10AM - 12PM 10AM - 12PM

BREAKFAST

WELLNESS DRINKS

Cold Pressed Juice /£5
Orange | Apple | Grapefruit |

Add Booster /£5

LIVENER

This invigorating elixir is the perfect party pick-me-up. Enjoy euphoric feels from guayusa, guava leaf and schisandra and big flavours from vibrant berries, bright aromatics, and heat.

SOCIAL ELIXIR

This dark herbal elixir is the ultimate social companion and mood elevator. Natural, blissful feeling with lion's mane mushroom, yerba mate and damiana. Full-bodied and bittersweet with a curious savoury bite.

HOT BEVERAGES

COFFEE

Americano /£6 Espresso /£4.5 Double Espresso /£5 Macchiato/£5 Cappuccino /£6 Latte /£6 Flat White /£6

Selection of Ronnefeldt Tea /£6

English Breakfast | Earl Grey | Green Dragon | Moroccan Mint | Fruity Camomile | Sweet Berries | Darjeeling Summer Gold | Lemon Fresh | Ayurveda Herbs & Ginger

BAKER'S PASTRY BASKET /£10

GRANOLA YOGHURT POTS /£8 with blueberries & coconut yoghurt VE

RAINBOW ACAI BOWL $/ f_9$ with berry compote, banana, toasted coconut VE/GF

SUFFOLK SMOKED SALMON & POACHED EGGS poached / £12

BUTTERMILK PANCAKES GF /£9 with cured bacon & maple syrup

CRUSHED AVOCADO ON SOURDOUGH TOAST /£12 with roasted vine tomatoes, basil & Graceburn feta V add poached eggs /£2.5

EGGS BENEDICT OR ROYALE OR FLORENTINE V /£12 with toasted English muffin, hollandaise

V Vegetarian | VE Vegan | GF Gluten Free

Some of our dishes contain allergens. If you or a member of your party require further information relating to allergens, please ask your server for a copy of our allergens menu which contains a full listing of our dishes, and itemises the allergenic ingredients of each where applicable. Prices in British Pound Sterling £ A discretionary service charge of 12.5% will be added. All prices inclusive of VAT.