

ALL DAY BRUNCH

SMASHED AVOCADO	9
Toasted sourdough, smashed avocado, watermelon radish and lemon - (VG) N	
- add poached eggs 2, halloumi 3, bacon 2, house cured salmon 5	
EGGS YOUR WAY	7
Free range scrambled, poached or fried eggs served with toasted sourdough bread - (V) N	
- add house cured salmon 5	
POKE TOAST	13
House cured salmon, smashed avocado, edamame, cucumber, radish and black sesame seeds on toasted sourdough - N	
EGGS BENEDICT	9.50
English muffin, free range poached eggs, avocado and hollandaise - (V) N - add spinach 2, bacon 2, salmon 5	
SWEETCORN FRITTERS	9
Sweetcorn fritters, smashed avocado, tomato salsa, lemon dressing and pea shoots - (VG)	
- add poached eggs 2, bacon 2, smoked salmon 5	
SHAKSHUKA	12.50
Grilled halloumi, spiced tomato and pepper sauce, poached eggs, avocado salsa, mixed herbs and a toasted tortilla wrap - (V) N	
SWEET POTATO HASH	11
Sweet potato hash, harissa, yogurt, free range poached egg, hollandaise and pea shoots - (V)	
BERRY PANCAKES	13.50
Fluffy ricotta pancakes, berry compote, banana, strawberries and pure maple syrup - (V)	
BACON PANCAKES	13.50
Fluffy ricotta pancakes, crispy bacon, apple, strawberries and pure maple syrup	

LUNCH

COCONUT CURRY	15
Cod or falafel coconut curry, sweet potato, rice, spinach, spring onion and fresh chilli - (Vegan Option) N	
SOBA NOODLES	13
Buckwheat soba noodles, broccoli, edamame, carrot, red cabbage, fresh chilli, omega seeds and miso dressing - N - add tofu or chicken 2	
MEXI BURRITO	13
Mexican pulled chicken or soy chilli, tortilla, rice, cheddar cheese, salsa, jalapeños, sour cream, fresh chilli, charred corn, avocado, chipotle mayo - (Vegan Option) N	
MEGA NACHOS (FOR SHARING)	12
Corn tortilla chips, cheese sauce, avocado salsa, tomato salsa, sour cream, jalapenos and charred corn - (V)	
- add soy mince or mexican chicken 2	

HEALTH SHOTS

IMMUNE BOOSTING	2.50
Turmeric + Honey + Cayenne pepper	
DETOXING	2.50
Apple + Activated charcoal + Lemon	
HANGOVER CURE	2.50
Ginger + Carrot + Lemon	
WEIGHT LOSS	2.50
Acv + lemon + Ginger	
RECOVERY	2.50
Ginger	

BRUNCH BOWLS

SATAY BOWL	14.50
Marinated chicken skewers, satay sauce, rice, edamame beans and fresh purple slaw - N	
SHAWARMA BOWL	14.50
Choose grilled marinated chicken or falafel, rice, hummus, carrot, cucumber, fresh purple slaw, pickled red onion, omega seeds, toasted wrap and citrus dressing - (Vegan Option) N	
POKE BOWL	15
House cured salmon or sesame crusted tofu, rice, avocado, edamame, pickled red onion, cucumber, carrot, crispy shallots, omega seeds and miso dressing - (Vegan Option) N	
SOUL BOWL	15
Salmon fillet, rice, avocado, edamame beans, fresh purple slaw, carrot ribbons, omega seeds and miso dressing	
NOURISH BOWL	14
Free range poached eggs, avocado, halloumi, hummus, fresh spinach, omega seeds, toasted sourdough, salsa and citrus dressing - (V)	

BURGERS

SK BURGER	14.50
Our signature dry aged beef patty, cheddar cheese, onion, pickles, tomato, baby gem and house made burger sauce served with sweet potato fries - N	
SATAY CHICKEN BURGER	14.50
Marinated chicken breast, satay sauce, creamy purple slaw, baby gem, tomato and sriracha sauce served with sweet potato fries - N	
THE V.E.G	14.50
Beyond meat patty, smoked gouda style cheese, dill pickles, baby gem, tomato, onion and house made burger sauce served with sweet potato fries - (VG) N	
AVO BURGER	14.50
Avocado and sesame 'bun', falafel patty, hummus, tomato, pickled red onion, fresh red slaw and pea shoots - (VG)	

SIDES

Sweet Potato Fries (VG)	4.50
Grilled halloumi with chilli and garlic oil (V)	5
Olives (VG)	3
Halloumi Fries	
Edamame (VG)	4
With Sriracha Mayo (V)	7
Tortilla Chips	
& Smashed Avocado (VG)	6
Chargrilled Corn With Sriracha mayo & Cheese (V)	5
Mixed Leaf Side Salad (VG)	4
Buffalo Cauliflower Wings	
Skinny Fries (VG)	4
With Chipotle Mayo (VG)	7

DESSERT

Apple & Berry Crumble	
With Coconut Ice Cream - (VG) N	7
Chocolate brownie,	
vanilla ice cream and berry compote - (V)	7
Vegan ice cream sundae with	
berry compote and fresh strawberries - (VG) N	6.50

PLEASE INFORM STAFF OF ANY ALLERGIES. We cannot safely guarantee our food is free of nuts and other allergens. Customers with food and drink allergies may be exposed to cross contamination, for this reason if you do have any food or drink allergies we strongly advise that you do not dine with us. The Skinny Kitchen will take no responsibility for any injury, loss or damage claimed by any customer with food or drink allergies who decides to take the risk and consume food and drink at The Skinny Kitchen against our advice. (V) = Vegetarian - (VG) = Vegan - (VG option) - option to have this dish vegan N = Contains Nuts