

WELCOME TO THE STABLE WHITECHAPEL

DIVE IN We know our apples and specialise in craft ciders. Our Cider Masters can provide experienced advice on cider and beer, if you’re feeling spoilt for choice. We also have an extensive wine list, soft drinks and local spirits, so you’ve got options.

KIDS’ MENU With a pizza, salad bites, Cawston Press Fruit drink and a dessert, our kids’ deal will certainly help keep them happy, all for £7.50. Ask a Stablehand to grab you a Kids’ Menu.

OUR APP Use our app for the first time and receive a 20% discount off your bill. Download it, find your table number, order, pay easily on your phone and like magic, your order will appear. Abracadabra. Pizza.



SHARERS GOOD FOR 2-4 PEOPLE

STIX AND DIP £3.50 VG garlic aioli with Sourdough Stix for dipping

GARLIC BREAD £4.50 VG sourdough pizza base add cheese or vegan mozzarella for 50p

POT OF GOLD £13.00 V a dipping pot of West Country cider, melted cheese, rosemary and garlic, served with sliced sourdough

CAPREOLUS CHARCUTERIE AND CHEESE BOARD £24.00 J award-winning air-dried beef, smoked mutton, Rampisham Tingleur salami and cured pork loin with a selection of artisanal cheese, sliced sourdough and our spiced tomato chutney

VEGAN SHARING BOARD £15.00 VG a selection of vegan-friendly cheeses, mizuna and carrot salad, garlic and rosemary olives, mixed nuts, fresh avocado, green pesto, curried carrot purée, mushroom and olive tapenade and sliced sourdough

ANY FOOD ALLERGIES OR INTOLERANCES? PLEASE INFORM A STABLEHAND AND THEY WILL BE HAPPY TO HELP

V = VEGETARIAN VG = VEGAN J = BIT OF A KICK JJ = HOT JJJ = FLAMIN’ HOT!

PIZZA WE MAKE OUR DOUGH BY HAND HERE DAILY. USING A SOURDOUGH STARTER WE’VE BEEN NURTURING SINCE WE OPENED, WE COMBINE IT WITH THE FINEST ENGLISH FLOUR TO MAKE OUR SIGNATURE BASES. WE THEN TOP IT WITH OUR FRESH TOMATO SAUCE AND THE BEST, LOCAL INGREDIENTS TO BRING YOU A PIZZA WE’RE REALLY PROUD OF.

NON-GLUTEN INGREDIENT BASES AVAILABLE FOR ALL OUR PIZZAS – FREE & EASY SWAP

MARGHERITA £8.50 V tomato sauce, fresh basil and mozzarella

FOUR CHEESE SPECIAL £11.50 V Coastal Cheddar, Blue Vinney, Rosary goats’ cheese and Dorset Red smoked cheddar

THE DORSET ST. BLUES £11.00 V fresh spinach, Blue Vinney, roast potato, red onion and mozzarella

BILLY THE KID £12.00 V fresh spinach, field mushrooms, caramelised onion, Rosary goats’cheese, mozzarella and hazelnuts

THE POSH HAWAIIAN £11.50 JJ West Country smoked ham, mozzarella and fresh pineapple with fresh red chilli and avocado

THE CHIRPY COCKNEY £11.50 free-range chicken, roasted red and yellow peppers, field mushrooms, mozzarella and oregano

THE LAMB ROAST £12.50 pulled, slow-roasted lamb shoulder, sweet potato, red onion, Rosary goats’ cheese and mozzarella, served with a side of mint sauce

DIPS £1.00 GARLIC AIOLI V BLUE CHEESE V NAGA HARISSA YOGHURT VJJ CURRIED CARROT PURÉE VG MUSHROOM AND OLIVE TAPENADE VG GREEN PESTO VG FEELING SAUCY?

