



Salt
Whisky Bar & Dining Room

FOOD MENU



OFFICE@SALTBAR.COM



SALTWHISKYBAR

Developed from traditional North Indian recipes, and improved by our Chef's culinary skills, Salt's menu is rich in flavours and aroma. Specially ground spices, handpicked abroad, ensures a traditional taste to every dish.

www.saltbar.com



020 7402 1155



deliveroo

UBER

eats

CHAAT

Chaat is a plate of savoury snacks typically served at the roadside from stalls or carts in India & Pakistan. The chaat variants are all based on fried dough, with various ingredients.

- DAHI PURI** (V)£6.50
Puffed puris stuffed with potatoes, onions, tomatoes & chutneys topped with sev.
- PANI PURI** (V)£6.50
Puffed puris stuffed with chickpeas, onions, tomatoes & served with tangy spicy water.
- BHEL PURI** (V)£6.50
Mixture of rice puffs, onions, tomatoes, pomegranate seeds & chutneys with sev sprinkled on top.
- ALOO TIKKI CHAAT** (V)£6.50
Traditionally made potato cake with Indian spices, served with mint sauce, tamarind sauce & sweet yogurt.
- SAMOSA CHAAT** (V)£6.50
Traditionally made vegetable samosa with Indian spices, served with mint sauce, tamarind sauce & sweet yogurt.
- BUN TIKKI** (V)£7.50
Traditionally made potato cake burger sawiched in a bun with mint chutney & onions served with mint sauce.
- PAV BHAJI** (V)£8.00
Authentic vegetable bhaji (thick curry) with butter & homemade spices, served with garlic buttered toasted pav (bread).
- PEANUT MASALA** (V)£6.50
Traditional snack of fried peanuts mixed with onions, tomatoes, lemon & spices to munch with alcoholic drinks.

ENTREE

Entree-Bites are made to perfection to match the pallet of drinks & to enhance the flavours which are made with handpicked ingredients. All the snacks are Salt Bar's signature dishes.

- PUNJABI VEG SAMOSA** (V)£8.00
Traditional crisp flour patties filled with selection of vegetables, served with tamarind chutney.
- LAMB SAMOSA**)))£8.00
Deep fried filo pastry with a savoury spicy lamb filling served with tamarind chutney.
- CHILLI PANEER** (V))))£11.00
A Chinese preparation of cottage cheese tossed with onions, peppers in soya sauce.
- CHILLI GARLIC MOGO**)))£10.00
A Chinese preparation of fried casava tossed with onions, garlic in soya sauce.
- SALT & PEPPER MOGO** (V)£10.00
Fried casava tossed in lemon juice, black pepper & fresh chillies.
- CHILLI CHICKEN**)))£12.00
A Chinese preparation of diced chicken tossed with onions, peppers in soya sauce.
- CHILLI GARLIC PRAWNS**)))£14.00
A Chinese preparation of prawns tossed with onions, garlic in soya sauce.
- HUMMUS** (V)£5.00
Arabic cold meeza made with chick peas, lemon, tahina sauce, olive oil & served chilled with pita bread.
- CLASSIC GREEK SALAD** (V)£8.50
Peppers, cherry tomatoes, cucumber, olives & cubes of feta cheese served on a bed of lettuce & dressed with mustard lemon dressing.

WRAPS

A quick bite for those on the go ! All wraps are special & signature dishes of Saltbar. (Change of bread from tortilla to naan for the wrap will be charged at £1.00 extra)

- PANEER WRAP** (V)£6.75
Tandoor grilled paneer rolled with lettuce, onions & mint sauce in tortilla bread, served with mint sauce.
- CHICKEN TIKKA WRAP**£7.00
Tandoor grilled chicken tikka rolled with lettuce, onions & mint sauce in tortilla bread, served with mint sauce.
- LAMB SEEKH KEBAB WRAP**£7.00
Tandoor grilled seekh kebab rolled with lettuce & mint sauce in tortilla bread, served with mint sauce.

TANDOOR

Selected classic Tandoor snacks made with rich ingredients & spices which can only be found in SaltBar.

