

SPECTRUM

FITZ'S
BAR & PARLOUR



LET COLOUR LEAD THE WAY

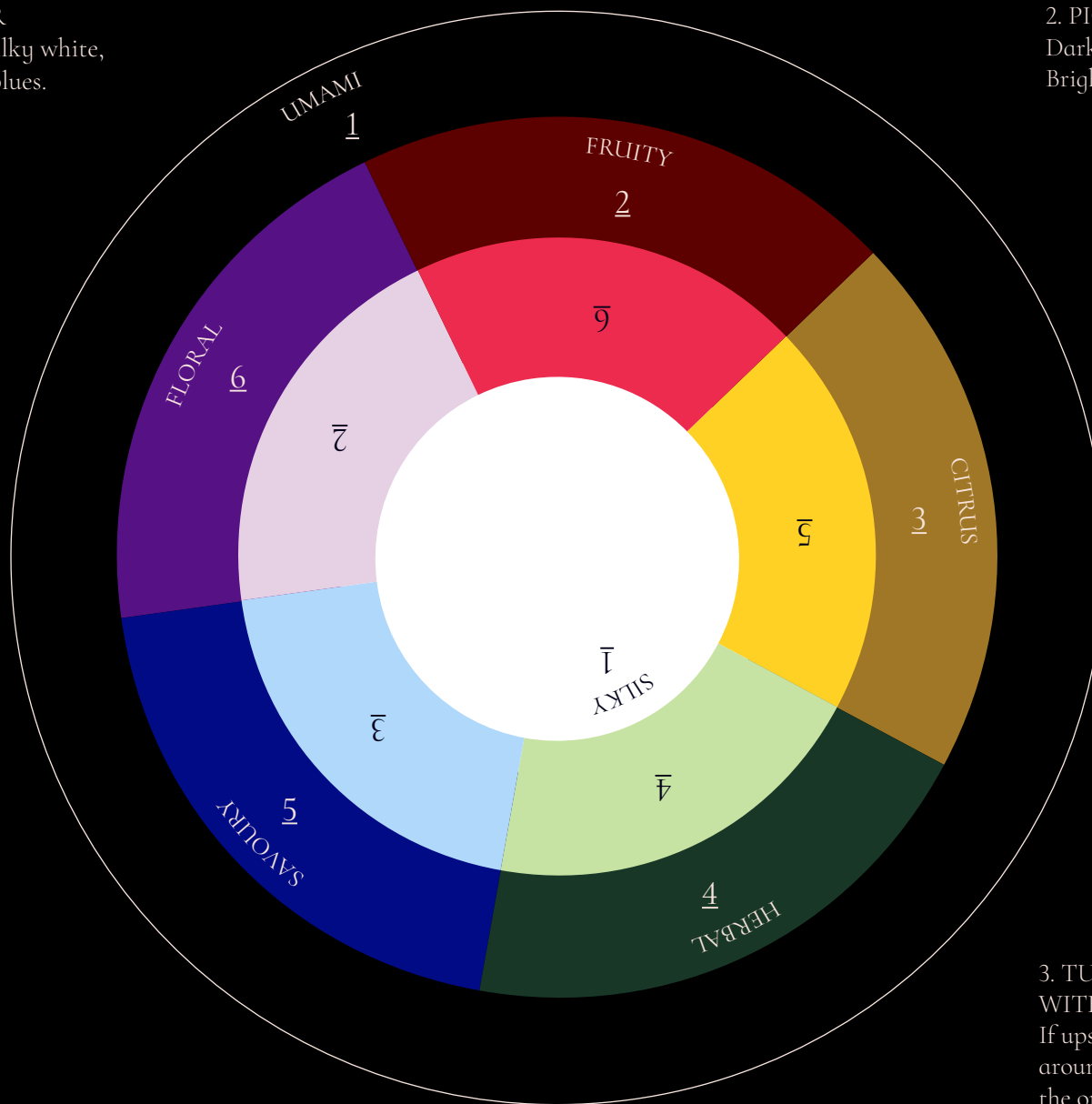
Have you ever imagined how your favourite colour tastes?
How violet compares to purple, or yellow to gold?

