



Estd. 1888

CAREYS MANOR

& SENSPA

CONFERENCE & EVENTS



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Reunite your team for fresh air, *fresh food* and FRESH THINKING. This will be your productive space to work and a relaxing place to *reset*.

There is something altogether different about holding a corporate event at a manor house in the country. Foster relationships amongst acres of woodland, celebrate your team's success with a day out on the water and inspire new ideas in a comfortable, relaxed setting.

Careys Manor nestles in the year-round beauty of the New Forest National Park and is within a stone's throw of the Solent.

Our country house hotel gives you everything your business needs – flexible meeting spaces for 8-150 people, 77 bedrooms and suites, a choice of dining options, a team of wellness experts and so much more besides.



THOUGHTS FROM OUR GUESTS

"Another fantastic couple of days in this gem of a spa hotel, tucked away in the beautiful New Forest. Award winning spa facilities and the most attentive staff you could ask for."





In today's fast-paced, demanding and often isolating work environment, RE-INSPIRE your team with a *corporate away-day* at Careys Manor.



Non-Residential Conferences Include:

- Main meeting room hire
- LCD projector & screen
- Flipchart & stationary box
- Complimentary WIFI access
- Mineral water, cordials & sweets in main meeting room
- Unlimited tea & coffee
- Morning & afternoon chef's goodies
- Two course hot & cold buffet or working lunch
- Free car parking for all delegates
- Designated events coordinator leading up to your event

Residential Conferences Include:

- To include all elements of the non-residential conference plus:
- Overnight accommodation in a double room for single occupancy
- Three course dinner and coffee with petit fours
- Full English breakfast
- Complimentary newspaper
- Designated events coordinator leading up to your event
- Complimentary use of the leisure facilities





Reunite your team for fresh air, *fresh food* and FRESH THINKING. This will be your productive space to work and a relaxing place to *reset*.

Teambuilding at Careys Manor will raise your team to new levels. With an array of activities to support your employee wellness programme and a choice of delicious dining options, get a new perspective away from the hustle and bustle of city life.



Activities include:

- Wellness workshops
- Sailing
- Horse riding
- Duck herding
- RIB blast
- Treasure hunt
- Around the world dining
- Laser clay shooting



THOUGHTS FROM OUR GUESTS

"From the moment we arrived every member of staff, without exception, was polite, friendly, welcoming and professional"

Our LOVE of good food means you'll be spoilt for choice with *three restaurants* to choose from.



Zen Garden

Fresh, aromatic and delicious are the words to describe the authentic Thai cuisine offered in our Zen Garden restaurant.



Cambium

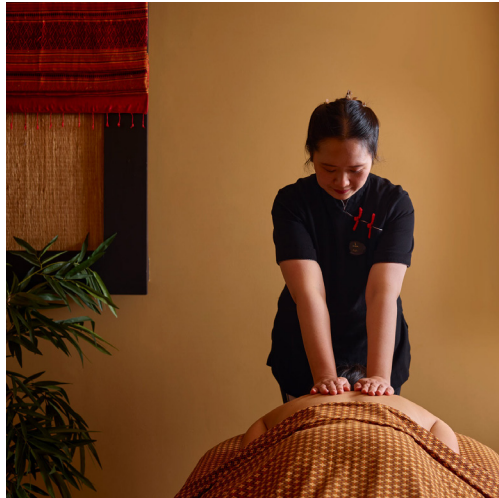
Reinterpreting classic dishes from around the globe, this is modern British cuisine using ingredients from our British coast and country.



Le Blaireau

Visit this little corner of France in the New Forest, where you can enjoy classic French dishes or sip an espresso as if you were in Paris.

REFRESH YOUR SENSES - away days that put your team's *health* and *wellness* at the forefront



Your team's happiness is critical to the success of your business. Employees who are active, healthy, and possess the psychological skills to handle challenging situations have greater job satisfaction, are more productive and have fewer sick days. The team of experts at our Thai spa, SenSpa have created delegate packages that put your teams wellness at the forefront, with the flexibility to align activities with your own wellness strategy.

Wellness Workshops

Learn about the principles of Mind Chi to manage workplace stress, practice mindfulness to move from reacting to challenges, to responding skilfully, or uncover the principals of conscious connected breathwork to promote overall health.

Incentives & Rewards

Incorporate spa day vouchers into your employee rewards scheme or incentivise your sales team with the chance to win a 3-month gym membership to continue your journey to workplace wellness.