VEGAN PIZZA WE’VE CREATED A SEPARATE SELECTION OF CAREFULLY CONSTRUCTED ANIMAL-FREE DISHES. HOWEVER, IF YOU’D LIKE US TO ADAPT SOMETHING FROM OUR MAIN MENU, JUST ASK!

VEGAN MARGHERITA £8.50 VG tomato sauce, fresh basil and vegan mozzarella

THE PRETTY GREEN £10.00 VG J green pesto base with roasted courgette with chilli flakes, peas and vegan mozzarella

PIES SERVED WITH ROSEMARY AND THYME POTATO WEDGES, SLAW AND TOMATO CHUTNEY

THE STEAK OUT £10.50 beef, mushroom, stout and horseradish

THE ROOSTER £10.50 chicken, gammon and leek

THE WILD THYME £10.50 VG mushroom, leek, spinach and red onion with fresh rosemary and thyme served with wedges and house salad

HOUSE SALAD £3.50 VG

WINTER SLAW £4.00 V

ROSEMARY AND THYME POTATO WEDGES £3.50 VG

DIPS £1.00 garlic aioli V - blue cheese V - Naga harissa yoghurt VJJ curried carrot purée VG - mushroom and olive tapenade VG green pesto VG

SIDES

THE DENHAY DELIGHT £12.00 crispy Denhay Farm bacon, field mushrooms and mozzarella topped with a free-range egg

LONGHORN JIM £13.50 marinated Longhorn ground beef, chorizo, field mushrooms, mozzarella and red onions topped with smoked ham

WEST COUNTRY PORKER £12.50 J Capreolus chorizo and mozzarella, finished with rocket and garlic aioli

LILIAN GISH £12.50 flaked smoked salmon, red onion, capers and mozzarella, topped with fresh rocket and horseradish dressing

HELL’S BELLS £12.50 JJJ spicy pork marinated in Naga chilli harissa, field mushrooms, red onion and mozzarella with basil and fresh chilli

THE BLAZING SADDLE £13.50 JJ slow-roasted pulled beef, smoked bacon, caramelised onions, roasted red and yellow peppers and mozzarella, topped with garlic aioli and jalapeños

THE EDMUND REID £13.00 J roast free-range chicken, smoky bacon, red onion and mozzarella with Cajun spice, finished with fresh avocado

THE GOOD LIFE £10.00 VG J roasted courgette with chilli flakes, aubergine, red and yellow peppers, with onion, vegan mozzarella and fresh basil

HAZELNUTTER £11.00 VG spinach, field mushrooms, caramelised onion, green beans and vegan mozzarella, topped with hazelnuts

SALADS GENEROUSLY PACKED WITH SATISFYING, FRESH INGREDIENTS

CHICKEN, PEA AND RED CHILLI £9.50 JJ free-range chicken, chopped baby gem lettuce, green beans, red onion, fresh coriander, mint and basil with chilli jam and coconut milk dressing

BRICK LANE BIG SMOKE £10.00 flaked smoked salmon with warm new potatoes, green beans, cherry tomatoes, watercress, capers and soft boiled egg with a horseradish and herb dressing

WARM WINTER VEG REMIX £9.50 VG a warm salad of roasted sweet potato, winter squash and fennel with curried cauliflower and pomegranate seeds, tossed with bulgur wheat, watercress and a citrus dressing

SMOKED DUCK SALAD £12.50 smoked duck salad with blood orange, pomegranate seeds and pine nuts, tossed with watercress, red cabbage and a black garlic, balsamic dressing

FANCY A PUDDING? CHECK OUT THE BACK OF THIS MENU

WASH IT ALL DOWN WITH A

CIDER TASTING BOARD £10.00 FIVE CIDERS 1/3 PINT SERVINGS SEASONAL SELECTIONS, CHOSEN BY OUR CIDER MASTERS

LIVE MUSIC EVERY TUESDAY, THURSDAY, FRIDAY AND SATURDAY

CIDER TASTING EXPERIENCES

OUR QUALIFIED CIDER MASTERS WILL GUIDE YOU ON A CIDER JOURNEY. SPEAK TO A STABLEHAND TO BOOK YOUR EVENT.

