APPETISERS

<b>BUFFALO WINGS</b> Served with blue cheese dip.	6.90 (regular) / 9.90 (large)
<b>CAJUN POPCORN SQUID</b> Served with Sriracha mayo & burnt lim	6.50
<b>SPINACH, ARTICHOKE &amp; PARMESAN DIP (V)</b> With fresh tortilla chips.	
<b>PADRON PEPPERS (V)</b> Pan fried & sprinkled with rock sal	6.50 t.

BRUNCH

**BUTTERMILK PANCAKES** 6.50 (Short stack) / 7.50 (Tall stack) Choose from: blueberry & vanilla cream or maple syrup & bacon.

#### AMERICAN BREAKFAST Grilled pork sausage meat loaf, pancakes, eggs, dry cured bacon, barbecue pit beans, fried green tomato & home fries with ranch dressing.

CREOLE CRAB BENEDICT

Crispy fried crab cakes, poached egg & hollandaise.

# SALADS

### SUPERFOOD SALAD (V)

9.50 Caramelised tender stem broccoli & spring onions, grated beetroot & carrot, sprouts, toasted barley, soybeans, radish, kale, pumpkin & pomegranate seeds with citrus dressing.

### **BLACKENED CHICKEN & RANCH**

9.90

9.50

10.50

Crispy bacon, manchego cheese, mixed leaves, boiled eggs & heritage tomatoes served with a side of buttermilk ranch dressing.

11.50

10.50

@THEBLUESKITCHEN

# KUKGEKS

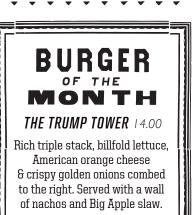
All served with fries & coleslaw. (Swap for sweet potato fries £1)

CHEESEBURGER Add bacon £1

BUFFALO CHICKEN BURGER Served with blue cheese sauce on the side.

CREOLE BEAN BURGER (V) 9.50 Lightly spiced 3 bean & vegetable patty, with tomato salsa.

BURGER EXTRAS (£1 EACH) AMERICAN CHEESE | SWISS CHEESE |BLUE CHEESE CHILLI CHEESE | MONTEREY CHEESE | JALAPEÑOS BACON | HALLOUMI (£2) FOLLOW US ON TWITTER



### **COLD PRESSED JUICES**

<b>GREEN</b> Kale, spinach, cucumber, celery, apple, lemon, ginger.	4.50
<i>GREEN</i> Kale, spinach, cucumber, celery, apple, lemon, ginger. <i>ORANGE &amp; GINGER</i> Carrot, apple, red pepper, ginger, turmeric, lemon.	4.50

**PIG & BISCUITS** 

Buttermilk biscuit topped with pulled pork, poached eggs, hollandaise & bacon bits.

### HUEVOS RANCHEROS

Fried corn tortilla & eggs, topped with chorizo, beans, cheese & salsa. With a side of guacamole.

### HEALTHY BREAKFAST (V)

Poached or scrambled eggs, grilled avocado, roasted mushroom, asparagus, cherry tomatoes, fresh beetroot & cantaloupe melon, with goji berries & pistachios.

### SHRIMP TACO SALAD

12.50

9.50

8.50

9.50

Seared shrimp, shredded baby gem lettuce, guacamole, pico de gallo, manchego cheese & fire roast red peppers, sweet basil dressing in a crispy corn tortilla bowl.



TASTY SHAKES 4.50 <u>VANILLA, CHOCOL</u>ATE, BANANA, PB & CHOC, OREO COOKIE (ADD 50p)

# SIDE SHOWS

CORN BREAD WITH HONEY BUTTER	3.00
ONION RINGS	3.00
FRIES	3.00
COLESLAW	3.00
MAC N' CHEESE	4.00
PIT BEANS WITH BURNT ENDS	3.50
SWEET POTATO FRIES	4.00
GARDEN SALAD	3.00

A DISCRETIONARY SERVICE CHARGE OF 12.5% WILL BE ADDED TO YOUR BILL