- PANEER TIKKA** £10.50
Cottage cheese marinated in thick yogurt & Indian spices, grilled in Tandoor & served with mint sauce.
- TANDOORI JHINGALASOONI**£14.00
Prawns flavoured with garlic & handpicked spices, grilled in tandoor & served with mint sauce.
- TANDOORI CHICKEN**(Half) £10.50 - (Full) £21.00
Whole chicken marinated with Indian spices, ginger, garlic & thick yogurt, grilled in tandoor, served with mint sauce. Half is 2 pieces, full is 4 pieces.
- PUDINA CHICKEN TIKKA**£11.00
Diced chicken breast marinated with fresh mint, fresh coriander, ginger, garlic & thick yogurt, grilled in tandoor, served with mint sauce.
- CLASSIC CHICKEN TIKKA**£11.00
Diced chicken breast marinated with Indian spices, ginger, garlic & thick yogurt, grilled in tandoor, served with mint sauce.
- CHICKEN WINGS (TANDOOR)**£9.00
Chicken wings marinated with Indian spices, ginger, garlic & thick yogurt, grilled in tandoor, served with mint sauce.
- TANDOORI LAMB CHOPS**£16.50
Lamb chops marinated with handpicked spices, ginger & garlic, grilled in tandoor & served with mint sauce.
- LAMB SEEKH KEBAB**£11.00
Minced lamb marinated with brown onion, mint, ginger, garlic & other handpicked spices, rolled on a tandoor skewer, grilled in tandoor & served with mint sauce.
- AJWAINI FISH TIKKA**£11.00
Fish marinated with special handpicked spices, caraway seeds, ginger, garlic & thick yogurt, grilled in tandoor & served with mint sauce.
- TANDOORI PLATTER** (Single) £12.00 (Double) £24.00
Tandoori chicken, pudina chicken tikka, tandoori jhinga, tandoori lamb chop & lamb sheekh kebab, grilled in tandoor & served with mint sauce.


SPECIAL BIRIYANI'S

Our special biriyani harmonious blend of aromatic flavours encapsulating India's essence in every bite.

- LAMB SHANK BIRYANI THALI**£21.99
Dum biryani is a classic rice dish made in layers of rice & marinated lamb shank with onions, mints & handpicked spices. Served with raita, dal, kheer, bombay aloo & salad.
- LAMB SHANK BIRYANI on its own**£18.99
- CHICKEN NIZAMI BIRYANI THALI**£18.99
Dum biryani is a classic rice dish made in layers of rice & marinated Chicken leg with onions, mints & handpicked spices. Served with raita, dal, kheer, bombay aloo & salad.
- CHICKEN NIZAMI BIRYANI on its own**£16.99

SALT SPECIALITIES

Special dishes of Saltbar made to perfection.

- VEGETABLE BIRYANI** £15.00
Hyderabadi dum biryani is a classic rice dish made in layers of rice & marinated vegetables, with onions, mints & handpicked spices. Served with raita.
- LAMB BIRYANI**£16.50
Hyderabadi dum biryani is a classic rice dish made in layers of rice & marinated diced lamb with onions, mints & handpicked spices. Served with raita.
- CHICKEN BIRYANI**£16.00
Hyderabadi dum biryani is a classic rice dish made in layers of rice & marinated diced chicken with onions, mints & handpicked spices. Served with raita.
- PRAWN BIRYANI**£17.00
Hyderabadi dum biryani is a classic rice dish made in layers of rice & marinated prawns with onions, mints & handpicked spices. Served with raita.
- SALT BEEF BURGER**£13.50
Minced beef burger with herbs, grilled & sandwiched in a burger bread, tomato, lettuce & cheese, served with French fries.
- FISH N CHIPS**£13.50
Battered fillet of fish with lemon, mustard, fried & served with fries, mayonnaise, ketchup & tartar sauce.
- OREGANO, OLIVE & CHEESE NAAN** £5.00
Tandoor flat bread stuffed with mozzarella cheese, olives & crusted with dry oregano. Served with garlic sauce.
- PESHWARI NAAN** £6.00
Tandoor flat bread stuffed with coconut, almonds & raisins.

MAIN COURSES

Perfectly selected mouth-watering dishes. Each main course is served with an individual portion of basmati rice or naan. (coriander/methi/garlic naan charged at 50pence extra, Tandoori roti charged at 50 pence extra, Pulao rice charged at £1.00 extra)

BHINDI DO PYAZA (V)	£12.50
Stir fried okra, onions in a thick tomato & onion gravy with handpicked spices.	
ALOO SAAG (V)	£12.50
Potato cooked with spinach & handpicked spices.	
CHANA MASALA (V) (J)	£12.50
White chickpeas cooked with onions, tomato gravy & handpicked spices.	
VEGETABLE JALFREJI (V) (J)	£12.50
Vegetables cooked with mixed peppers, paneer, onion tomato gravy & handpicked spices.	
KADHAI PANEER (V)	£14.50
Authentically cooked cottage cheese with mixed peppers, onions, tomato gravy & handpicked spices.	
YELLOW DAL TADAKA (V)	£12.50
Yellow lentil boiled & tempered with cumin seeds, garlic, & curry leaves.	
DAL MAKHANI (V)	£14.00
A delicacy of Indian cuisine made of boiled kidney beans & black lentils with tomatoes & butter.	
CHICKEN TIKKA MASALA	£15.50
England's national dish made with chicken tikkas cooked in tandoor & then in a rich creamy tomato gravy & butter.	
CHICKEN KORMA	£15.50
Chicken cooked in a rich traditional gravy made of cashews, cream & yogurt.	
CHICKEN DO PYAZA (J)	£15.50
Authentically cooked chicken with onions, tomato gravy & handpicked spices.	
GOSHT ROGAN JOSH	£16.50
Authentically cooked lamb with handpicked spices.	
FISH CURRY (J)	£16.00
Fish cooked in a rich onion-tomato gravy & handpicked spices.	
MALABAR PRAWN CURRY (J)	£17.00
Prawns cooked in onion-tomato gravy & coconut milk, tempered with curry leave & mustard.	