FANCY A PIZZA THE ACTION AT HOME?

ALL OF OUR MENU IS AVAILABLE TO TAKE AWAY ASK A STABLEHAND OR CHECK OUT OUR APP

PUDDINGS

CHOCOLATE BROWNIE £5.50 with salted caramel sauce and clotted cream

APPLE AND CHERRY CRUMBLE £5.50 with vegan vanilla ice cream **VG**

THE MELTY CHOCMALLOW £6.50 pizza for pudding - strawberry and melted marshmallow atop our sourdough base, with a chocolate orange sauce and ginger biscuit crumb

ICE CREAM

Made for The Stable by Yarde Farm

THREE SCOOPS £5.00 choose from

**CHOCOLATE CHIP, CLOTTED CREAM VANILLA, STRAWBERRIES AND CREAM,
CORNISH ORCHARDS CIDER SORBET, VEGAN VANILLA**

CHEESEBOARD £9.00 selection of four artisanal cheeses,
sliced sourdough, chutney and grapes

COFFEE

ESPRESSO £2.20 / **DOUBLE** £2.50 **AMERICANO** £2.20 / **DOUBLE** £2.50

CAPPUCCINO £2.20 / **LARGE** £2.50 **LATTE** £2.50

FLAT WHITE £2.20

VEGAN PUDDINGS

VEGAN BROWNIE £5.50 with raspberry coulis and vegan ice cream **VG**

APPLE AND CHERRY CRUMBLE £5.50 with vegan vanilla ice cream **VG**

VEGAN VANILLA ICE CREAM £5.00 **VG**

£6.50

LUNCH MENU



WE ARE RAISING MONEY FOR DORSET MIND PLEASE ASK A STABLEHAND HOW YOU CAN DONATE WITH PENNIES

LUNCH TIME MENU

WELCOME TO THE STABLE

DIVE IN

We know our apples and specialise in craft ciders.

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KIDS' MENU

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PIZZA

REGULAR SIZED SOURDOUGH BASE HANDMADE TO ORDER WITH OUR FRESH TOMATO SAUCE.

MARGHERITA £6.50

tomato sauce, fresh basil and mozzarella

THE GOOD LIFE £6.50

roasted courgette with chilli flakes, aubergine, red and yellow peppers, with onion, vegan mozzarella and fresh basil

THE POSH HAWAIIAN £6.50

West Country smoked ham and fresh pineapple with fresh red chilli and avocado

THE LAMB ROAST £6.50

pulled, slow-roasted lamb shoulder, sweet potato, red onion, Rosary goats' cheese and mozzarella, served with a side of mint sauce

SALADS

GENEROUSLY PACKED WITH SATISFYING AND FRESH INGREDIENTS

CHICKEN, PEA AND RED CHILLI £6.50

free-range chicken, chopped baby gem lettuce, green beans, red onion, fresh coriander, mint and basil with chilli jam and coconut milk dressing

WARM WINTER VEG REMIX £6.50

a warm salad of roasted sweet potato, winter squash and fennel with curried cauliflower and pomegranate seeds, tossed with bulgur wheat, watercress and a citrus dressing

WRAPS

MADE FRESH, PERFECT FOR LUNCH AND SERVED WITH SIDE SALAD

WEST COUNTRY SMOKED HAM £6.50

with cheddar, tomato, rocket and garlic aioli

ROASTED CHICKEN £6.50

with avocado, tomato, smoked cheddar, rocket and garlic aioli

ROASTED SWEET POTATO £6.50

with roasted red and yellow peppers, cheddar, baby spinach, tomato and garlic aioli

PULLED BEEF £6.50

with roasted red and yellow peppers, caramelised onion, cheddar, rocket, tomato, jalapeños and garlic aioli

