THE SIXTH ELEMENT

DAYTIME MENU

The five elements build life and we bring an elevated experience as the sixth element.
Our menu is inspired by these elements of life.

Brunch served from 12pm · Friday – Sunday

EARTH | WATER | FIRE | SPACE | AIR

Avocado & Feta Sourdough V GF* — 12
Crushed avocado · feta · seeds · lemon · chilli flakes
Allergens: gluten (sourdough), dairy (feta), sesame · may contain egg

Masala Beans on Toast VE GF* — 10
Home-made spiced cannellini beans · grilled sourdough
Allergens: gluten (sourdough), celery · may contain mustard

Mango & Saffron Pot VE GF — 12
Coconut yoghurt · granola · pistachio · toasted coconut
Allergens: tree nuts (pistachio), may contain oats

House Masala Shakshuka GF — 13
Spiced tomatoes · poached eggs · coriander · sourdough
Allergens: egg, gluten (sourdough), celery · may contain mustard · Vegan option available

Buttermilk Pancakes V — 14
Maple syrup · seasonal berries · whipped cream
Allergens: gluten, egg, dairy · may contain nuts

Crispy Chicken Waffle — 16
Buttermilk-fried chicken · chilli honey · waffle
Allergens: gluten (waffle, coating), egg, dairy · may contain sesame

Truffle Mushroom Croissant V — 15
Wild mushrooms · parmesan · truffle oil
Allergens: gluten (croissant), dairy (parmesan, cream), egg · may contain nuts

Masala Omelette V GF* — 12
Two-egg omelette with sourdough · choose any three: onion · tomato · green chilli · cheddar · mushroom
Allergens: egg, gluten (sourdough), dairy (cheddar)

◆ PROSECCO BRUNCH FOR 2
Prosecco + 3 dishes
£70

◆ CHAMPAGNE BRUNCH FOR 2
Champagne + 3 dishes
£110

SIDES

Eggs Your Way *fried/poached*	3	Mushrooms	2	Smoked Salmon	5.50
Tomatoes	2	Halloumi	5	Avocado	3
Sourdough	3	Masala Fries	5	Bar Nibbles	5

Chicken Burger — £18
Two patties · brioche bun · house masala fries · house salad
Allergens: gluten, egg (mayo), dairy, sesame · may contain mustard

Lunch Bowl — £12
Chef's daily creation — ask your server for today's bowl
Allergens vary daily · please ask our team

Plant Burger VE — £16
Plant patty · brioche bun · house masala fries · house salad
Allergens: gluten, sesame · may contain soya, mustard

GOOD FOOD · GOOD ENERGY · GOOD DAY

(V) Vegetarian · (VE) Vegan · (GF) Gluten Free · (*) available on request · Brunch served from 12pm, Friday – Sunday · Please inform our team of any allergies before ordering. Full allergen information available on request.