Spa facilities

- | | | |
|---|---|---|
| Hydrotherapy pool | Experience showers – tropical, sea and ice storm showers | Gym |
| Herbal sauna | Health showers – stimulating overhead and side water jets | 18 treatment rooms, including 2 double rooms |
| Crystal steam room | Laconicum – a gentle thermal room | Alphasphere Deluxe - a multi-sensory experience |
| Swimming pool | Relaxation room | Rhassoul mud room |
| Ice room | Quiet room | Spa boutique |
| Thai studio | | |
| Tepidarium – a relaxation room with heated loungers | | |



THOUGHTS FROM OUR GUESTS

"Our room was so peaceful, overlooking the beautiful garden and with the most comfortable bed I've ever slept in."



Uniquely decorated bedrooms that invite the CALM of the *forest* indoors and embrace the COMFORTS of home.

A fresh with contemporary details and country home comforts, our garden rooms invite you to wake up to birdsong and garden views. Alternatively, choose to sleep in the 19th century manor house. These rooms are elegantly decorated with traditional character and homely touches.

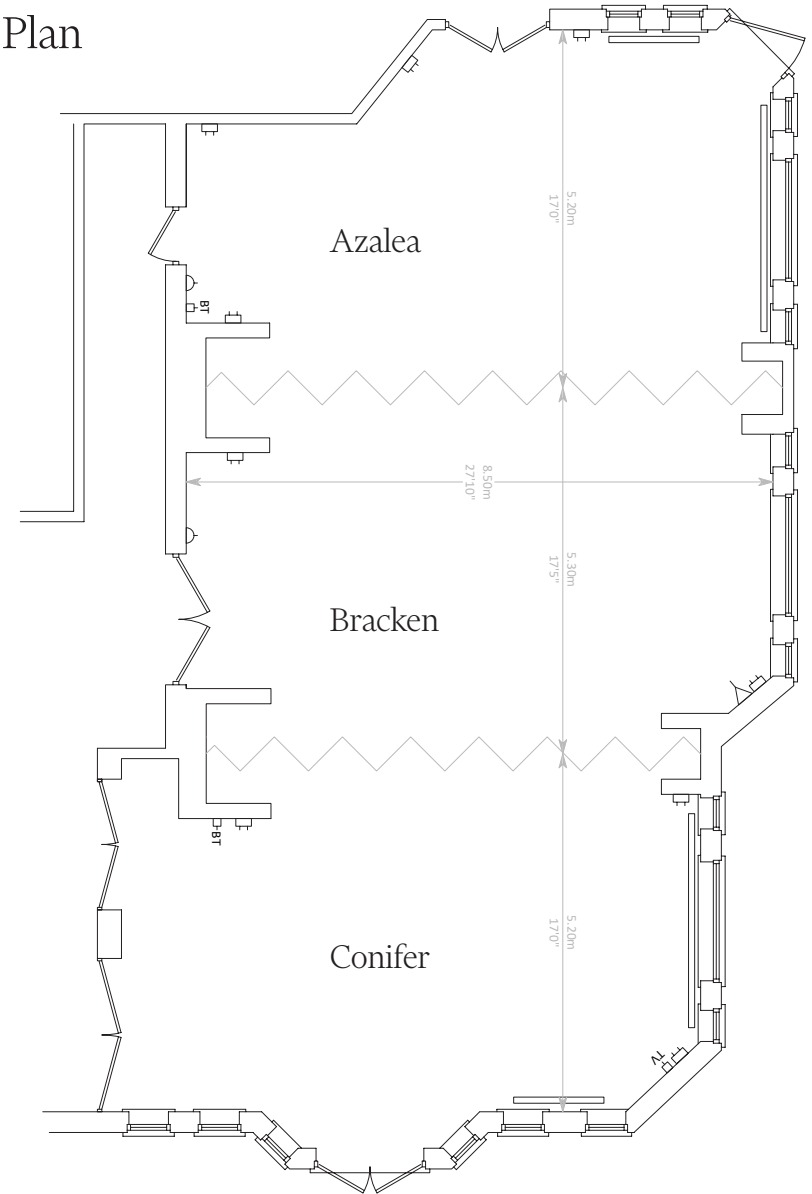
Individual in décor, our spacious suites offer a place of comfort and privacy that you can call your own whilst you explore our forest, or choose our secluded self-catering cottage for peace and privacy.

Manor Suite

Situated in the ground floor, The Manor Suite is a perfect event space for conferencing, meetings and private dining. A unique feature of the Manor Suite is the large windows that surround it offering plenty of natural day light. The Manor Suite also has doors allowing direct outside access to a private garden. The suite can be divided in to three different sections with sound proof partitions.



