

AFTERNOON TEA LEGGERO | £39

Until 31st January 2020 | 13:00 to 17:00

Live music Live Piano

Fridays and Thursdays: 4pm to 8pm | Saturday: 3:30pm to 8pm | Sunday: 1:30pm to 6pm

GLUTEN FREE SANDWICHES & GREENS

Green apple and Shiso leaf
Crushed avocado with gluten free seedbread
Smoked salmon with gluten free bread
Grilled vegetables with gluten free bread
Red beet hummus and crudités

THE BAKERY

Gluten free scones Sugar free cranberry compote Sugar free lemon sage compote

SELECTION FROM OUR PASTICCERIA

Vegan meringue and berries
Pistachio and matcha a protein ball
Yoghurt foam, honey and superseeds
Mango and chia compote (sugar free)
Macadamia and cacao protein ball

SMOOTHIES BY HANSEN PERSONAL TRAINING

Purifying Green

Spinach, kale, lime, mango, pineapple, coconut water and vanilla protein **Muscle fuel**

Banana, cashew butter, coconut water, vanilla Chia Latte protein