PUDDINGS

CHOCOLATE BROWNIE £5.50 with salted caramel sauce and clotted cream

APPLE AND CHERRY CRUMBLE £5.50 with vegan vanilla ice cream **VG**

THE MELTY CHOCMALLOW £6.50 pizza for pudding - strawberry and melted marshmallow atop our sourdough base, with a chocolate orange sauce and ginger biscuit crumb

ICE CREAM

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THREE SCOOPS £5.00 choose from

**CHOCOLATE CHIP, CLOTTED CREAM VANILLA, STRAWBERRIES AND CREAM,
CORNISH ORCHARDS CIDER SORBET, VEGAN VANILLA**

CHEESEBOARD £9.00 selection of four artisanal cheeses, sliced sourdough, chutney and grapes

COFFEE

ESPRESSO £2.20 / **DOUBLE** £2.50 **AMERICANO** £2.20 / **DOUBLE** £2.50
CAPPUCCINO £2.20 / **LARGE** £2.50 **LATTE** £2.50
FLAT WHITE £2.20

VEGAN PUDDINGS

VEGAN BROWNIE £5.50 with raspberry coulis and vegan ice cream **VG**

APPLE AND CHERRY CRUMBLE £5.50 with vegan vanilla ice cream **VG**

VEGAN VANILLA ICE CREAM £5.00 **VG**

We're
supporting



WE ARE RAISING MONEY FOR DORSET MIND PLEASE ASK A STABLEHAND HOW YOU CAN DONATE WITH PENNIES

KIDS MENU

With a moo moo here and an oink oink there



MAINS



MARGHERITA £5.00 (V)

Tomato, fresh basil and mozzarella.

THE FRESH HAWAIIAN £5.00

Smoked air dried ham, tomato, mozzarella, fresh pineapple, avocado (optional).

THE CHEEKY CHICKEN £5.00

Free range chicken, tomato sauce and mozzarella.

GARLIC BREAD £4.50 (50P TO ADD CHEESE) (V)

Fresh pizza base smothered in garlic and parsley butter.

SALAD BITES £1.50 (V)

Carrot sticks, cucumber and tomato.

DESSERT



ICE CREAM 2 SCOOPS £4.00

Choose between chocolate chip, clotted cream vanilla, strawberries and cream or vegan vanilla ice cream.

BROWNIE £4.00

Warm chocolate brownie with clotted cream.

THE MELTY CHOCMALLOW £5.00

Pizza for pudding - strawberry and melted marshmallow atop our sourdough base, with a chocolate orange sauce and ginger biscuit crumb.

