

Pasta

LINGUINE PESTO ZI' TERESA (Homemade Pesto) (v) <i>Contains various nuts, basilico, garlic & cheese with asparagus & peas with a touch of cream</i>	£9.75
SPAGHETTI BOLOGNESE <i>Minced beef in a tomato sauce with finely chopped celery, onions & carrots</i>	£9.75
TAGLIATELLE AMATRICIANA <i>Finely sliced onions & smoked Pancetta in a tomato sauce</i>	£9.75
ORECCHIETTE PRIMAVERA (v) <i>Finely sliced asparagus, courgettes, mushrooms & onions in a tomato sauce</i>	£9.75
PENNE con POLPETTINE AL SUGO <i>Pure minced beef meatballs in a spicy tomato sauce</i>	£10.75
TAGLIATELLE SALMONE AFFUMICATO E SPINACI <i>Smoked salmon & fresh spinach in a cream sauce</i>	£10.75
SPAGHETTI e GAMBERI PICCANTI <i>Prawns, courgettes, red onions & chilli flakes with a touch of cream</i>	£10.75
CANNELLONI FIORENTINA (v) <i>Filled with mushrooms, spinach & Ricotta baked in a cheese & tomato sauce</i>	£11.75
ORECCHIETTE CONTADINA <i>Chopped Italian sausage & Friarielli (tender broccoli) with garlic, olives & cherry tomatoes</i>	£10.75
PENNE AFFUMICATE <i>Smoked chicken & smoked Pancetta with asparagus in a creamy saffron sauce</i>	£11.75
LASAGNA AL FORNO <i>Baked in a bolognese sauce & mozzarella cheese</i>	£11.75
RISOTTO CASALINGA (v) <i>With mixed wild mushrooms, fresh spinach leaves & Parmesan shavings</i>	£10.75
PENNE AL GRANCHIO  <i>Fresh crab meat with cherry tomatoes, spring onions, chilli & olive oil</i>	£12.75
LINGUINE PESCATORA <i>Calamari, mussels, prawns & cherry tomatoes in a spicy tomato sauce</i>	£14.75
LINGUINE GAMBERONI DIAVOLA E RUCOLA  <i>King prawns, garlic, capers & olives in a chilli tomato sauce with white wine & rocket leaves</i>	£14.75

Pizza Size approximately 13/14"

All our pizzas are freshly made in the good old way using fresh yeast and the finest flour from Sicily

MARGHERITA (v) <i>Tomato & mozzarella</i>	£10.00
AMALFITANA (v) <i>Mozzarella, mushrooms, olives & sun blushed tomatoes drizzled with pesto</i>	£11.50
CONTADINA ARRABBIATA  <i>Mozzarella based with chopped Italian sausage & Friarielli (tender broccoli) black olives, cherry tomatoes & chilli</i>	£12.50
PROSCIUTTO E FUNGHI <i>Tomato, mozzarella with ham & mixed mushrooms</i>	£12.50
AMERICANA DIAVOLA   <i>Tomato, mozzarella with hot salami & Jalapeno peppers</i>	£12.50
QUATTRO STAGIONI <i>Tomato, mozzarella, ham, artichokes, mushroom & olives</i>	£13.50
VESUVIANA <i>Fresh chopped tomatoes, onions, tuna fish, anchovies, olives & capers</i>	£13.50
IMPERATORE <i>Chopped cherry tomatoes & garlic with Dolcelatte & baked scattered with rocket & Parma ham</i>	£14.50
ALL CHILDREN'S PIZZAS (Approx 9")	£10.00
EXTRA TOPPINGS EACH	£1.00



M E N U



Please let us know if you have any allergies or intolerances

Cold Starters

HOME MADE BREAD	<i>With olive oil dip</i>	(price per person) £1.00
BOWL OF MARINATED MEDITERRANEAN OLIVES		£2.50
BRUSCHETTA POMODORO (v)		£5.00
<i>Homemade bread toasted & topped with tomatoes, garlic, olive oil & basil</i>		
ZI' TERESA SALAD (v)		£7.50
<i>Mixed leaf salad with asparagus, avocado & marinated artichokes in lemon & olive oil dressing scattered with Parmigiano flakes</i>		
TONNO E FAGIOLI SALAD		£6.75
<i>Tuna fish with cannellini beans, red onions & cherry tomatoes on mixed leaves</i>		
SMOKED CHICKEN & CELERIAC		£7.50
<i>Sliced smoked chicken on a celeriac coleslaw salad, scattered with walnuts</i>		
TRICOLORE (v)		£6.75
<i>Avocado, mozzarella & tomatoes drizzled with olive oil</i>		
GRILLED MARINATED VEG (v)		£6.75
<i>Aubergine, courgettes, peppers & artichokes grilled & marinated in olive oil, garlic & herbs</i>		
TIGER PRAWNS & AVOCADO		£6.75
<i>Prawns in a spicy mayo dressing, served with avocado</i>		
PROSCIUTTO e MELONE		£8.00
<i>Traditional seasoned Parma ham & melon</i>		
SMOKED SALMON & FRESH ASPARAGUS		£8.00
<i>Drizzled with lemon & olive oil & scattered with crispy capers</i>		
GRANCHIO & PRAWNS		£8.75
<i>Fresh Devonshire crab & prawns mixed with chopped shallot & chives in a mayo dressing served on watercress leaves</i>		

