

LATE NIGHT BREAKFAST

Eggs Benedict / Florentine ^V	12
Royale	13.5
Poached woodland farm eggs with a choice of ham, H. Forman smoked salmon or spinach on an English muffin, with homemade Hollandaise sauce	
Lobster Benedict	19.5
1/2 lobster, poached woodland farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce	
Steak & eggs	17
Bavette steak & 2 woodland farm eggs, cooked to your liking, with crispy Balans potatoes & chimichurri	
Full English	13.5
2 woodland farm eggs (any way), bacon, Cumberland sausage, field mushroom, tomatoes, crispy Balans potatoes & toast	
Eggs in hell ^V	10.5
2 woodland farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese	
Salmon avocado & scrambled egg	14
H. Forman smoked salmon with scrambled woodland farm eggs, avocado & toast	
Avocado & quinoa bruschetta ^V	10
Halloumi, cherry tomatoes, homemade pesto & balsamic glaze	



Breakfast burrito ^V	11
Spicy scrambled woodland farm eggs in a tortilla wrap with Mexicana cheese, homemade salsa & sour cream	
Cheese omelette ^V	10
Woodland farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes	
Two eggs anyway ^V	7.5
Poached, fried, scrambled or boiled woodland farm eggs on sourdough, granary or gluten free toast (add crispy bacon, sausage for +2 or sliced avocado for +3)	
French toast ^V	10.5
Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon	
Proper porridge ^V	5.5
With milk & a squeeze of honey	

OUR FAMOUS PANCAKES

American pancakes ^V	12
With warm maple butter and a choice of bacon, banana or berries	
Vegan pancakes ^{Ve}	12
With maple syrup and a choice of banana or berries	

SANDWICHES

Togarashi buttermilk chicken doughnut	10.5
Togarashi marinated fried chicken, Japanese kewpie slaw, pickles, smoked bacon, Red Leicester cheese & gochujang ketchup, in a doughnut	
Miso salmon burger	17
Wasabi & coriander aioli, Ajadt Thai cucumber relish in a brioche bun, with fries	
Three cheese quesadilla ^V	9
Crispy tortilla with Mexicana, Monterey Jack & soft cheese, tomatillo and Chipotle salsa, and sour cream	
Falafel & hummus wrap ^{V Ve}	9.5
Pickles, tomato and sweet chilli sauce	

ADD-ONS

Halloumi, chorizo	3.5
2 slices of toast	2
Sourdough, granary or gluten free (add jam or homemade marmalade for £1.5)	
Bacon, mushroom, egg, sausage, cheese, black pudding, baked beans	2
Avocado	3
H. Forman smoked salmon	6
Grilled chicken	5
Two pancakes & fruit	6

BALANS CLASSICS

Kerala curry ^{Ve}	17.5
Chicken, shrimp, or vegetables, coconut, cashews, jasmine rice	
The Balans Burger	18.5
100% British beef patty, topped with Red Leicester cheese, smoked bacon, lettuce, dill pickle, tomato & red onion marmalade in a brioche bun with fries	
Cajun & Chipotle vegan burger ^{V Ve}	17.5
Smoky Cajun chickpea relish, crispy onion ring, Moving Mountains B12 patty, chipotle mayo with charcoal and chia seed bun	
Fish & chips	17.5
Day-boat caught white fish from the British Isles, hand-cut chips & mushy peas	



SIDES

Fries or hand-cut chips	4
Crispy Balans potatoes	4
Beef ragu mac & cheese	8
Truffle oil, parsley crumb	

SHALL WE?

Espresso Martini	9.5
Moskovskaya vodka, freshly-brewed espresso & Mr Black coffee liqueur	
Porn Star Martini	11
Wheatley vodka, vanilla, passion fruit, with a shot of Moët & Chandon champagne on the side	
Moët & Chandon	9.7/52
Champagne N.V.	
Bolé	7/30
Novebolle Romagna DOC Spumante	

We've been cooking up a storm since 1987.

You're in good hands - we choose great ingredients and great people.

To become a chef at Balans, you have to pass the final 'Hollandaise test'.

Sounds simple but making Hollandaise perfectly - under pressure - is one of the ways you can tell if someone has the skills and magic touch to join the Balans brigade.

^V Vegetarian ^{Ve} Vegan — Ask your server for our detailed allergen menu. An optional service charge of 12.5% will be added to your bill.

