

A La Carte Menu

Bar Snacks & Sharing

Sharing Platter White Bloomer Bread Basket **Home Made Pork** Macsween's Haggis **British Cheese Board** Each £4.95 / five £19.95 Ham hock terrine, pigs in blankets, Scratchings (GF) **Scotch Egg** From the Rockstar bakery in battered cod fingers, British Spiced parsnip relish Greenwich, served with hand £7.50 cheeses, & 'Rockstar' bloomer £7.50 whipped butter £21.95 £3.95 **Starters** The Stablehand's Roast Chicken Salad (GF) **Deep Fried Crumbed Sussex Brie (V)** Seasonal salad & house dressing Seasonal red berry sauce **Roasted Bone Marrow & Parsley Salad** Small £12.95 / Large £16.95 £10.95 'Rockstar' bloomer £11.95 Sussex Goat's Cheese Salad (V, GF) **Prawn Cocktail** From the Golden Cross cheesery, Lewes Marie Rose sauce Seasonal salad & house dressing £11.95 Ham Hock & Parsley Terrine Small £9.50 / Large £13.95 Spiced apple chutney & 'Rockstar' **British Oysters (GF)** bloomer bread **Roasted Butternut Soup (VG, GF)** 1/2 dozen each 9 £9.95 Toasted chestnuts £3.95 £22.95 £33.95 £8.95 Mains **Poached Salmon Charred Grass-Fed 10oz Scottish Ribeye** Sunday Roast Fresh from Billingsgate fish market. Aged 28 days, chips & watercress *Roast beef or chicken served with roast* sorrel & white wine cream sauce £31.95 potatoes, Yorkshire pudding, seasonal £22.95 Add blue cheese sauce +£2.95

Fish & Chips Atlantic cod, mushy peas & tartare sauce £17.95

Bangers & Mash Cumberland pork sausages by Michael Maren, Smithfield, mashed potato & onion gravy £18.50

Slow Roasted Lamb Shoulder From Michael Maren & onion gravy £22.95 Bubble & Squeak (V) Maris Piper mashed potato, buttered cabbage, soft egg & vegetable gravy £17.95 Vegan option available

Home-made Stablehand Pies £18.95 each

Steak & Kidney Pie Fish Pie Lancaster Gate Hot Pot – *Braised lamb*

Served with the seasonal veg of the day

Roast beef or chicken served with roast potatoes, Yorkshire pudding, seasonal vegetables & gravy Nut Roast also available £24.95 (Only available on Sundays)

Sides

Seasonal Veg of the Day (V)£4.95Thick Cut British Chips (VG, GF)£4.95Green Salad, House Dressing (V)£4.95'Rockstar' Bread Basket£3.95

Desserts

Bread & Butter Pudding (V) Vanilla ice cream & caramel sauce £8.50

Bramley Apple Crumble (V)

Vanilla ice cream £8.50

Sticky Toffee Pudding (V) Vanilla ice cream £8.50

Autumnal Eton Mess (V)

Seasonal fruit £8.50

Red Berry Trifle (V) Custard & whipped cream £8.50

Selection of Ice Creams (V) 1 scoop £2.75 / 3 scoops £7.95

(V) Vegetarian. (VG) Vegan. (GF) Gluten-free. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. All of our dishes may contain traces of nuts. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens. The Stableband sources its ingredients from British farmers and suppliers. Very occasionally we may have to substitute an item from elsewhere.

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For groups, private room bookings and special occasions, please ask for a tailor-made quote.