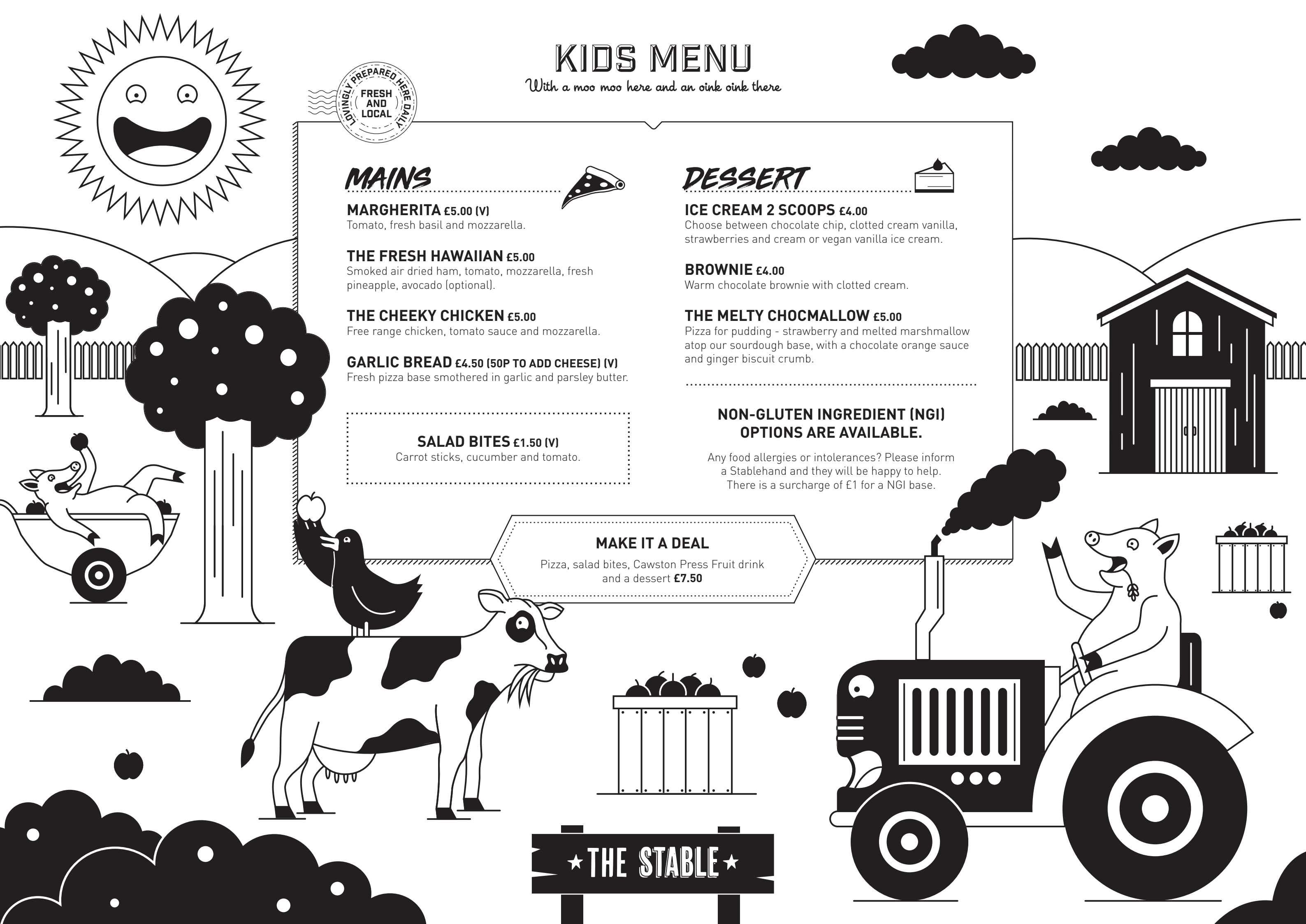
NON-GLUTEN INGREDIENT (NGI) OPTIONS ARE AVAILABLE.

Any food allergies or intolerances? Please inform a Stablehand and they will be happy to help.
There is a surcharge of £1 for a NGI base.

MAKE IT A DEAL

Pizza, salad bites, Cawston Press Fruit drink
and a dessert **£7.50**

★ THE STABLE ★



TUCK=IN TUESDAY

**£10 FOR SELECTED PIZZAS,
SIDE SALAD AND A DRINK***

***OR CHOOSE ANY OTHER PIZZA FOR £2 MORE**

Drink options are half a pint of cider or lager, a small glass of house wine or a pepsi max, diet pepsi or lemonade

MARGHERITA **V**

tomato sauce, fresh basil and mozzarella

HAZELNUTTER **VG**

spinach, field mushrooms, caramelised onion, green beans and vegan mozzarella, topped with hazelnuts

THE GOOD LIFE **VG**

roasted courgette, aubergine, red and yellow pepper, with onion, vegan mozzarella and fresh basil

THE POSH HAWAIIAN

West Country smoked ham and fresh pineapple with fresh red chilli and avocado

THE LAMB ROAST

pulled, slow-roasted lamb shoulder, sweet potato, red onion, Rosary goats' cheese and mozzarella, served with a side of mint sauce