Floor Plan



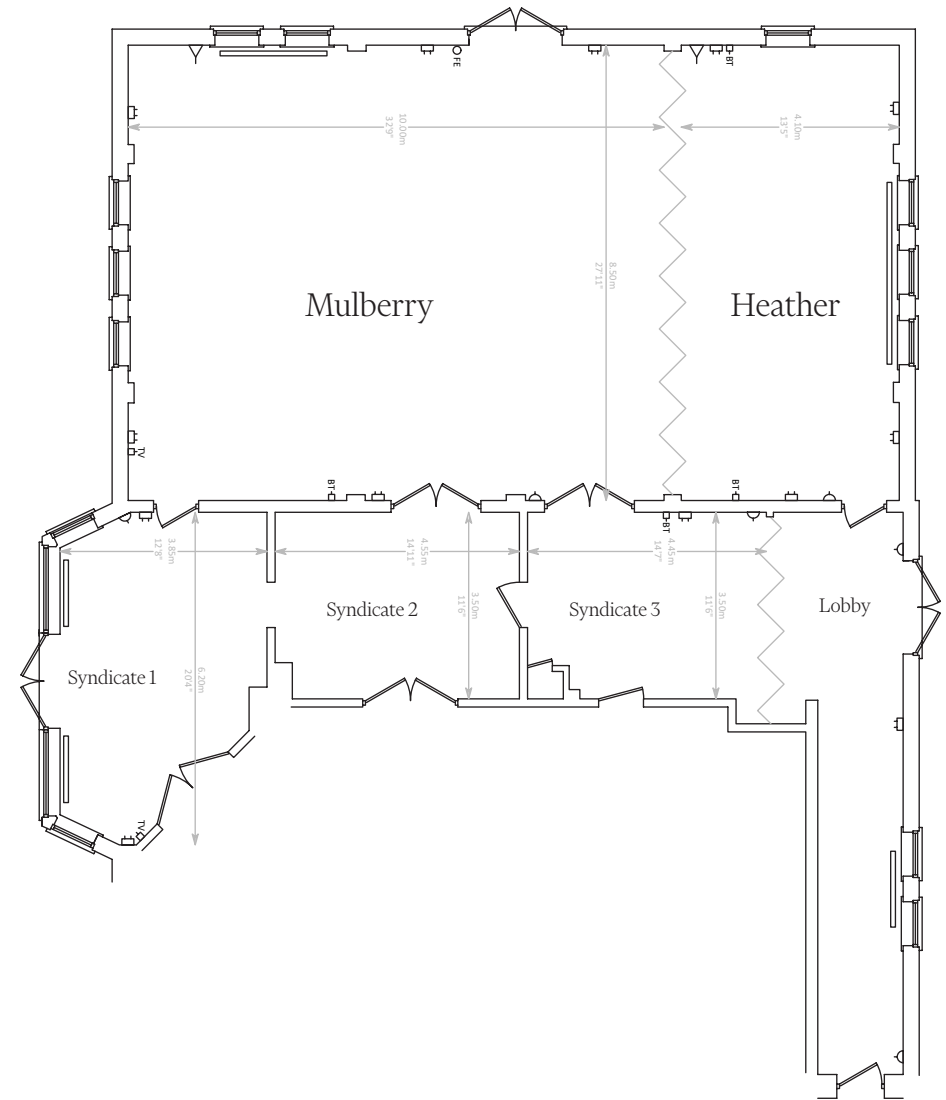
Room	Dimensions (m)			Capacities & Configurations							
	L	W	H	Max capacity	Board Room	U-Shape	Theatre	Cabaret	Class Room	Reception	Dining
Azalea	5.2	8.54	3.4	30	16	16	28	16	16	90	20
Conifer	5.19	8.77	3.4	40	18	16	36	16	24	40	24
Bracken	5.31	8.54	3.4	40	18	16	36	16	24	40	24
Bracken/Conifer	10.5	8.54	3.4	100	28	30	70	50	40	100	60
Azalea/Bracken	10.5	8.54	3.4	100	28	30	70	50	40	100	60

Cedar Suite

Situated on the ground floor this conference suite features its own private entrance, a self contained reception area and French doors leading to a private terrace area. In addition, high ceilings and an abundance of natural daylight creates a spacious airy atmosphere. This suite has the capacity to be divided into two separate sections, complete with a sound proof partition and three adjacent syndicate rooms.



