

Zeal Hotels' Ultimate Burger  £16.95
7oz British beef burger, smoked cheddar, smoked bacon, BBQ pulled pork, chimichurri, GFI onion rings

Vurger   £12.95
100% plant-based moving mountains burger patty, relish

want to spruce it up? add any extra topping for £1.00

streaky bacon | celeriac remoulade | blue cheese | jalapeños | grilled pineapple | hash browns

• DESSERTS •

all our ice creams are from Granny Gothards in Taunton, Somerset

Chocolate & Orange Torte   £6.50
passion fruit coulis, berries

Drunken Lemon Sorbet   £5.95
limoncello

Selection of Granny Gothards Ice Cream   £1.50
per scoop

Supporting Local Provenance

Local Provenance and supporting suppliers in our area is a passion for us all at Keepers. This ethos runs through the heart of our menu, from the butcher to the various cheeses we've sourced, all the way to the ice cream we offer for dessert – and of course the fabulous honey that features throughout!! See below just a small glimpse of how we are utilising our local area and the fantastic range of suppliers we have close to home:

Black Bee Honey – taking its company name from our native and endangered 'Black Bee', this South West-based supplier is our proud producer of our signature Keepers honey.

Mack Wholesale – Bristol

Fenton Farms – Wellington, Somerset

Longman's Dairy – Yeovil, Somerset

Stillmans Butchers – Taunton, Somerset

White Lake Cheese – Shepton Mallet, Somerset

Granny Gothards – Willand, Devon

Barbers Cheddar – Ditcheat, Somerset



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As a service to our guests, this menu has been created using the information provided by our food vendors/suppliers. Keepers Kitchen & Bar assumes no responsibility for its use and information. Every effort has been made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to recipe revisions, preparation techniques and/or the season of the year. Please be advised that all of our foods are prepared in a common kitchen and that Keepers Kitchen & Bar cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for people with Celiac Disease. Our gluten-free ingredient offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Our staff are not trained on the highest intricacies of Celiac Disease or gluten intolerance and cannot be expected to provide recommendations or other advice.