KIDS MEAL

CHICKEN NUGGETS WITH CHIPS	£8.99
VEGETABLE NUGGETS WITH CHIPS (V)	£8.99

THALIS

We do not do thalis take away.

Coriander /methi/ garlic naan charged at 50pence extra,
Tandoori roti charged at 50 pence extra, Pulao rice charged at 50p extra.

VEGETARIAN THALI (V)	£16.00
Small portion of chef's choices of vegetarian curry, dal, raita, salad, gulab jamun & served with rice & naan (except paneer).	
PANEER THALI (V)	£17.00
Small portion of chef's choices of paneer curry, dal, raita, salad, gulab jamun & served with rice & naan.	

JAIN FOOD

Please allow our chefs plenty of time to prepare the Jain food

PANI PURI (V)	£6.50
Puffed puris stuffed with chickpeas, tomatoes and served with tangy spicy water.	
PANEER MAKHANI (V)	£14.50
Cottage cheese cooked in a rich creamy tomato gravy and butter. Served with basmati rice or naan of your choices.	

ACCOMPANIMENTS / SIDES

FRENCH FRIES	£4.50
Served with mayonnaise & ketchup.	
RAITA	(Small) £1.00 - (Large) £2.00
Chopped tomatoes & cucumber mixed with yogurt & served chilled.	
GREEN SALAD	£3.00
Sliced onions, tomatoes, cucumber, green chillies with a lemon wedge.	
SLICED ONIONS	£2.00
Sliced onions, green chillies with a lemon wedge.	
CHOPPED ONIONS	£0.50
MANGO CHUTNEY	£1.00
PICKLE (ACHHAR)	£1.00
Varieties of vegetables & fruits pickled finely, chopped & marinated in brine & edible oils along with various Indian spices.	

RICE

BASMATI RICE	£4.00
Plain boiled basmati rice.	
PULAO RICE	£5.00
Basmati rice with flavoured saffron.	
JEERA RICE	£5.00
Basmati rice tempered with cumin seeds.	

BREADS

NAAN BASKET (2 Naans)	£5.00
Flat bread roasted in a tandoor pot. Ask for a choice of plain/coriander/methi/garlic or butter naan (coriander/methi/garlic naan basket charged at £1.00 extra).	
NAAN	£3.00
Flat bread roasted in a tandoor pot. (Ask for a choice of plain/coriander/methi/garlic or butter naan (coriander/methi/garlic naan charged at 50 pence extra)	
ROTI BASKET (2 Rotis)	£5.00
Flat bread made with wheat flour & roasted in tandoor pot.	
ROTI	£3.00
Flat bread made with wheat flour & roasted in tandoor pot.	

DESSERTS

RICH CHOCOLATE BROWNIE	£7.50
Classic warm chocolate brownie served with vanilla ice cream & chocolate sauce.	
RASMALAI	£7.00
Indian delicacy made with milk, a curdling agent, sugar, nuts, saffron & cardamom.	
MATKA KULFI	£8.00
Traditional Indian dessert made of sweetened dense milk, cardamom & garnished with pistachio flakes.	
GULAB JAMUN	£6.50
Traditional Indian dessert made of deep fried milk fudge balls soaked in sugar syrup, served warm in a pair with vanilla ice cream. (for take away order ice cream is not included instead one gulab jamun added).	
BAKLAWA	£6.50
Authentic assorted Turkish sweets made with dough, nuts, butter & sugar, baked & served in a platter.	
KHEER	£7.00
Indian pudding made from slow cooked rice, milk, sugar, & cardamom.	
FRUIT SALAD	£5.00
FRUIT SALAD With ICE CREAM	£7.00
A tantalizing blend of strawberries, grapes, oranges, apples, & bananas, with a hint of sugar, tangy orange juice, & a sprinkle of black salt.	

ALLERGY

All the food is Cooked using genetically modified cooking oil.
Please ask a member of staff for advice on meal choices.
Please speak to a member of staff for the level of spiciness in your food.
There is a discretionary 12.5% service charge added to your bill.
Allow us to prepare the food for a minimum of 20 minutes.
There is a minimum spend of £4.00 on any debit or credit card payments.
All of the above prices are inclusive of VAT.