Floor Plan



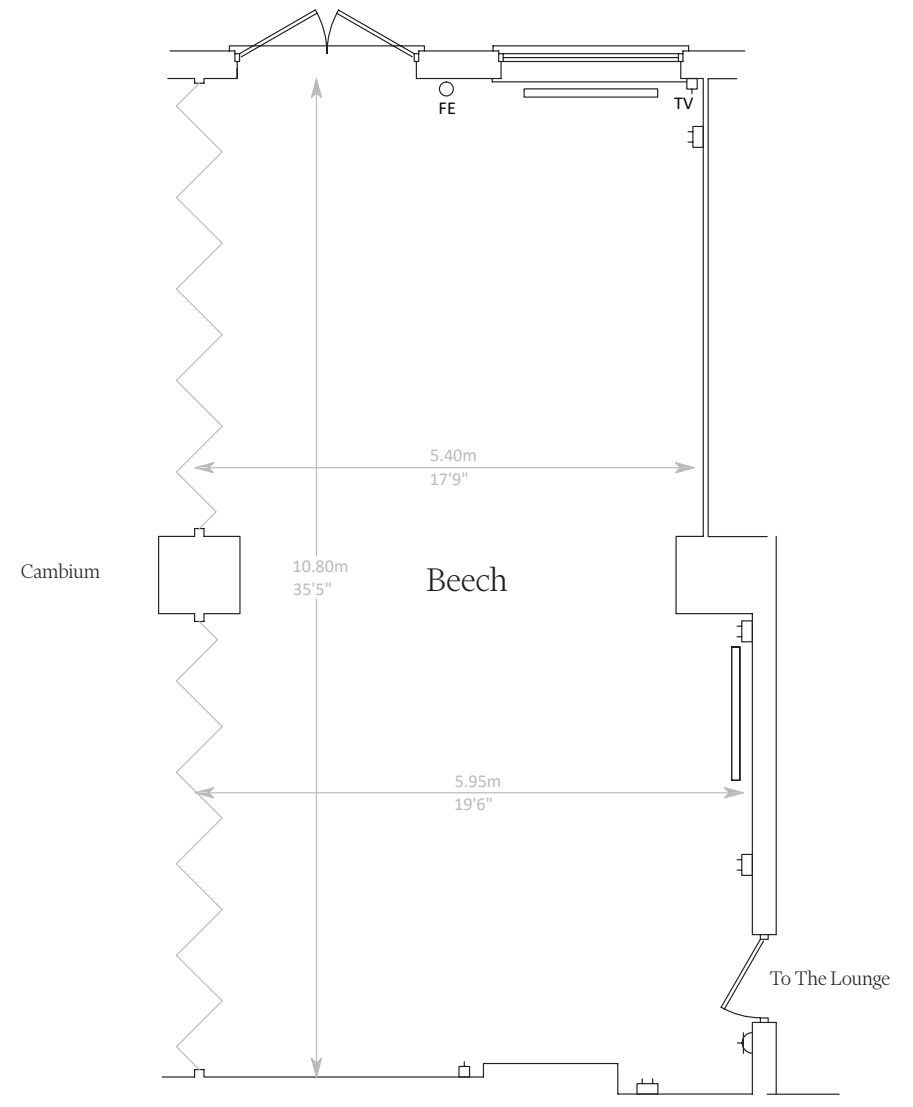
Room	Dimensions (m)			Capacities & Configurations							
	L	W	H	Max capacity	Board Room	U-Shape	Theatre	Cabaret	Class Room	Reception	Dining
Cedar Suite	14.6	8.24	3.12	150	45	50	120	90	84	150	90
Mulberry	10.3	8.24	3.12	100	28	30	70	50	40	100	70
Heather	4.3	8.24	3.12	35	18	14	30	16	12	35	20
Syndicate 1	6.25	4.17	2.68	10	10	N/A	N/A	N/A	N/A	N/A	N/A

Beech

The Beech room is Ideal for smaller meetings, breakout sessions and great for private dining. Situated on the ground floor, the beech room offers natural daylight and direct outside access.



