



BREAKFAST SERVED FROM 07:30 - 12PM

TOASTED BREADS & 6.00

Organic pagnotta

Kamut

7 Seeds sourdough

100% Rye

Served with coconut butter, almond butter
or hazelnut spread and Sicilian jam

PASTRIES & 1.80

Croissant

Brioche

Muffin

Biscotti

COLAZIONE NATURALE (Natural breakfast)

Selection organic granola 100% natural yoghurt	£ 6.50
Blueberries & banana	£ 8.50
Dried fruit, mixed seeds & selection of nuts	£ 8.50
Organic gluten-free porridge, Sicilian jam	£ 6.00
Oatmeal, millefiori honey, mixed nuts	£ 6.00
Crushed avocado bruschetta, rye bread with seeds	£ 7.00
Oatcakes, cottage cheese, tomato	£ 5.00
Grapefruit and orange salad	£ 5.50
Macedonia (fruit salad)	£ 6.50

COLAZIONE (Cooked breakfast)

All eggs are organic

Soft scrambled eggs on toast	£ 7.50
Fried eggs, tomatoes and pancetta on toast	£ 7.50
Soft boiled eggs on toast	£ 6.00
Egg white frittata, asparagus, ricotta cheese	£ 8.50
All extras	£ 2.75

PANINI CALDI (Grilled panini)

Roast aubergine & sun dried tomatoes on wholemeal bread	£ 4.50
Ricotta cheese, zucchini & mint on gluten free roll	£ 4.50
Prosciutto crudo, crescenza cheese on spelt focaccia	£ 6.00
Organic chicken paillard, rocket & pesto on pagnotta bread	£ 6.00
Smoked salmon and avocado on 7 seeds sourdough	£ 7.00

All our daily lunch specials are written on the blackboard

*For any allergies or food intolerances, please consult your waiter when
placing your order. Some dishes may contain nuts.*