

# BALANS

EST. SOHO 1987

## ALL DAY BRUNCH

<b>Eggs Benedict / Florentine (v)</b>	<b>11.5</b>	<b>Breakfast burrito (v)</b>	<b>14.5</b>
Poached Woodland Farm eggs with a choice of ham, bacon or spinach on an English muffin, with homemade Hollandaise sauce		Scrambled Woodland Farm eggs, halloumi, crispy Balans potatoes, sour cream & spiced tomato in a tortilla wrap	
<b>Eggs Royale</b>	<b>13</b>	<b>H. Forman smoked salmon, avocado &amp; scrambled egg</b>	<b>16.5</b>
Poached Woodland Farm eggs with H. Forman smoked salmon on an English muffin, with homemade Hollandaise sauce		H. Forman smoked salmon with scrambled Woodland Farm eggs, crushed avocado & toast	
<b>Lobster Benedict</b>	<b>19</b>	<b>Cheese omelette (v)</b>	<b>9.5</b>
1/2 lobster, poached Woodland Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce		Woodland Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes	
<b>Full English</b>	<b>15.5</b>	<b>Steak &amp; eggs</b>	<b>19.5</b>
2 Woodland Farm eggs (your way), bacon, Cumberland sausage, field mushroom, tomato, crispy Balans potatoes & toast		Bavette steak & 2 Woodland Farm eggs (your way), with crispy Balans potatoes & chimichurri	
<b>Eggs in hell (v)</b>	<b>11</b>	<b>Potato flatbread with avocado (ve)</b>	<b>12</b>
2 Woodland Farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese		Charred flatbread, crushed avocado, dukkah, house salsa Fresca	
<b>Two eggs any way (v)</b>	<b>7.5</b>	<b>French Toast (v)</b>	<b>10</b>
Poached, fried, scrambled or boiled Woodland Farm eggs on sourdough, granary or gluten free toast (add crispy bacon, sausage for +2.5 or sliced avocado for +3.5)		Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon	
		<b>Proper porridge (v)</b>	<b>5</b>
		With milk & a squeeze of honey	

## OUR FAMOUS PANCAKES

**American pancakes (v) 11**

With warm maple butter and a choice of bacon, banana or crushed berries

**Vegan pancakes (ve) 11**

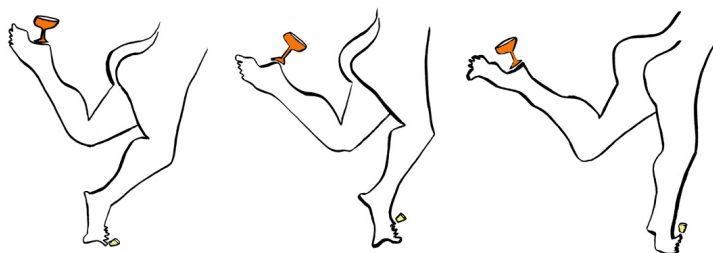
With maple syrup and a choice of banana or crushed berries

**Fried chicken pancakes 11**

With kimchi salad, oat fried chicken & spicy Korean honey

## ADD-ONS

<b>Halloumi, chorizo, avocado</b>	<b>3.5</b>
<b>Bacon, mushroom, sausage, cheese, black pudding, baked beans</b>	<b>2.5</b>
<b>Egg (your way)</b>	<b>2.8</b>
<b>Grilled chicken</b>	<b>5</b>
<b>H. Forman smoked salmon</b>	<b>8</b>
<b>Two pancakes &amp; fruit</b>	<b>6</b>
<b>2 slices of toast</b>	<b>3.5</b>
Sourdough, granary or gluten free (add jam or homemade marmalade for +1.5)	



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(v) vegetarian (ve) vegan. Please inform your server if you have any food allergies