Inspired by *synesthesia*, a condition where people 'taste' colour, we've created a menu that connects flavours to specific hues across a spectrum of lighter tints and darker shades.

Explore our range of cocktails to experience flavour in a new light. Delve into a world where colour leads the way...

1. SELECT A COLOUR

From umami black to silky white, fruity reds, or savoury blues.



2. PICK A TINT OR SHADE

Darker offers more complexity. Brighter a lighter experience.

3. TURN TO THE COCKTAIL WITH YOUR NUMBER

If upside down, turn the menu around. Your drink is waiting at the opposite end of the spectrum.

1. BLACK

BLACK HOLE

Sipsmith VJOP Gin
Corte Vetusto Mezcal
Amontillado Sherry
Shitake Mushroom
Banana
Walnut

Black is a mysterious colour, often associated with fear and the unknown, captured symbolically by the enigmatic mystery of black holes in space.

In heraldry, black symbolises grief. This negative connotation is frequent in culture, seen in terms like 'blacklist', 'black humour', and 'black death'.

It is naturally linked to robust and intriguing flavours, such as umami or bitterness. Alluring tastes that captivate the senses and draw you in with their hidden depths.

£20



Intensity



Glass

*Juniper &
Walnuts*

Botanicals



2. CRIMSON

TABOO

Cazcabel Tequila

Peat Monster Whisky

Sipello Aperitif

Mandarin

Chilli

Pineapple

Strawberry

Dark red embodies love in its purest form and its more provocative aspects of passion, lust and hidden desire.

It's a shade that evokes a duality of flavours and sensations—often associated with sweet fruits and berries but, simultaneously, the heat and spice of foods like chilli peppers.

There are layers to this red that initially feel contradictory yet are ideally suited. Which side of this shade catches your attention: are you sweet, spicy, or a mix of both?

£17



Intensity



Glass

Chilli Peppers

Botanicals



3. GOLD

USQUE AD MORTEM

Havana Club Seleccion
de Maestros

Michter's Rye Whisky

Citrus & Fortified
Wine Blend

While yellow is often trivially linked to lemons, dark yellow has more complex associations, including the scent of grass and richness of cake.

In Ancient Egypt, it symbolised indestructibility. The Romans adopted this idea, and so, in turn, did the Christians. Today, the idea persists in the tradition of gold wedding bands symbolic of love and commitment. Usque Ad Mortem—'til death do us part.

£25



Intensity



Glass

Citrus

Botanicals



4. FOREST

LUCKY 4

Pure Scot Whisky
Burnt Faith Brandy
Elijah Craig Bourbon
Green Cordial
Herbal Air

Dark green symbolises the abundance of nature, the promise of good fortune, herbs and lush landscapes. In contrast to its lighter tint, it evokes complexity and nuanced flavours.

The shade symbolises wealth, regeneration, fertility, health, and harmony. Chinese culture considers it lucky, as does the UK, Ireland, and the US, where it is linked to the four-leaf clover and folk tales of mischievous leprechauns.

£20



Intensity



Glass

*Dill, Cucumber
& Mint*

Botanicals



5. COBALT

CADUCEUS

The Macallan Double
Cask 12 Year Old

Peanut Butter Spirit

Nixta Corn Liquor

Porcini Mushroom

Cherry Vinegar

Dark blue holds a dual identity, with half of its associations linked to savoury elements due to its connection with seawater and the other half to extreme sweetness, reminiscent of candies, cakes, or jams.

Symbolically, this shade represents knowledge and science, epitomised by the iconic emblem of medicine: the caduceus.

Dark blue captures the essence of savoury and sweet, blending them into a harmonious balance reflecting wisdom and discovery.

£25



Intensity



Glass

*Mushrooms
& Cherry*

Botanicals



6. AMETHYST

KING OF PERSIA

Fresh Monkey Grain Spirit

The Botanist Gin

Kaffir Lime

Pine

Rose Petals

Pinot Noir Reduction

Valued for its bold tone, purple has been associated with royalty since ancient times. Persian King Cyrus wore a purple tunic to symbolise his status. Roman emperors forbade citizens from wearing purple under penalty of death.

