



### *A bit about our juices, water and ingredients...*

All our juice is freshly cold-pressed to order using a slow extraction method to keep the nutrients and life force of our fresh organic produce as intact as possible.

Our water has been filtered through a state of the art filtration system with 10 levels of natural media mimicking nature's cycles. It is then further "activated" using leading-edge vortex and infrared ceramics.

We also strive to find the most nourishing, inspiring, wild crafted and foraged foods from pristine ecosystems, small organic farmers and ethical and local suppliers. Everything on our ever-changing seasonal menu is created to nourish your bodies, hearts and minds in the most delicious, creative and healthy way we can imagine.



## COCKTAILS

### **Sacred Negroni**

*gin, cacao liqueur, rosehip cup liqueur 9*

### **Vibrant Green Collins**

*quinoa vodka, celery, cucumber, apple, kale, lemon, ginger 8.5*

### **Açai Sour**

*quinoa vodka, açai liqueur, apple, lime, bitters, agave 9.5*

### **Mezcarita**

*mezcal, orange liqueur, lime, agave, butterfly pea tea 10.5*

### **Rum Spice**

*spiced rum, apple, maple, lemon, red wine 9*

### **Espresso Martini**

*quinoa vodka, café liqueur, espresso, maple, tonka 9*

### **Wild Mary**

*quinoa vodka, tomato juice, worcestershire sauce, ginger, lemon, black pepper, celery 8.5*

## ALCOHOL FREE COCKTAILS

### **Juniper & Tonic**

*juniper, elderflower, fennel, cucumber, tonic 6*

### **Blackberry Sparkle**

*blackberry, apple, citrus zest, lime, neroli, kombucha 5.75*

### **Trinity of Life**

*alcohol free botanical spirit, orange, maple, sage 6*

## SPIRITS

| 25 ml |

FAIR Quinoa Vodka 3.5

Sacred Gin 4

Da Mhile Seaweed Gin 4

Juniper Green London Dry Gin 3.5

Papagayo Organic Golden Rum 3.5

Papagayo Organic Spiced Rum 3.5

QuiQuiRiQui Mezcal Joven 5

Montelobos Mezcal 5.5

## BEER & CIDER

| 330 ml |

Lucky Saint Low Alcohol Lager | G | 0.5% | 5

Salt Brewery Calico Session Pale | 4.0% | 5.5

Freedom Organic Helles Lager | G | 4.8% | 5.5

Villages Lagoon Red Ale | G | 4.3% | 6

Hawkes 'Urban Orchard' Cider | 4.5% | 5.5

Not all ingredients are listed for each drink, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, S - Seeds, G - Gluten

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.



## SHOTS

### **Blue Flame**

*apple, lemon, ginger,  
blue spirulina 3.5*

### **Sour Power**

*pomegranate, orange,  
hibiscus 3.5*

## JUICES

### **Vibrant Green**

*celery, cucumber, apple,  
kale, lemon, ginger  
glass 7.25 / carafe 750ml 16.5*

### **Purple Galaxy**

*pear, fennel, lime, purple cabbage 7.5*

### **Warming Orange**

*orange, clove, cinnamon, nutmeg  
glass 7 / carafe 750ml 16*

## SMOOTHIES

### **Forgotten Ecstasy**

*cacao, dates, maca, mesquite, lucuma 7.5*

### **White Zen | N**

*almond milk, coconut, dates, tremella  
tonka, coffee 8  
| regular or decaf |*

### **Wild Blueberry Dreams | N**

*blueberries, bilberries,  
Brazil nuts, camu-camu 7.5*

## HOT SPECIALITIES

### **Mystic Matcha | G**

*matcha, cinnamon, lucuma, dates, oat milk 6*

### **Forgotten Hot Chocolate**

*cacao, dates, maca, mesquite, lucuma 6*

### **Chai Spice | N**

*almond milk, cinnamon, cardamom, clove, ginger 5  
| add mushroom superbooster +1 |*

### **Turmeric Pollen Latte | G**

*fresh turmeric, pine pollen, cacao butter,  
maca, oat milk 5.5*

### **Selection of Teas**

### **Selection of Coffees**

| ask a team member for more information |

## SOFT DRINKS

Soda 3

Tonic 3

| original or cardamom |

Cola 4

Ginger Ale 3.5

Ginger Beer 4.25

Kombucha 4.25

| original or ginger |

Large Still Water 4.5

Large Sparkling Water 4.5

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## WINE

### WHITE

#### **Lesc Blanc**

*South West France. Colombar, Ugni Blanc*

glass 125ml 4.5  
carafe 500ml 16  
bottle 23

#### **Chateau de la Mirande**

*South West France. Picpoul*

glass 125ml 5.75  
carafe 500ml 20.5  
bottle 29.75

#### **Baglio Bianco (Orange Wine)**

*Sicily, Italy. Catarrato*

glass 125ml 8  
carafe 500ml 27.5  
bottle 39

#### **Ciello Bianco**

*Sicily, Italy. Catarrato*

bottle 24

#### **Winery of Good Hope**

*Stellenbosch, South Africa. Chenin Blanc*

bottle 27

#### **Cinzia Bergaglio, Gavi di Tassarolo `La Fornace`**

*Piemonte, Italy. Cortese*

bottle 34

#### **Cora Blanco**

*Penedes, Spain. Muscat, Sauvignon, Xarel-Lo*

bottle 35.5

#### **Bodega Terras Gauda**

*Galicia, Spain. Albariño*

bottle 40

### RED

#### **Chateau Saint Cyrgues**

*Rhone, France. Merlot, Syrah, Grenache*

glass 125ml 4.75  
carafe 500ml 16.5  
bottle 23.5

#### **Viña Ilusión**

*Rioja, Spain. Tempranillo*

glass 125ml 6.25  
carafe 500ml 22  
bottle 32

#### **Chateau Cambon**

*Beaujolais, France. Gamay*

glass 125ml 8.25  
carafe 500ml 29  
bottle 42.5

#### **Chateau du Cedre, Camille Malbec**

*Cahors, France. Malbec*

bottle 26.75

#### **Ollieux Romanis, Corbieres `Alice`**

*Corbieres, France. Carignan, Grenache Noir*

bottle 29.75

#### **Bourgueil Diptyque**

*Loire, France. Cabernet Franc*

bottle 37.5

#### **Judith Beck**

*Burgenland, Austria. Blaufrankisch*

bottle 40

#### **Clos Henri**

*Marlborough, NZ. Pinot Noir*

bottle 47.5





## WINE

### ROSÉ

#### **Bodega Honorio Rubio**

*Rioja, Spain. Garnacha, Viura*

glass 125ml 5.25

carafe 500ml 19

bottle 27.5

#### **Chateau d'Ollieres**

*Provence, France. Garnacha, Viura*

bottle 35.5

### SPARKLING

#### **Cantina Bernardi, Prosecco Frizzante**

*Veneto, Italy. Glera*

glass 125ml 8

bottle 27.5

#### **Domaine Champalou, Vouvray Brut**

*Loire, France. Chenin Blanc*

bottle 35.5

#### **Pierre Gerbais, Cuvee Reserve**

*Champagne, France. Chardonnay, Pinot Noir*

bottle 65

### SWEET

#### **Clos Lapeyre**

*Jurancon, France. Gros Manseng, Petit Manseng*

glass 100ml 5.5

carafe 500ml 24.75

bottle 35

All of our wines have been sourced from small artisan growers and are either organic, practising organic or biodynamic.



*“May your life be an expression of thriving &  
may the food you eat be a celebration of wellbeing”*