

MYTHS & FLAMES

M E N U



STARTERS

PITA BREAD	£1,20
HOMEMADE BREAD Made in wood fired oven	£1,90
OLIVES Freshly picked from our own olive groves	£5,90
FETA CHEESE Freshly brought from Greece	£6,50
TZATZIKI A creamy yogurt dip made from Greek yogurt, cucumbers, garlic, and homemade olive oil	£5,95
TYROKAFTERI Spicy creamy feta cheese made with Greek feta cheese, mild pepper and spices	£5,95
HUMMUS Smooth and creamy puree of cooked chickpeas, tahini sesame paste and lemon juice	£5,95
SAGANAKI Greek style grilled goat cheese	£6,90
GRILLED HALLOUMI CHEESE Semi-hard, brined grilled cheese served with grilled tomatoes	£6,90
GRILLED VEGETABLES Selection of freshly picked vegetables	£6,95
DOLMADAKIA Petite wraps made with vine leaves stuffed with rice	£8,95
CHIPS	£3,95
CHEF'S SPECIAL CHIPS Topped with Myths & Flames sauce & cheese	£4,95
COURGETTE BALLS 4 balls made of freshly chopped onions, dill, parsley, Greek herbs, and feta cheese topped with our Chef's signature sauce	£7,95
TOMATOKEFTEDES Made of ripe and sweet tomatoes, flavoured with feta cheese, spring onions, and fresh mint. Fried and served with Chef's signature sauce. (4 balls)	£7,95

SPANAKOKEFTEDES Made of fresh spinach, spring onions, feta cheese, eggs, and fresh mint, the ingredients are combined to form small balls that are fried until golden brown. Served with Chef's signature sauce	£7,95
TIROPITAKIA (PIE) Small pastry triangles filled with feta cheese and Greek herbs	£5,95
SPANAKOPITAKIA (PIE) Layers of flaky phyllo pastry that are filled with a mixture of spinach, feta cheese, and herbs	£5,95
PRAWN SAGANAKI Prawns topped with freshly chopped tomatoes and Greek herbs baked in a wood fired oven	£9,95
GRILLED OCTOPUS The octopus is grilled with care and expertise, resulting in a smoky and slightly charred flavor that complements the taste of the meat	£9,95
MIX STARTERS A selection of 8 starters of your choice served with 2 signature sauces (prawn saganaki and grilled octopus are excluded)	£19,95

SALADS

MYTHS & FLAMES Chef's signature salad	£9,95
TRADITIONAL GREEK SALAD Tomatoes, cucumbers, onions, olives and Greek feta cheese. Sprinkled with oregano, vinegar and homemade olive oil	£8,95
GREEN SALAD Iceberg lettuce with spring onions topped with olive oil	£6,95

MAGIREUTA Cooked Meals

MOUSSAKA Layers of eggplant slices, potatoes, and minced meat, topped with homemade béchamel sauce & cheese	£14,95
PASTITSIO Greek lasagna made of layers of pasta, a delicious minced meat topped with homemade béchamel sauce	£14,95
GEMISTA Stuffed peppers with rice, vegetables and fresh herbs. Served with Greek salad	£13,95

Vegetarian

Please ask us for the Chef's daily specials

MYTHS & FLAMES



GRILL

RIBEYE STEAK	£28,95
A high-quality beef steak with generous marbling, grilled to perfection for a tender, rich, juicy, and full-flavored experience	
LAMB CHOPS	£19,95
A scrumptious and savoury treat. Tender and unique, they go well with any side. Portion contains 4 chops	
CHICKEN GYRO	£14,95
Notorious for its rich and delicious flavour, our gyros come with roasted meat served with pita, potatoes, salad, and homemade signature sauce. Sides are included inside the gyro	
PORK GYRO	£14,95
Our gyros are well-known for their scrumptious taste. They are served with pita and come with tomatoes, onions, cucumber, tzatziki, potatoes, and a unique sauce created by our Chef. Sides are included inside the gyro	
PORK SKEWERS	£15,95
We grill 3 pork skewers that have been marinated to make them tender, resulting in a delicious blend of sweet and smoky flavours	
CHICKEN SKEWERS	£15,95
3 tender marinated chicken skewers cooked on a grill for a sweet and smoky flavour	
LAMB SKEWERS	£16,95
The lamb is skewered and grilled to perfection, resulting in a delicious smoky and slightly charred taste	
LOUKANIKO	£15,95
Greek sausage made of mixed pork and lamb, flavoured with orange peel, authentic Greek herbs and smoked over aromatic woods	
GREEK BIFTEKI	£14,95
Our dish features grilled minced beef and lamb, made into burger patties. Each portion contains two pieces of this delicious grilled meat	
GREEK BIFTEKI WITH CHEESE	£18,95
Grilled minced beef and lamb burger patties filled with soft feta or gouda cheese (upon preference). Portion contains 2 pieces	
CHICKEN FILLET	£15,95
Chicken fillet deliciously grilled with mozzarella, tomatoes, and pesto sauce	
MIXED GRILL (FOR 2)	£39,95
A selection of your favourites: 1 chicken skewer, 1 pork skewer, 1 sausage, and chicken gyro	
MIXED GRILL (FOR 4)	£59,95
We offer a selection of your favourite meats, including 2 skewers of chicken, 2 skewers of pork, 2 sausages, and a generous portion of chicken gyro	

GREEK STYLE KEBAB	£14,95
Our dish features a mixture of minced beef and lamb, seasoned with fresh parsley, onions, and garlic, and grilled to perfection. Each portion contains 3 kebabs	
SIGNATURE GREEK STYLE KEBAB	£16,95
Grilled mixture of minced beef and lamb seasoned with fresh parsley, and onions. Served with a side of Greek yogurt and fresh tomato sauce. Each portion contains 3 kebabs	

SIDES

All grills are served with pita bread, tzatziki or signature sauce and a choice of fresh potato chips or salad

WRAPS

PITA GYRO WITH CHICKEN OR PORK	£7,95
SKEWER WRAP WITH CHICKEN OR PORK	£7,95
<i>All chicken wraps come with homemade signature sauce, tomatoes, potato chips, and lettuce</i>	
<i>All pork wraps come with homemade Tzatziki sauce, tomatoes, potato chips, and onions</i>	
GREEK BIFTEKI WRAP	£8,20
GREEK BIFTEKI WITH CHEESE WRAP	£8,50
<i>Both come with homemade Tzatziki sauce, tomatoes, potato chips, and onions</i>	
LOUKANIKO WRAP (SAUSAGE)	£8,20
<i>Comes with homemade barbeque sauce, tomatoes, potato chips, and onions</i>	
HALLOUMI WRAP 🌿	£8,50
COURGETTE BALLS WRAP 🌿	£8,50
<i>Both dishes are served with a homemade special yogurt sauce, fresh tomatoes, crispy potato chips, and crunchy lettuce</i>	

SKEPASTI

CHICKEN GYROS SKEPASTI	£15,95
Our dish consists of two layers of pita bread that resemble a sandwich, filled with chicken gyros, lettuce, tomatoes, cheese, and a homemade sauce. Served with chips.	
PORK GYROS SKEPASTI	£15,95
2 layers of sandwich-like pita bread with pork gyros, tomatoes, cheese, and home-made sauce. Served with chips	
MIXED CHICKEN-PORK GYROS	£15,95
Two layers of pita bread that are filled with chicken and pork gyros, lettuce, cheese, tomatoes, and finished with a homemade sauce. Served with chips	