Like its lighter tint, violet, purple is associated with floral notes—specifically, the floral characteristics of pomelo, bergamot, and grape.

This regal colour embodies a sense of historical splendour and offers a sophisticated combination of floral and fruity notes.

£17



Intensity



Glass

*Kaffir Lime Leaves,
Rose & Pine*

Botanicals



PASS INTO
THE DARK

CROSS OVER TO
THE LIGHT

6. CORAL

INNER FIRE

Blend of Rums
Select Aperitivo
Pineapple
Strawberry
Mezcal Ice Lolly

Unlike its darker counterpart, light red is primarily associated with fruity sweetness over spice. Strawberries, bursting with sweet and vibrant energy, exemplify this tint.

Visually, light red is a vivacious force, symbolising strength, exuding vitality and recalling primal elements like fire and blood.

Its dynamic blend of warmth and vitality offers a refreshing burst of colour and flavour that enlivens the senses from within.

£19



Intensity



Glass

Strawberries

Botanicals



5. AMBER

SAPSUCKER

Tapatio Blanco Tequila

Canerock Spiced Rum

Mandarin Bitter

Tepache

Grapefruit

Light yellow is commonly associated with citrus and, to a lesser extent, tropical fruits like passion fruit, pineapple, and mango.

In the West, the colour was historically linked to cowardice, with the term 'yellow' stemming from the habits of the Yellow-Bellied Sapsucker, a bird known for hiding in trees. However, this tint also symbolises brightness and vitality. The tang of citrus and the appeal of tropical fruits combine to reflect the vibrant energy of sunlit days.

£17



Intensity



Glass

*Pineapple
& Grapefruit*

Botanicals



4. JADE

GREEN DRAGON

Brugal 1888 Rum

Beefeater London
Dry Gin

Pandam Leaf

Mint

Lychee

Coconut

Glair

In Western culture, light green is associated with envy and greed. Often linked with mythical dragons, known for their hoarding nature. Yet, this tint also symbolises positive qualities like freshness and vitality.

It is vibrant and captures the essence of lush herbs, invigorating citruses, and refreshing exotic fruits.

Light green serves as a lively reminder of nature's abundance and the energising force of new growth.

£19



Intensity



Glass

*Lime, Lychee
& Mint*

Botanicals



3. AQUA

MORNING DIP

Busker Irish Whiskey

Boatyard Vodka

Dry Sherry

Lemon

Pepper

Mustard

Passion Fruit

Brown Butter

Light blue is a tint associated with health, healing, and tranquillity.

It is believed to slow the metabolism, promoting a calming effect on mind and body.

Light blue subtly suggests saline flavours and coastal plants, such as olives. It is soothing and serene, reminiscent of rowing across gentle seawaters or the refreshing sensation of a morning dip.

£19



Intensity



Glass

*Passion Fruit
& Lemon*

Botanicals



2. VIOLET

FRAGMENT 31

Hendrick's Gin
Sipsmith Sloe Gin
Grapes
Tea
Violet
Veuve Cliquot Brut
Champagne

Violet has been associated with love between women since the 6th century, a connection attributed to the Greek poet Sappho from the Isle of Lesbos. In her poetry, she often depicted female lovers adorned with garlands of sweet, fragrant violet flowers—a delicate essence present in this cocktail's flavours.

Beyond romance, violet is associated with beauty and elegance. It is a tint of purple that embodies tenderness and depth, celebrating love's enduring and multifaceted nature.

£28



Intensity



Glass

*Violet, Grapes
& Tea Leaves*

Botanicals



1. WHITE

PURE

Sauvella Vodka
Disaronno Amaretto
Cadello Liquor
Elderflower Foam
Apricot Soda
Clarified Milk

White embodies serenity, purity, innocence, and peace. It evokes images of rolling clouds and quiet elegance.

In culture, it often represents light and silky flavours, yet it is also linked to saltiness, adding unexpected depth to its character.

