

# BREAKFAST

- nutritional grains 12.5
  - scottish porridge | organic honey & seasonal berries with milk or water 365 calg m
  - andaz granola | homemade acai puree, seasonal berries & greek yogurt 365 cal g m n su
- avocado on toast 10.5
  sourdough, crushed avocado, homemade tomato & chilli salsa 430 caleg
  add smoked salmon 3.5 99 cal | two poached eggs 2.5 144 cal |
  smoked bacon 1.5 161 cal

## rake's hangover burger 14.5

our take on a classic english breakfast, add one of our alcoholic bloody marys for £8 hash browns, sausage, bacon, fried egg, cheddar cheese, chipotle mayo, chili, mushrooms, fried onions, jalapeño, lettuce & tomato 1023 cal e g m s su

- mediterranean shakshuka 10.5
  poached eggs, tomato & pepper sauce, herb feta & grilled sourdough 479 cal e g m su
- eggs
   florentine 10.5 737 caleg m su | royale 10.5 600 calef g m su | benedict 11.5 649 caleg m mu su
   omelette | scrambled 8.5 221 caleg m with choice of white, brown or sourdough toast 182 cal
  - add cheddar 114 cal | wild mushroom 14 cal | tomato 11 cal | ham 58 cal | onion 41 cal | jalapeno 4 cal
- coconut polenta porridge 10.5
  mixed seasonal berries & canadian maple syrup 230 cal
- quinoa fruit salad 9.5 red quinoa, mango, pineapple, mix berries & honey lime dressing 190 cal
- bakery basket 5.5 croissant, danish, pain au chocolate, breakfast cake & ultimate muffins

# pancakes & bacon 11.5

homemade, served with maple syrup & bacon 750 cal e m g su

- pancakes | waffles 10.5 homemade, served with maple syrup, whipped cream & mixed berries 850 caleg m su
- crunchy french cinnamon toast 11.5 cornflake coated toast, vanilla cream, fresh berries & maple syrup 950 cal e g m

### fruits & berry bowl 8.5

cut seasonal fruits & berries & basil syrup 140 cal

yogurt pots 5.5

natural greek 100 cal m 💍 | vegan coconut 162 cal 🚯 add seasonal berries 2.5 65 cal | fresh cut fruits 2.5 97 cal | agave syrup 1.5 21 cal

cereal bowl 5.5

cereal shreddies | bran | cornflakes | multigrain 126 cal g m n so milk oat 130 cal | coconut 445 cal | hazelnut 110 cal | almond 130 cal | soy 100 cal | semi skimmed 122 cal | full fat 121 cal m n so

### full english 14.5

free-range eggs cooked to choice, cumberland pork sausage, baked beans, bacon, mushroom, grilled tomato, potato hash brown & you choice of bread 895 cal e g m su

vegetarian full english 12.5

free-range eggs cooked to choice, vegetable sausage, baked beans, mushroom, grilled tomato, sauteed spinach, potato hash brown & your choice of bread 800 caleg m so

vegan full english 12.5

scrambled tofu, baked beans, mushroom, grilled tomato, potato hash brown, vegetable sausage, sautee spinach & your choice of bread 822 cal g so

# **₹** BLOODY MARYS

bloody mary vodka, tomato juice & a homemade spice mix 10 rake's bloody maria tequila, tomato juice & a homemade spice mix 10 virgin bloody mary alcohol-free liquor & tomato juice 6.5

FRESH PRESSED JUICE orange | apple | grapefruit 4.5

JUICE pineapple | cranberry | tomato 3.5

### SMOOTHIES 6.5

red foxy berries, apple juice, banana & celery smoothies of the day ask us what's on

### **HOT BEVERAGES**

### selection of JING teas 5

breakfast | earl grey | darjeeling | rooibos | green tea | peppermint | blackcurrant & hibiscus | lemongrass & ginger | chamomile | fresh mint

### coffee & chocolate 5

espresso | macchiato | cortado / double | americano | flat white | cappuccino | single latte | matcha latte | chai latte | mocha & marshmallows double shot, 80z | hot chocolate & marshmallows 802 | iced coffee | iced latte | iced chocolate

> $c-celery \quad cr-crustacean \quad e-eggs \quad f-fish \quad g-gluten \quad I-lupin \quad m-milk$ mo - molluscs mu - mustard n - nuts p - peanuts s - sesame so - soya su - sulphites





