



LA GARRIGUE
RESTAURANT
Est.2001

STARTERS

SOUP OF THE DAY	6.95
ASK YOUR WAITER FOR TODAY'S SOUP	
ROQUEFORT SOUFFLE V	9.95
LEAVES, WALNUTS & RADISH	
TRADITIONAL FISH SOUP*.....	8.95
COMTE CHEESE, SAFFRON DIP AND CROUTONS	
GOAT CHEESE SALAD GF*	
WITH LEAVES, CHICORY, PICKLED BEETROOT, TENDERSTEM BROCCOLI, TOASTED ALMONDS & SEEDS	
.....	SMALL 8.00 LARGE 15.50

PIGEON BREAST.....	11.25
PEAR AND ROQUEFORT TART	
DUCK LIVER PARFAIT*	9.50
TOASTED BRICOHE, SWEET WINE JELLY	
BAKED SCALLOPS.....	14.50
SAMPHIRE, LOBSTER GLAZE , CRISPY CAPERS	

MAIN COURSES

COQ AU VIN DF*.....	17.50
CHICKEN THIGHS IN A RICH RED WINE SAUCE, TAGLIATELLE PASTA & TENDERSTEM BROCCOLI	
LAMB CUTLETS*.....	23.50
WILD MUSHROOM PEARL BARLEY RISOTTO & JUS	
ROASTED WHOLE PARTRIDGE*.....	26.50
POTATO AND SPINACH ROULADE, PUY LENTILS JUS	
LANGUEDOCIAN CASSOULET DF*.....	27.50
TRADITIONAL CASSEROLE OF CONFIT DUCK, TOULOUSE SAUSAGE, PORK BELLY AND LINGOT BEANS	

FISH OF THE DAY *.....	MARKET PRICE
BRAISED FENNEL,BAKED BEETROOT, CLAMS BEURRE BLANC	
BAKED FILET OF COD GF*.....	26.50
WHITE BEAN PURÉE, COURGETTE FILLED WITH SQUID STEW	
POTATO GNOCCHI VG.....	18.50
JERUSALEM ARTICHOKE, COURGETTE, SUN-DRIED TOMATOES & PESTO	

DESSERTS

FRANGIPANE TART.....	9.95
PRUNES AND ARMAGNAC CREME ANGLAISE	
CHOCOLATE FONDANT	10.50
VANILLA ICE CREAM	
I.J.MELLIS CHEESE	14.50
SELECTION OF FRENCH CHEESES WITH HOMEMADE OATCAKES, CELERY & WALNUTS	

ICE CREAM SELECTION	8.50
VANILLA, CHOCOLATE AND CHERRY, ALL 3 OF THEM!	
RICE PUDDING VG-GF	8.50
ROASTED SEASONAL FRUITS	
LAVENDER CREME BRULÉE *.....	8.95
SERVED WITH SHORTBREADS	

Vegan-VG, Vegetarian - V, Gluten Free - GF, Dairy Free- DF, Can be twisted-*

LUNCH

AVAILABLE TUESDAY TO FRIDAY , 12PM TO 2PM

2 COURSES 21.50
THE MENU IS ON A CHALKBOARD AND WILL CHANGE FROM
TIME TO TIME.

SIDES

GREEN BEANS WITH ROAST SHALLOTS.....	4.50
TENDERSTEM BROCCOLI AND ALMONDS.....	4.50
MIX LEAVES WITH OLIVE OIL DRESSING	3.95
BUTTERED NEW POTATOES WITH PERSILLADE.....	4.50
FRENCH FRIES	4.50
ANGELOU BAKERY BREAD & FRENCH BUTTER.....	4.00
1 BASKET FOR 2/3	

DESSERTS WINE	70ML	500ML
DOMAINE DE CLOVALLON,		80.00
GRAIN DE FOLIE		

MAURY, MAS AMIEL 20221.....	8.75
GRENACHE	
DOMAINE FONTANEL "AMBRÉ".....	8.25
MUSCAT DE RIVESALTES 2015	
CLOS DU GRAVILLAS	7.75
MUSCAT ST JEAN DE MINERVOIS 2023	

COFFEES AND TEAS,	
AMERICANO.....	3.50
ESPRESSO.....	3.50
MACCHIATO.....	3.75
CAPPUCCINO.....	4.50

DOUBLE ESPRESSO.....	4.50
LATTE.....	4.50
FLAT WHIT.....	4.75
TEA.....	3.50
ENGLISH BREAKFAST, EARL GREY, GREEN,PEPPERMINT	

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LA GARRIGUE

LUNCH TUESDAY TO SATURDAY:12PM TO 2PM
DINNER TUESDAY TO SATURDAY 5.30PM TO 9.30PM

