

# MANTRA

Progressive Indian



Discover authentic Indian cuisine in an  
enlightened way.

The menu is inspired by exotic ingredients  
and amazing diversity of regional cooking  
from India.

Sit back and relax at Mantra and  
experience this culinary journey with us!

# DINNER MENU

## APPETISERS

Mumbai Style nachos to share (v) Add minced lamb for extra £3.00	£6.95
Poppadums and dips for two (India's crunchy appetiser)	£4.95
Pan fried cod with exotic spices - sweet, hot and sour (gf) (df)	£6.95
Char-grilled dill seasoned salmon and beetroot chutney (gf)	£7.95/13.95
Tandoori chicken tikka marinated in pickled spices and green chutney (gf)	£6.95/11.95
Gingery spiced tandoori lamb chops and green chutney (gf)	£7.95/13.95
Punjabi style saffron paneer with mixed peppers (v) (gf)	£6.95/11.95
Chicken malai tikka with green chutney	£6.95/11.95
Chilli garlic king prawns with naan bread	£8.95
Char-grilled minced lamb kebabs with aromatic spices, mixed peppers and chutneys	£6.95/11.95
Pan fried spiced cauliflower florets seasoned with spring onion (v) (gf)	£5.95
Onion bhaji with tangy tamarind chutney (Indian street food) (v) (gf)	£4.95
<b>Mantra Vegetarian Platter with chutneys which includes:</b> (Paneer tikka, onion bhaji, vegetarian samosa) (v)	£9.95
<b>Mantra Non-vegetarian Platter with chutneys which includes:</b> Lamb chops, chicken tikka duo, minced lamb kebabs	£14.95
Gin-drizzled char-grilled king prawns with Indian spices flavoured with jasmine	£15.95

## APPETISERS (OUR SIGNATURE DISHES) MANTRA SPECIAL DOSAS (gf)

(with chef improvisations)

South Indian recipe, a pancake made from ground rice and pulses

Masala dosa with potato filling, coconut chutney and sambar (v) (df) (gf)	£6.95
Chicken tikka dosa, coconut chutney and sambar (gf)	£7.95
Minced lamb dosa, coconut chutney and sambar (df) (gf)	£7.95
Paneer dosa, coconut chutney and sambar (gf)	£7.95

# MAINS

Kadhai spiced king prawns (df) (gf)	£15.95
Seabass in Goan style coconut milk sauce (df) (gf)	£14.95
Fish of the day in Hyderabad style flavoured salan (df) (gf)	£13.95
Hyderabad medium chilli chicken (df) (gf)	£11.95
Punjabi tandoori chicken tikka masala (gf)	£11.95
Chennai hot chicken (df) (gf)	£11.95
North Indian butter chicken (gf) (n)	£11.95
Lamb with fresh spinach (df) (gf)	£12.95
Slow cooked shank of lamb in Hyderabad spices (df) (gf)	£15.95
Kashmiri aromatic lamb rogan josh (df) (gf)	£12.95
Kheema Paav (Indian street food) minced lamb cooked in tantalising earthy spices with a bread roll	£12.95

# BIRIYANIS

served with traditional raita

Hyderabad king prawn biriyani (gf)	£15.95
Hyderabad lamb dum biriyani (gf)	£14.95
Hyderabad chicken biriyani (gf)	£12.95
Vegetarian biriyani (v)	£11.95

# VEGETARIAN SIDES/MAINS

Sautéed potatoes with exotic lightly spiced sauce	£5.95/£8.95
Sweet, sour and lightly spiced baby aubergines (df) (gf)	£6.95/£9.95
Tempered okra with samal fennel seeds (df) (gf)	£6.95/£9.95
Stir fried spinach with garlic and light spices (df) (gf)	£5.95/£8.95
Paneer with chilli and mixed peppers (gf)	£6.95/£9.95
Amritsari chickpeas (df) (gf)	£5.95/£8.95
Daal: North Indian black lentils with tomatoes, cream and clarified butter (gf)	£4.95/£7.95
Daal: Yellow lentils tempered with cumin and mild spices (df) (gf)	£4.95/£7.95
Punjabi paneer and spinach (gf)	£6.95/£9.95

(v) Vegetarian (n) Contains nuts (gf) Gluten-free (df) Dairy-free. Prices include VAT @ 20%. DISCRETIONARY 10% SERVICE CHARGE.

We welcome your comments and suggestions. Please speak to our duty manager or email us at [info@mantraofbath.co.uk](mailto:info@mantraofbath.co.uk).

Fish may contain small bones. Some of our dishes may contain or have been in contact with nuts, please let your server know of any allergies or dietary requirements.

We use locally sourced produce whenever possible.

\* Gluten free option is available upon request for some of the menu items. Please speak to a member of staff.

## BREADS

Plain naan	£2.95
Garlic naan	£2.95
Tandoori roti (df)	£2.50
Peshawari naan (n)	£3.95
Gluten free roti	£3.95

## RICE & ACCOMPANIMENTS

Plain rice (df)	£2.95
Pilau rice	£2.95
Mushroom rice	£3.50
Traditional raita	£2.95
Boondi raita	£3.50
Salad	£3.95

## DESSERTS

Gulab jamun in saffron and rose scented syrup and ice cream (v)	£5.95
Carrot halwa with ice cream (v)	£5.95
Kulfi (n) (v) (Mango, rose, pistachios, malai)	£4.95
Spiced ice cream (with nuts option) (v)	£4.95

5 Bladud Buildings  
The Paragon  
Bath. BA1 5LS

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