White promises tranquillity and clarity, serving as a gentle reminder of the beauty in simplicity. In a chaotic world, it's a breath of fresh air.

£18



Intensity



Glass

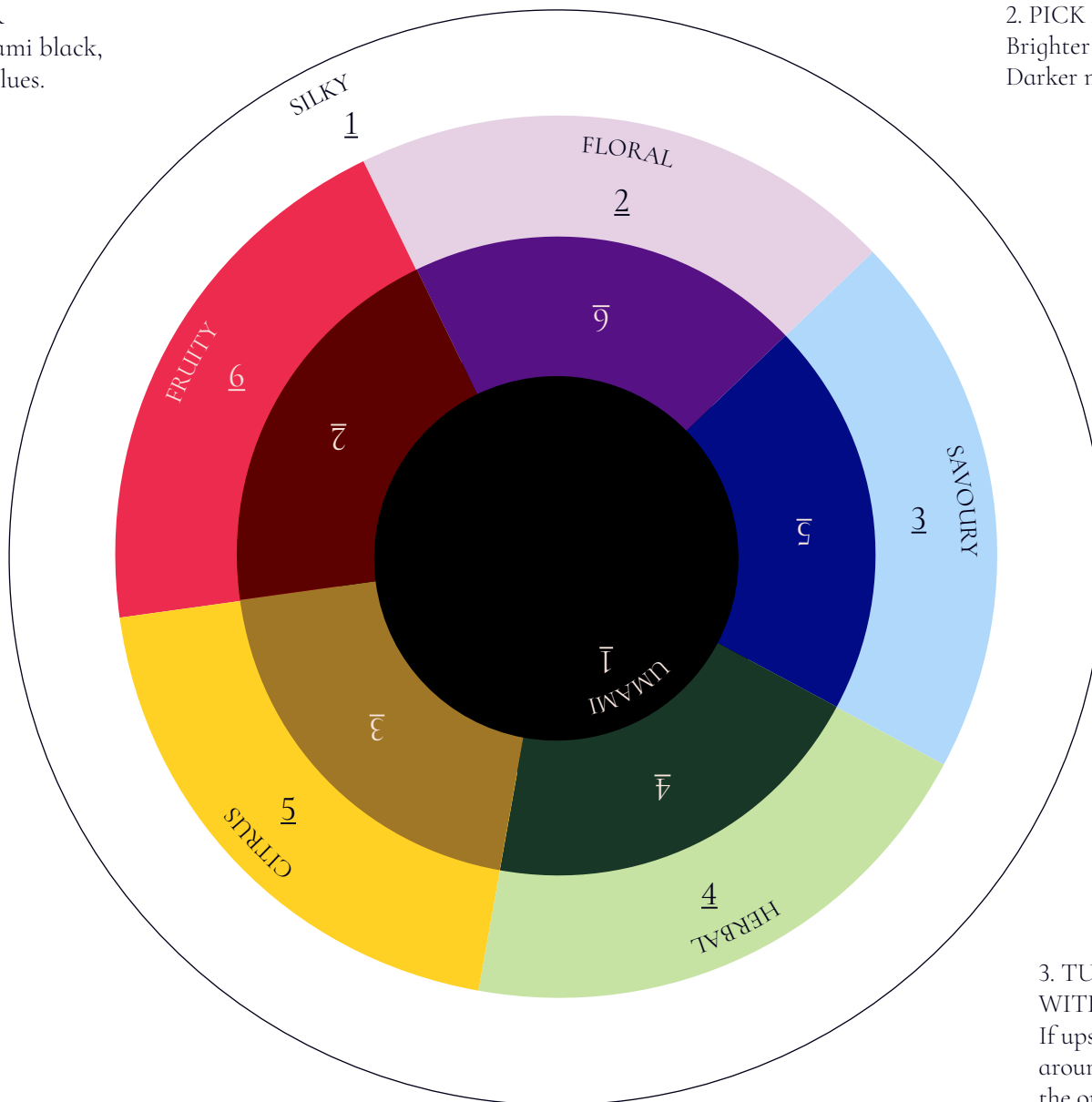
Elderflower

Botanicals



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