

Nusr·Et

FOOD MENU

the 1990s, the number of people with diabetes has increased in all industrialized countries. In the Netherlands, the prevalence of diabetes is estimated to be 6.5% in 1995, which corresponds to 1.5 million people (1).

Diabetes is a chronic disease with a high prevalence of complications. The most common complications are retinopathy, nephropathy, neuropathy, and cardiovascular disease. The prevalence of these complications is high, and the risk of complications is increased in people with diabetes who are not treated with insulin (2).

The aim of this study was to determine the prevalence of diabetes in the general population of the Netherlands. The study was carried out in 1995, and the results are presented in this paper. The study was part of the National Health Survey (NHS) 1995, which is a large-scale, representative survey of the Dutch population.

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STARTERS & SALADS

BEEF CARPACCIO (SIGNATURE)

Beef tenderloin, rocket, parmesan, mustard,
aged balsamic vinegar
(Sulphur Dioxide, Milk, Mustard)

£38

STEAK TARTARE (SIGNATURE)

Beef tenderloin, mustard, crispy potato,
pickled gherkin, capers, shallot, tomato sauce
(Mustard, Gluten, Celery, Sulphur Dioxide)

£34

GRILLED SMOKED RIB EYE

Smoked rib eye, rocket, cherry tomato,
parmesan, virgin olive oil
(Milk)

£50

SMOKED BEEF

Smoked beef, rocket, parmesan,
virgin olive oil, walnuts
(Milk, Nuts)

£35

TACO BURGER

Two corn tacos, asado short rib, avocado, tomato,
hot pepper salsa, cream cheese
(Milk, Sesame, Mustard, Celery, Sulphur Dioxide)

£27

BURRATA

Plums, heritage tomato, radish, sourdough, basil
(Sulphur Dioxide, Milk, Gluten)

£22

PRAWNS ON TOAST

White crab, caviar, sourdough, nasturtium leaves
(Mustard, Gluten, Sulphur Dioxide, Shellfish, Fish)

£36

NUSR-ET SPECIAL SALAD (SIGNATURE)

Field garden greens, walnut, goat cheese, raisins,
cranberries, pomegranate seeds, granny smith apple,
Nusr-Et dressing, pomegranate molasses
(Nuts, Milk, Sulphur Dioxide)

£22

OTTOMAN SALAD

Tomato, walnut, red onion, parsley,
bell pepper, cucumber, sumac,
pomegranate molasses, Nusr-Et dressing
(Nuts)

£22

HERITAGE BEETROOT SALAD

Goat curd, rocket, blackberries, walnuts, dill dressing
(Milk, Sulphur Dioxide, Nuts)

£21

WAGYU POKE BOWL

Wagyu striploin, grilled hispi cabbage, fried tofu,
wakame, sliced avocado, sliced mango, edamame
beans
(Sulphur Dioxide, Sesame, Soy)

£35

RAINBOW CAULIFLOWER SALAD

Almonds, sprouts, parsley dressing
(Sulphur Dioxide, Mustard, Egg, Milk)

£22

BRAISED QUINCE SALAD

Chicory, kohlrabi, labneh, pea shoots
(Sulphur Dioxide, Milk)

£21

Our menu contains allergens. If you are suffering from any food allergy or intolerance, please advise your waiter before placing the order, however we can not guarantee that the food served will be free from the allergens. Please be advised, raw or under cooked meat might increase the risk of food borne illness.

All prices are inclusive of VAT. A discretionary service charge of 10% will be added to your bill.

SUSHI

NUSR-ET SPECIAL SUSHI (SIGNATURE)

Wagyu striploin, melted parmesan, avocado cream,
crispy potatoes

(Gluten, Soy, Milk, Sulphur Dioxide)

(3 Pieces) £25

PRAWN TEMPURA MAKI ROLL

Prawn tempura, avocado, cucumber, spicy emulsion,
curly red pepper

(Crustaceans, Mustard, Egg, Gluten, Soy, Sulphur Dioxide)

(4 Pieces) £28

BEEF MAKI ROLL

Wagyu striploin, avocado,
cucumber, tanuke, spicy emulsion

(Sulphur Dioxide, Mustard, Egg, Gluten, Soy, Milk, Sulphur Dioxide)

