

LIFE'S KITCHEN



A LOVE OF FOOD &
A SENSE OF OCCASION

A close-up photograph of a dessert, possibly a slice of cake or a tart, with a white and brown marbled filling and a dusting of white powder. A large, bright yellow flower is placed next to it. The background is a soft, out-of-focus light green.

2024 SPRING SUMMER MENU SELECTOR

Life's Kitchen

0207 248 1163 | info@lifeskitchen.com | www.lifeskitchen.com

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Starters

Prosciutto Rosettes with Minted Melon & Tomato Salad
Balsamic Reduction & Rocket Cress

~

Pan-fried King Scallops
Cauliflower Puree, Crumbled Black Pudding, Lemon Dressing
(£4.50+ VAT Supplement Charge)

~

Confit Trout Fillet
Pickled Cucumber, Salty Fingers & Amaranth Cress

~

Cured Smoked Salmon
Fresh Crisp Candied Beetroot & Orange Slaw
Dill Mayonnaise

~

Seared Tuna Carpaccio
Edamame, Radish & Cucumber Salad, Wasabi Dressing, Coriander Cress

~

Smoked Chicken, Red Onion & Avocado Tian
Mango Reduction, Purple Basil Cress

~

Angus Fillet Beef Tartare
Pickled Onions, Capers, Spicy Mustard Dressing, Herb Salad

~

Chargrilled Baby Courgettes & Halloumi
Mini Caper, Chilli, Basil & Lemon Dressing (V)

~

Double Cheese & Spring Vegetable Tarts
with a Honey Salsa Verde (V)(GF)

~

Beetroot Carpaccio with Whipped Vegan Feta Cheese
Walnut Crumb & Rocket Salad (Vegan)

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Main Courses

Roast Gressingham Duck Breast
Asparagus, Caramelised Shallot, Hispi Cabbage & Roasted Garlic Mash
Cointreau Sauce

~

Slow Roasted Minted Lamb Rump
Warm Zucchini, Runner Bean Salad, Crushed Potato Cake, Salsa Verde

~

Slow Cooked Angus Fillet of Beef
Tarragon Potato Rosti, Charred Tenderstem Broccoli & Baby Carrots
Glazed Baby Back Rib, Hollandaise Sauce
(£7.50 +VAT Supplement Charge)

~

Garlic Wild Mushroom Stuffed Guinea Fowl Supreme
Thyme Pomme Anna Potato, Roasted Kohlrabi, Green Beans & Café au Lait Sauce

~

Roasted Pork Tenderloin
Spring Onion Mash, Roasted Corn Rib, Spring Greens, Grain Mustard Sauce

~

Pan-Fried Stone Bass
Saffron Fondant Potato, Charred Baby Leeks, Jerusalem Artichoke Puree
Herb Tomato Salsa

~

Roasted Cod Fillet
Capers Crushed New Potatoes, Wilted Garlic Spinach, Lemon Preserve Burnt Butter

~

Summer Herb Poached Salmon Fillet
Warm Mediterranean Red Potato Salad, Wilted Chard, Baby Watercress

~

Grilled Aubergine Steak
Cauliflower & White Onion Puree, Roasted Summer Vegetables
Chimichurri (Vegan)(GF)

~

Summer Vegetable & Quinoa Stuffed Marrow
Rich Tomato & Basil Sauce (Vegan)(GF)

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Desserts

Strawberry Crème Brûlée
Mint Infused Shortbread Biscuit

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Raspberry Cheesecake Dome
Lemon Sorbet

~

Rhubarb & Elderflower Mousse
Poached Rhubarb

~

Vanilla & Lime Pannacotta
Fresh Mango & Blueberry Salsa, Tuille Biscuit

~

Apricot & Peach Crumble Tart
Cinnamon Ice-cream

~

Terrine of Summer Berries
Lightly Whipped Chantilly Cream & Fresh Mint

~

Plum Tartin
Salted Caramel Gelato

~

Dark Chocolate & Raspberry Torte
Citrus Cream & Toasted Hazelnuts Nibs

~

Pistachio Sponge
Yoghurt & Apricot Mousse (Vegan)

~

Kirsh Chocolate Torte
Cherry Compote (Vegan)(GF)

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