BREAKFAST



3

EARLY RISERS			
P&F Bloody Mary vodka & our classic house	recipe		9.5
Bloody Bull garlic & rosemary infused vodka, tomato, beef stock			9.5
Buck's Fizz Prosecco & freshly squeezed orar	nge juice		8.5
HEALTHY		FREE RANGE EGGS ST. EWE	, CORNWALL
Chia & quinoa bowl (vg) peach, raspberries & toasted coconut	6	English ham Benedict	11
		Smoked salmon Royale	12
House granola (v) Greek yoghurt & berries	6	Spinach Florentine (v)	10
Fresh fruit salad (vg)	6	Avocado Benedict (v)	10
toasted coconut Charred peaches (v)	6	Devon crab Benedict lime Hollandaise & chilli	15
Greek yoghurt, toasted seeds & mint		Crushed avocado on toasted granary (v)	10.5
Granary or whole grain toast (v) selection of jams, marmalade & butter	5	poached eggs, chives & chilli	
		Crushed minted peas & feta	10
Smoked salmon rye bread, cream cheese & avocado	7.5	on toasted granary (v) poached eggs	10
DROP SCONE PANCAKES		Welsh rarebit toastie Wiltshire ham, Applewood Cheddar,	10
Traditional buttermilk (v) (gf on request)	6.5	Worcestershire Sauce & fried eggs	
maple syrup	0.0	Galloway salt beef hash poached eggs & mustard dressing	9
add beer & treacle streaky bacon add fresh seasonal berries	4 3.5	2 eggs any style on toasted granary (v)	7.5
add hazelnut chocolate	3.3		
FULL ENGLISH		SIDES	
Full English	14	Baked beans (vg)	3
poached eggs, Cumberland sausage, streaky bacon, black pudding, hash brown,		Crushed avocado (vg)	3
field mushrooms, tomato & baked beans		Roasted field mushrooms (v)	3
Full Veggie (v) Poached eggs, squash & kale Bubble & Squeak, field mushrooms, tomato & baked beans	13.5	Herb roasted beef tomatoes (v)	3
		Beer & treacle streaky bacon	4
		Atlantic smoked salmon	4
		Cumberland sausages	4
		Black pudding	4

Toasted granary (v)

FRESHLY SQUEEZED JUICES HOUSE SMOOTHIES Orange 4.5 Green Dream 5 pineapple, avocado, spinach, Apple, pear & pineapple 4.5 honey & coconut water Pear, cucumber, celery & spinach 4.5 Tropical Breeze 5 mango, banana, passion fruit, Carrot, apple & ginger 4.5 peach & coconut water Purple Rain 5 banana, blackberries, pear & coconut water TEA COFFEE CANTON TEA READS COFFEE English Breakfast 3 Espresso (single & double) 3 3 Americano Earl Grey 3.5 Green 3 Cappuccino 3.5 Jasmine 3 3.5 Latte Chamomile 3 Skimmed / Semi-skimmed / Soy / Oat

3

3

Peppermint

Fresh mint