Hot Starters

SOUP OF THE DAY	<i>Please ask your waiter</i>	£5.00
GARLIC & CHEESE BREAD (approximately 12/13")	<i>Pizza base 1/2 garlic butter / 1/2 cheese & chives - (good for sharing)</i>	£6.50
POLPETTINE DIAVOLA	<i>Meatballs baked in a spicy tomato sauce with pesto & mozzarella</i>	£6.75
BRIE CHEESE WEDGES MEDITERRANEA (v)	<i>Coated with crushed rosemary, garlic & breadcrumb served with caramelised onions</i>	£6.75
PEGATINI e FUNGHI CONTADINA	<i>Chicken livers sautéed with mushrooms in oil, chilli, garlic & wine</i>	£7.00
ASPARAGI GRATINATI (v)	<i>Asparagus pan fried with butter, gratiné with Parmesan cheese & breadcrumbs</i>	£7.00
COZZE MARINARA	<i>Mussels in a spicy tomato sauce</i>	£7.50
GAMBERONI TEMPURA	<i>Deep fried king prawns served with a sweet chilli dip</i>	£7.50
CALAMARI FRITTI	<i>Deep fried fresh squid served with Tatar sauce</i>	£7.50
GAMBERONI SICILIANA	<i>King prawns in a lemon & thyme sauce with chopped capers, olives & chilli</i>	£9.75
CAPELANTE PAESANA	<i>Fresh scallops pan fried in herby butter with smoked Pancetta & mushrooms</i>	£10.50

CHOICE OF REQUESTED VEGETABLES & SALAD:
 Fresh spinach, sautéed in oil with chilli & garlic **£3.50pp**
 Zucchini fritti (deep fried courgettes) **£3.50pp**
 Freshly cut chunky paprika chips **£3.50pp**
 Beef tomato & red onion salad **£3.50pp**
 Mixed leaf salad **£3.50pp**

If you have any special dietary requirements or allergies please let us know.

Meat Main Dishes

Prices include appropriate fresh vegetables & potatoes

CHICKEN BREAST ZI TERESA	£14.75
<i>Cooked with asparagus, mushrooms, peas & sun dried tomatoes in a cream sauce</i>	
CHICKEN BREAST MILANESE	£14.75
<i>In breadcrumbs served with spaghetti in tomato & basil sauce</i>	
CALVES LIVER IN BUTTER & SAGE	£15.75
<i>Pan fried in butter & sage sauce with a splash of wine</i>	
GRILLED CALVES LIVER & BACON WITH ONIONS	£15.75
<i>Drizzled with aromatic balsamic vinegar</i>	
PICCATINE SICILIANA	£15.75
<i>Veal slices cooked in a lemon sauce with capers, olives & parsley</i>	
SALTIMBOCCA ALLA ROMANA	£15.75
<i>Veal slices wrapped with Parma ham & cooked in a butter & sage sauce</i>	
LAMB CUTLETS CONTADINA	£17.50
<i>Panfried in olive oil, garlic & Rosmarino, drizzled with aromatic balsamic vinegar</i>	
LAMB CUTLETS PEPPERCORN	£17.50
<i>Cooked in mixed crushed peppercorns, cream & brandy sauce</i>	
BISTECCA BOSCAIOLA	£19.75
<i>Steak with onions, peppers & mixed wild mushrooms in a wine & tomato sauce</i>	
TAGLIATA DI BISTECCA (No Veg)	£19.75
<i>Steak grilled & sliced, served on a bed of rocket salad, tomatoes & onions</i>	
FILETTO AL PORT	£22.75
<i>Fillet steak cooked in a Port & Stilton cheese sauce</i>	
TAGLIATA DI FILETTO (No Veg)	£22.75
<i>Fillet steak grilled & sliced, served on a bed of rocket salad, tomatoes & onions</i>	

You may combine meat dishes and sauces to your taste

Fish Main Dishes

Prices includes appropriate fresh vegetables & potatoes

SALMONE ZI' TERESA (No Veg)	£14.50
<i>Grilled salmon steak served on a Zi' Teresa salad (no vegetables)</i>	
SALMONE (CHEF)	£16.50
<i>Cooked with mussels, prawns, cherry tomatoes & shallots in a wine sauce</i>	
SEA BASS FILLET CONTADINA	£16.50
<i>Pan fried with garlic, rosmarino & smoked Pancetta</i>	
SEA BASS AMALFITANO	£16.50
<i>Pan fried fillets of sea bass in a herby butter & orange sauce</i>	
SEA BREAM FILLET SICILIANA	£17.50
<i>Pan fried in butter with capers, olives & parsley in a lemon sauce</i>	
SEA BREAM FILLET ADRIATICO	£17.50
<i>Pan fried with spring onions, asparagus, cherry tomatoes & tarragon</i>	
FRITTO MISTO PAESANA	£17.50
<i>Calamari, king prawns & whitebait deep fried with mushrooms</i>	
KING PRAWNS ALLA DIAVOLA (Served with rice, no veg)	£19.75
<i>Pan fried with garlic, shallots, capers, olives & chilli in a tomato sauce</i>	
KING PRAWNS & SCALLOPS MEDITERRANEA	£21.75
<i>Grilled & drizzled with a herby creamy saffron sauce with a splash of Vodka</i>	

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10% discretionary service charge will be added to your final bill