

NORTH INDIAN Kwality Starters

Punjabi Vegetable Samosas (v)	7.5
BBQ Paneer Tikka (v, gf)	10
BBQ Chicken Tikka (gf. h)	11
Kathi Rolls	
Tandoori grills with green pepper, onion and Makhani sauce, folded in a flaky paratha.	
BBQ Paneer Tikka (v)	11
BBQ Chicken Tikka (h)	11.5
Hero's Signatures	
Butter Chicken Burger (h) Tandoori chicken in Makhani sauce, served in a brioche bun with pickled onions, green chutney, and lettuce	12
Hero Thali (h) Platter with a butter chicken burger, Punjabi samosa, masala tots, and chutneys for dipping	18.5
Hero Veg Thali (v) Platter with a BBQ paneer tikka roll, Punjabi samosa, masala tots, and chutneys for dipping	17.5
<u>Sides</u>	
Masala Tots (vg, gf)	5
Paratha (a)	2 25

SUSHI

<u>Snacks</u>	
Crispy Rice & Salmon	9.5
Tempura Prawn Sando	9.5
Sushi Rolls	
Salmon Maki Roll	13.5
Avocado Maki Roll (v)	11.5
Tuna Maki Roll	16
Prawn Maki Roll	15
Spicy Salmon Roll	9.5
Spicy Tuna Roll	11.5
Sushi Sets	
Six nigiri pieces served traditionally or with assorted toppings, paired wi	th a half roll
Salmon Sushi Set with Toppings	15.5
Traditional Salmon Sushi Set	15.5
Tuna Sushi Set with Toppings	17

Traditional Tuna Sushi Set

KATSU

<u>Snacks</u>	
Edamame (vg, gf)	5.5
Spicy Prawns Tempura	9.5
Osaka Arancini	6
Katsu	
Tempura Prawn Katsu Curry Rice	15.5
Tempura Prawn Katsu Curry Udon	15.5



CANTONESE

Dim Sum	
Prawn Toast & Chilli Sauce	9
Char Siu Pork 'Cheung Fun' Noodle Roll	10.5
Mushroom 'Cheung Fun' Noodle Roll	9.5
Roasted & Salads	
Char Siu Pork and Sorrowful Rice Char siu pork on jasmine rice and served with a fried egg, greens, and chilli oil	16.5
Char Siu Sandwich Roasted char siu pork in a sesame bun with mustard, white onion, and coriander	11.5
Crispy Duck Salad	13
Smoked Tofu Noodle Salad	11
Sides	

Bowl of Rice (vg)

STEAK GRILL

Dana Diagon		
Para Picar	Para	Picar

Croquetas	5
Two beef and caramelised onion croquetas with a hint of mustard	
De La Parilla	
Grilled Steak Combinado (h) 200g grilled flat-iron steak with Solis steak sauce, served with asador salad and fries	24
Grilled Steak (h) 200g grilled flat-iron steak with Solis steak sauce	20
Sides & Sauces	
Solis Fritas Skinny fries, tossed in Solis signature seasoning	5
Solis Steak Sauce	3.5
Aji Picante (vg) / Chimichurri (vg)	2.5
Postres	

 $\textbf{Torta de Queso} \ (v)$

MIDDLE EASTERN

Rich and creamy cheesecake topped with blueberry sauce

Small Plates

17

Falafel (vg, gf)	5.5/8
Barbari Bread (v)	4.5
Hummus & Barbari Bread (v)	8/11
Fattoush Salad (vg)	6.5
Fries (vg)	4
Shawarma Fries (gf, h) 9.	5/13.5
Wraps & Large Plates	
Shawarma Wrap (h) Chicken shawarma in khobez bread with hummus, garlic toum, salad, and shatta chilli sauce	12.5
	11
Shawarma Plate (h)	14.5

Hummus topped with chicken shawarma, tomatoes, cucumber, fresh herbs, served with khobez bread



SMASH BURGERS

Burgers	
Classic Smash (h)	11
Hot Smash) (h)	11
Double Manna (h)	14
Vegan Burger (vg)	11
Platters	
Choice of burger (Classic or Hot), Nashville tender(s), waffle fries, sauces and pickles	
Single Manna Platter (h)	16
Double Manna Platter (h)	32
Sides & Sauces	
Seasoned Waffle Fries / Hot-Flame Waffle Fries / (v, g)	5



Nashville Hot Tenders / (h)

Buffalo / Manna / Ranch / Jalapeno (v)

MEXICAN

3

Snacks & Salads	
Padron Peppers (vg, gf)	6
Guacamole & Chips (vg. gf)	8.5
Tacos	
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<u>Tacos</u>	
Nopales Tacos (v, gf)	8.5
Pork Carnitas Tacos (gf)	10
Beef Suadero Tacos (gf)	10
Shawarma Tacos (gf, h)	9.5
Lamb Birria Quesadilla (gf, h)	11
Taco Selection (Nopales, Pork and Beef) (gf)	14



NEPALI

Small Plates

Squid Tareko Spiced fried squid, served with roasted tomato and cashew achar	9.5
$\begin{tabular}{ll} \begin{tabular}{ll} \begin{tabular}{ll} Aloo Nimki & (v) \\ \end{tabular} Potato dish with crackers, green chilli, peanuts, masala chaat, pomegranate, whipped yogurt, and a splash of lemon \\ \end{tabular}$	8

Three / five handmade Nepali dumplings, served either on a jhol sauce or tossed in a spicy chilli sauce with peppers and onions $\frac{1}{2}$

Vegetable MOMO (vg)	9.5/13.5
Chicken MOMO (h)	10/14
Lamb MOMO (h)	10.5/14.5
Chilli Vegetable MOMO / (vg)	10.5/14.5
Chilli Chicken MOMO / (h)	11/15
Chilli Lamb MOMO) (h)	11.5/15.5

<u>Large Plates</u>	
Bouddha Crispy Pork Noodle Noodles with crispy pork mince, leafy greens, crackling, and pickled daikon	13
Chicken Thukpa Noodle (h) Noodle soup with chicken keema, timmur, pickled daikon, roasted sesame, soybeans, at charred hispi cabbage	15.5 and
Tipan Tapan Thali (h) Aloo Nimki, Squid Tareko, Chicken MOMO, and Vegetable MOMO, served with roasted	16

INDONESIAN

10

Satay	
Grilled skewers served on a toasted peanut sauce	
Chicken Satay) (h)	9.5
Prawn Satay)	12
Large Plates	
Served with spiced sambal, tumeric rice, pickles and crackers	
Grilled Aubergine & Crispy Tofu (v)	18.5
Crispy Smashed Chicken Leg (h)	19
Crispy Smashed Duck Leg	20.5



Mexa's Churros	
Sticky Toffee Pudding	8.
Lemon Meringue Sundae	8.
Double Chocolate Sundae	8.
Solis Torta De Queso with Berry Sauce	
Selection of Gelato and Sorbet	4.2

ARCADE WAS MADE FOR PARTIES Enquire for groups of 15 to 400 events@arcadefoodhall.com

(v) vegetarian (ve) vegan (gf) gluten free (h) halal