



# THE ENGLISH GRILL BREAKFAST

The English Grill is open for breakfast daily:

**Monday to Friday**  
From 6.30am till 10.00am

**Saturdays**  
From 7.00am till 11.00am

**Sundays**  
From 7.30am till 12.00noon

## CONTINENTAL BUFFET

19

Your choice from:

### Cereals and Superfoods

*Cornflakes, wholegrain cereal, granola, muesli (gluten free)  
Semi-skimmed milk, almond milk, coconut milk, soya milk  
Linseeds, pumpkin seeds, sunflower seeds, coconut flakes,  
Chia seeds, goji berries, hazelnuts, walnuts  
Sultanas, banana chips, dried mango and papaya, apricots*

### Meat and Cheese

*Cured Hampshire ham, Cheddar cheese, Leicester Red,  
Philadelphia cream cheese, Apple and Raisin Chutney*

### Bakery

*Butter croissants, wheat croissants, pains au chocolat,  
pain aux raisins, bread (gluten free pastries on request)*

### Healthy Options

*Yoghurt: strawberry and natural  
Seasonal fruit compote  
Fruit salad, orange and grapefruit segments, figs, prunes*

## FULL ENGLISH BREAKFAST

23

Continental buffet and your selection from:

### Free Range Eggs from Haines Farm, Berkshire

*(Fried, poached, scrambled or boiled)*

### With

*Cumberland sausage, smoked dry aged back bacon, Mangalitzza black pudding, homemade hash brown,  
Portobello mushroom, confit plum tomatoes, baked beans  
(Gluten Free Bacon, Hash Browns and Sausages are available on request)*

**Eggs Benedict (ham) | Royale (smoked salmon)**

**| Florentine (spinach)**

*Toasted English muffin, Hollandaise sauce*

### Bubble and Squeak

*Poached hen's egg, Hollandaise sauce, chilli and bacon jam*

### Soft Boiled Eggs with Marmite Soldiers

*Toasted bread*

### Buttermilk Pancakes or Waffles

*Strawberries, blueberries, maple syrup*

### Oak Smoked Scottish Salmon

*Scrambled egg, cream cheese, toasted bagel*

### Josper Grilled Sirloin Steak (9 Supplement)

*Bubble and squeak hash, fried hen's egg, mushroom ketchup*

## HEALTHY & VEGAN (vg) OPTIONS

### Porridge Oats

*Mixed berry compote*

### Omelette

*Three free range eggs or egg whites, choice of fillings*

### Crushed Avocado

*Cape seed loaf, poached hen's egg, chilli and bacon jam*

### Bubble and Squeak (vg)

*Sundried Tomato and Avocado*

### Rubens Signature Coconut Kombucha

### Bircher Muesli (vg)

*Granny Smith Apple, Walnuts, Raisin, Maple Syrup,  
Kombucha Reduction*

Due to fermentation, Kombucha is rich in probiotics

### Rice Milk Pancakes (vg)

*Berries and maple syrup*

### Houmous with Black Olive Tapenade (vg)

*Sourdough Bread*



# THE ENGLISH GRILL BREAKFAST

## BEVERAGES

### HOT

*Your choice from:*

Illy filter coffee  
Decaffeinated Coffee  
Espresso  
Double Espresso  
Americano  
Cappuccino  
Cafè Latte  
Cafè Mocha  
Macchiato  
Hot chocolate

An assortment of tea  
English Breakfast  
Earl Grey  
Darjeeling  
Peppermint  
Camomile  
Long Jin Green  
Rooibos

### COLD

Pressed Drinks and Juices

*Your choice from the buffet:*

Freshly squeezed orange juice  
Pink grapefruit juice  
Pressed Cox's apple juice  
Fresh vegetable juice  
Berry smoothie

### ALCOHOLIC

Buck's Fizz (Mimosa)			16
Glass of Champagne	125ml	12.5%	18
Shot of Champagne	25ml	12.5%	4
Glass of Prosecco	125ml	12.5%	11
Prosecco	750ml	12.5%	48
Champagne	750ml	12.5%	69

We only use free range eggs and are committed to using sustainable fisheries or our fish supplies.  
If you are allergic to any ingredients, please inform your waiter who can provide you with a list of allergens contained within our dishes.

A discretionary 12.5% service charge will be added to your final bill. Prices are inclusive of VAT at the current standard rate.

The English Grill, 39 Buckingham Palace Road, London SW1W 0PS, United Kingdom.  
T : +44 (0)20 7834 6600W : [www.rubenshotel.com](http://www.rubenshotel.com)