



TWICKENHAM

Principal Partner

BRITISH AIRWAYS



TEAM-BUILDING AT TWICKENHAM



LEARN THE HAKA

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The Haka is a ceremonial Māori war dance, which is intended to intimidate opposition fighters in battle. The Haka has become synonymous with the game of rugby, as the New Zealand national team, the All Blacks, perform the traditional dance before every match, intimidating opposing rugby teams.

Learning how to perform this traditional dance at Twickenham is perfect as a thrilling team-building exercise, or as a powerful mid-conference energiser, encouraging collaboration amongst your team, as well as teaching valuable lessons about the traditions and rich culture of this historic dance.

We recommend performing the activity in the stadium bowl, beside the world-famous Twickenham pitch. This is a fantastic way to connect the activity to the Haka's rugby connections, and a great way to impress your team, due to the event spaces awe-inspiring nature.



MEGA MIX FUN DAY

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Mega Mix Fun Day provides a thrilling day full of our most popular team-building activities, which is perfect to host outdoors, in the warmer summer months.

Enjoy a broad variety of competitive head-to-head interactive challenges, designed to encourage collaboration and teamwork, through physically and mentally challenging tasks, suitable for all to enjoy.

Mega Mix Fun Day is the perfect activity to host in the Twickenham bowl, due to the amount of space required for each activity. Enjoy taking in the impressive views across the famous pitch, while competing in the fun range of activities.



ABSEIL TWICKENHAM

ABSEIL TWICKENHAM STADIUM

Enjoy the ultimate thrill-seeking activity at Twickenham, by challenging your team to an activity that will test their nerve to the max, by abseiling the side of the Home of England Rugby, Twickenham Stadium.

That's right, our new stadium abseil package, provided in collaboration with Big Bang Experiences, provides the ultimate conference break-out experience at Twickenham, providing a thrilling and memorable experience.

Professional photography of your abseiling experience can also be arranged, giving your team with a memento of their thrilling event day at Twickenham.



GAMESHOW ACTIVITIES

TEAM TRAITORS

In teams, battle it out head-to-head in various team challenges that will test your mental agility and physical skills, working together to beat the opposition before time runs out. There is however a catch... there will be traitors among you, and it's your job to find them quick!

QUBED

Get ready to enter the visual and dramatic TV-inspired team-building experience. Complete with game show lighting and a fully realistic full-size challenge cube, contestants will work in teams to face a series of nail-biting challenges, to see who can 'Beat the Qube'.

QUID GAMES

Based on the popular series, Squid Games, this event is a true test of your communication, problem-solving ability, creative thinking, and patience, as you and your team battle to conquer the Quid Games together, encouraging teamwork and collaboration.



WELLBEING ACTIVITIES

CONSCIOUS BREATH

Discover the untapped potential of your breath, an inherently potent tool that has the transformative ability to redefine your experience of the world. This workshop is your gateway to understanding and mastering the art of breath, a skill accessible to all and capable of reshaping your life experience.

STRESS LESS

Stress affects all of us, and with a large percentage of it often coming from the workplace, it is of vital importance to educate your team to give them the skills to tackle stress effectively. The stress less workshop will leave your team feeling lighter, and equipped with a stress-busting toolkit, to help them and your organisation to thrive.

PITCH-SIDE YOGA

Kick off your day at Twickenham with a tutored al fresco yoga session, held beside the famous pitch. Bring your own yoga mat and refillable water bottle, and walk down to pitchside to meet your instructor. Classes are able to be adapted to suit groups of all ages and ability levels. Return refreshed and ready for the day ahead.



CONTACT US



This is just a sample selection of what is available at Twickenham. Please speak to a member of our team to discuss the full team-building activity selection.

For further information or to discuss your team-building requirements in more detail, please contact a member of the team on [020 8744 9997](tel:02087449997) or browse our website twickenhamstadium.com/team-building