(4 Pieces) £27

SALMON AVOCADO NIGIRI

Salmon, avocado, cream cheese, spring onion,
red radish, Ikura

(Mustard, Gluten, Milk, Fish, Soy, Sulphur Dioxide)

(4 Pieces) £23

SEAFOOD STARTERS

CRISPY BABY CALAMARI

Chilli, parsley, sage, lime, sriracha mayo
(Gluten, Milk, Egg, Mustard, Molluscs, Sulphur Dioxide)

£23

CURED SALMON

Golden beetroot, soft cheese, dill,
crispy salmon skin, crostini
(Milk, Fish, Gluten, Sulphur Dioxide)

£25

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FROM THE CHAR-GRILL

A5 JAPANESE WAGYU

The most succulent and award winning steak from Japan. Minimum order 100 grams.

1 gram £0.99

LOKUM (SIGNATURE)

Sliced wagyu tenderloin

£98

SPAGHETTI (SIGNATURE)

Thinly sliced wagyu striploin

£95

SASLIK (SIGNATURE)

Marinated tenderloin pieces with buttermilk, soy, shallots, spice
(Milk, Soy, Gluten)

£88

SIRT

Highly marbled wagyu tenderloin

400 gr £195

600 gr £290

800 gr £380

ISTANBUL STEAK

Thick cut wagyu striploin

300 gr £130

400 gr £175

600 gr £240

800 gr £320

SALTBÆ TOMAHAWK

Highly marbled wagyu rib eye on the bone

1.1 kg £399

1.4 kg £499

GIANT TOMAHAWK

Highest grade rib eye on the bone

£630

GIANT STRIPLON

Highest grade wagyu striploin

£680

NUSR-ET SPECIAL (SIGNATURE)

Sliced tenderloin, griddled with butter and baguette

(Gluten, Milk)

400gr £195

600gr £290

800gr £385

KAFES

Rack of lamb

£110

ASADO

8-hours roasted, juicy and tender short ribs with home-made barbeque sauce
(Celery, Sulphur Dioxide)

for two £190

for three £285

for four £380

for five £475

MEATBALL WITH CHEESE

Char-grilled meatball, stuffed with cheese
(Milk)

herb crusted fries

£45

parmesan & truffle fries

£51

NUSR-ET BURGER

Caramelised onion, american cheese, smoked rib-eye

(Gluten, Milk, Egg, Soy, Sesame, Fish)

herb crusted fries

£45

parmesan & truffle fries

£51

AVOCADO BURGER

Wagyu patty, american cheese, avocado
(Milk, Sesame)

herb crusted fries

£19

parmesan & truffle fries

£25

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MAINS

GRILLED HALIBUT

Edamame beans, green peas, lemon segment
(Fish, Milk)

£48

GRILLED BABY CHICKEN

Glazed chicken, swiss chard, lemon
(Soy, Sulphur Dioxide)

£37

SIDES

GRILLED MUSHROOM

Wild mushroom puree, caramelised red onion, herbs sauce
(Sulphur Dioxide, Soy)

£14

ONION FLOWER (SIGNATURE)

(Gluten, Egg, Mustard, Celery, Milk, Fish)

£18

HOMEMADE HERB CRUSTED FRIES

House-seasoned

£10

HOMEMADE TRUFFLE FRIES

Parmesan, truffle oil and parsley
(Milk)

£16

TRIPLE COOKED CHIPS

Blue cheese, chilli
(Milk)

£14

HONEY GLAZED CARROTS

(Milk)

£12

DESSERT

BAKLAVA (SIGNATURE)

Pistachio baklava with Maras ice cream
(Gluten, Nuts, Milk, Egg)

£18

GOLDEN BAKLAVA

24 carat gold coated pistachio baklava with
Maras ice cream
(Gluten, Nuts, Milk, Egg)

£50

RAINBOW SWISS CHARD

Yuzu, pine nuts, parmesan
(Milk, Tree Nuts)

£14

MASHED POTATO

(Milk, Sulphur Dioxide)

£12

PADRON PEPPER

Miso glaze
(Soy, Sesame)

£13

GARDEN MOUSSE

Celeriac, squash, vanilla, orange, peas, tarragon,
hazelnuts
(Nuts, Milk)

£12

POTATO TERRINE

Duck fat
(Milk)

£15

CREAMY SPINACH

(Milk, Gluten)

£14

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