Floor Plan



Room	Dimensions (m)			Capacities & Configurations								
	L	W	H	Max capacity	Board Room	U-Shape	Theatre	Cabaret	Class Room	Reception	Dining	
Beech	9.14	4.57	2.76	50	24	24	50	24	24	50	40	

Find Us



BY ROAD

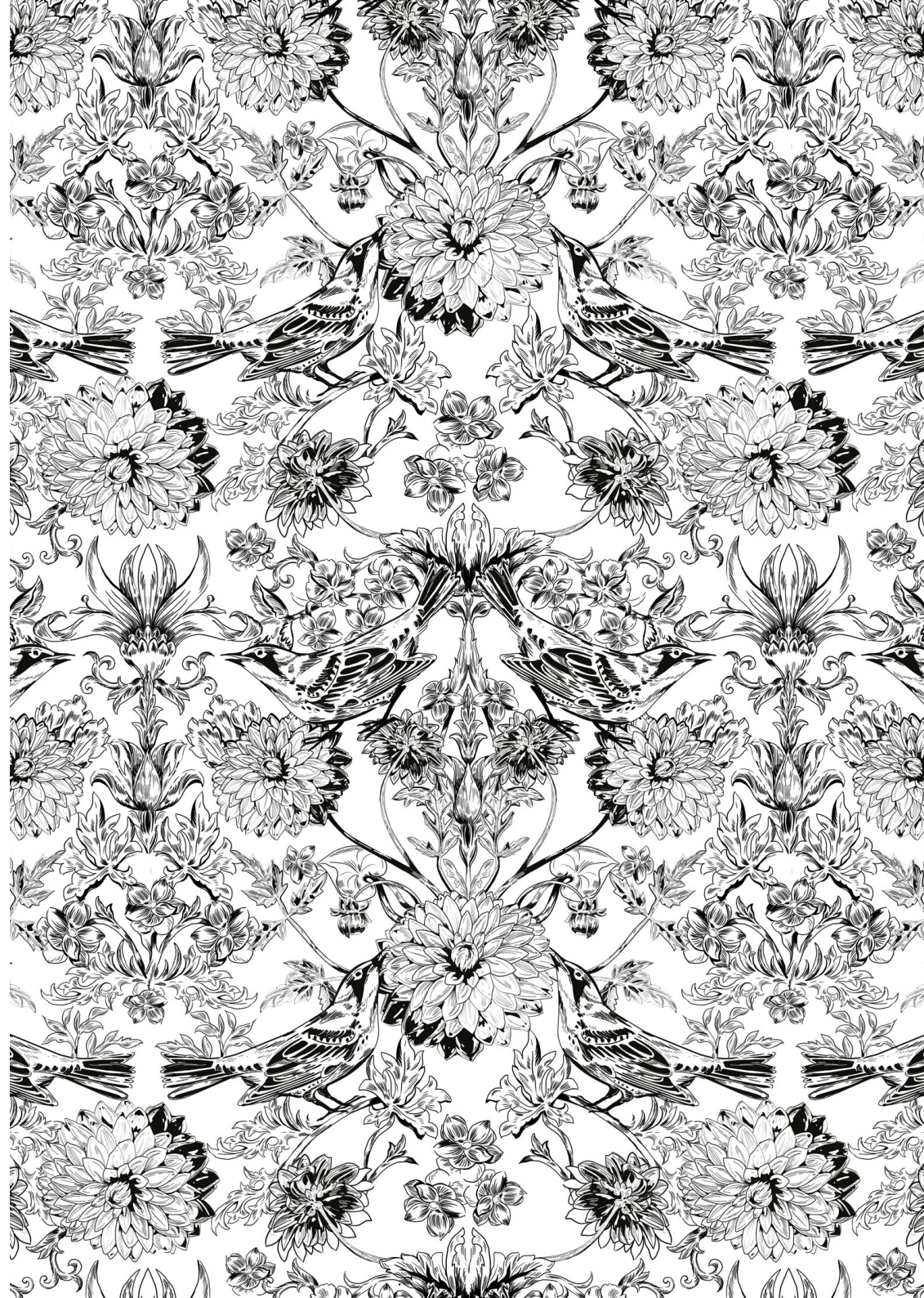
Leave M27 at Junction 2 and follow signs for Fawley A326. Continue straight across 4 roundabouts. After the 4th roundabout, take the right lane on slip road signposted Lyndhurst A35. Follow A35 through Lyndhurst then follow A337 signposted Lymington/Brockenhurst. Careys Manor is located near the village of Brockenhurst.

BY TRAIN

The nearest mainline station is Brockenhurst just a short walk from the hotel and is well served by regular direct train services from London Waterloo (90 minutes), the Midlands and the North.

BY AIR

Careys Manor is located less than 20 miles from both Southampton & Bournemouth Airports and is 1 hour and 15 minutes from London, Heathrow Airport



C.M & S

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