

THEO'S SIMPLE ITALIAN

OUR NEIGHBOURHOOD BREAKFAST

OUR BREAKFAST TABLE

Your choice of artisan breads, pastries and gluten free bakes, cereals, muesli, fruit, yoghurt, cheese and cold cuts.

For drinks, choose from fresh orange juice, cloudy apple juice or berry smoothie

£8.5

With a Hot Dish of your choice

£16.95

OUR HOT MENU

Have time to indulge? Order something from our Hot Menu

The Full Monty

Pork sausage, bacon, mushroom, black pudding, tomato hash brown, baked beans and eggs cooked your way

£11.5

Theo's Alternative Breakfast

Two poached eggs, grilled halloumi, mushroom, roasted tomato, hash brown, smashed avocado, grilled red pepper and baked beans

£11.5

Theo's Pancakes

(Stack of 2 or Stack of 4)

Fruit compote, whipped cream and icing sugar

£9.5 or £12

Maple syrup, streaky bacon

£10

Homemade Porridge

Oats, milk or soya milk, compote, fruits, seeds

£9.5

Free Range Eggs on Toast

Fried, Poached, Scrambled, Boiled or plain Omelette on white sourdough toast (v)

£9

Eggs Benedict

Poached eggs, English muffin, hollandaise with either cured ham or wilted spinach

£10.5

Theo Recommends

Avocado, poached eggs on sourdough toast

£11

Extra

Streaky bacon £1.5

Cumberland sausages £1.5

Baked beans £1.5

Smashed avocado £2

Black pudding £1.5

Hash brown £1.5

Halloumi £1.5

Please ask your host about allergies and dietary requirements

OUR BEVERAGE

Kettle Shed Tea

BANG ON BREAKFAST

Assam-Sri Lankan-Keemun

EPIC EARL

Ceylon orange pekoe & Earl Grey

JASMINE'S JEWELS

Chinese Jasmin Green Tea

SLEEPY HEAD

Chamomile-Elderflower-Lavender

PICK ME UP

Peppermint-Liquorice-Spearmint

LEMON ZING

Ginger & Lemongrass

TUTTI FRUTTI

Tropical fruit & Coconut

RIGHTEOUS ROOIBOS

CARROT CAKE

Rooibos-Cinnamon-Carrot pieces-

Mallow flowers-Almond slices

Coffee

CAPPUCCINO, LATTE, AMERICANO, FRENCH PRESS, ESPRESSO, MACCHIATO, CORTADO

With Whole milk, Semi skimmed, Soya or Almond Milk

Hot Chocolate

Fresh Juices

Smoothies