



TO START

HOUMOUS 9.95

with toasted olive bread & olives (V) (VG) (GF)

HALLOUMI FRIES 8.95

with sweet chilli (GF)

LIGHTLY COATED SPRATS (WHITEBAIT) 9.95

served with tartare sauce & lemon wedge

GRILLED CAPRICORN GOAT CHEESE 10.95

served on a bed of beetroot, pine Nuts & a balsamic glaze (GF)

SEASONAL SOUP OF THE DAY 7.95

with toasted olive bread

SALT & PEPPER COATED SQUID 9.95

with fresh lemon & sweet chilli

LARGE PLATE OF NACHOS 17.95

topped with sour cream, guacamole, salsa, jalapeno & melted cheese

PEPPER & CRUMB COATED 10.95

CHICKEN STRIPS

served with sour cream

THE MIDDLE

ask your server for Today's Specials

HOMEMADE BEEF BURGER 18.95

topped with smoked bacon & grilled cheddar cheese (GF)

MELTED BLUE CHEESE BURGER 19.95

topped with smoked bacon on a beef patty (GF)

CHICKEN BREAST BURGER 19.00

with cajun seasoning, smoked bacon & grilled cheddar cheese (GF)

QUINOA & BEETROOT BURGER 18.00

topped with houmous & onion chutney (V) (VG)

(All Burgers served on a Toasted Brioche Bun, Salad Garnish, Chunky Chips & Burger Relish)

TRADITIONAL SUNDAY ROAST

Kids Roast Available

IRISH Sirlion of Beef 21.95

HERB MARINATED HALF CHICKEN 19.95

WELSH LAMB LEG 21.95

ROAST PORK BELLY 19.95

VEGETABLE WELLINGTON 18.00

-with Veg Gravy (Vegan Available) (V) (VG)

(Served with Roast Potato, Mash Potato, Roasted Carrot & Parsnips, Fresh Green, Braised Red Cabbage, Yorkshire Pudding & Lashings of Gravy)

SEABREAM 24

whole fish cooked with garlic, lemon butter, and comes with the sunday trimmings

BEER BATTERED FISH & CHIPS 19.50

served with mushy peas, tartare sauce & fresh lemon wedge

ALL OUR BEEF COMES FROM OUR FAMILY FARM IN KILMALLOCK CO, LIMERICK. "ALL GRASS FED AND ORGANIC".

SIDE NOTES each 6

CHUNKY CHIPS

FRIES

MASHED POTATOES

BABY POTATOES

MIXED SALAD

BUTTERED VEGETABLES

BREAD & BUTTER

Do you have any allergies?

Please Inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers. Fish and poultry dishes may contain bones.

(V) Suitable for Vegetarians, (VG) Suitable for Vegan, and (GF) Suitable for Gluten Free Dietarians. Please note that we do not operate a dedicated vegetarian/vegan/gluten free kitchen. "May contain alcohol".