

SWEET

COCONUT OATS	7
Coconut and chia seed overnight oats, berry compote, sliced banana, strawberries, chocolate drops and toasted shana coconut - (VG) N	
SUPER BAKED GRANOLA	8
Coconut or Greek yogurt, super home baked granola, strawberries, banana, raspberries, toasted seeds, maple syrup and chia seeds - (VG) N	
ACAI BERRY BOWL	10
Wild acai berries and banana topped with kiwi, strawberries, apple, peanut butter, pomegranate seeds and chia seeds - (VG) N	
SMOOTHIE BOWL	9
Banana, avocado, mango, spinach and coconut milk topped with homemade granola, apple, raspberries, toasted coconut and chia seeds - (VG) N	
BERRY PANCAKES	13.50
Fluffy ricotta pancakes, berry compote, banana, strawberries and pure maple syrup - (V)	
BACON PANCAKES	13.50
Fluffy ricotta pancakes, crispy bacon, apple, strawberries and pure maple syrup	

SKINNY KITCHEN CLASSICS

SMASHED AVOCADO	9
Toasted sourdough, smashed avocado, watermelon radish and lemon - (VG) N - add poached eggs 2, halloumi 3, bacon 2, house cured salmon 5	
POKE TOAST	13
House cured salmon, smashed avocado, edamame, cucumber, radish and omega seeds on toasted sourdough - N	
SWEETCORN FRITTERS	9
Sweetcorn fritters, smashed avocado, tomato salsa, lemon dressing and pea shoots - (VG) - add poached eggs 2, bacon 2, house cured salmon 5	
SHAKSHUKA	12.50
Grilled halloumi, spiced tomato and pepper sauce, poached eggs, avocado salsa, mixed herbs and a toasted tortilla wrap - (V) N	
SWEET POTATO HASH	12
Sweet potato hash cakes, harissa, yogurt, free range poached egg, hollandaise and pea shoots - (V)	
THE SKINNY KITCHEN BREAKFAST	12
Free range scrambled eggs, bacon, halloumi, roasted tomato, beans, mushroom, spinach and toasted sourdough - N	
THE FULL VEGGIE	12
Free range scrambled eggs, avocado, halloumi, roasted tomato, beans, mushroom, spinach and toasted sourdough - (V) N	
VEGAN BREAKFAST	11
Scrambled tofu, avocado, roasted tomato, beans, spinach, mushroom and toasted sourdough - (VG) N	

SAVOURY

EGGS YOUR WAY	7
Free range scrambled, poached or fried eggs served with toasted sourdough bread - (V) N - add house cured salmon 5	
EGGS BENEDICT	9.50
English muffin, free range poached eggs, avocado and hollandaise - (V) N - add spinach 2, bacon 2, salmon 5	
BREAKFAST BUN	8
Brioche bun, fried egg, tomato, cheddar, shredded lettuce, avocado salsa and sriracha mayo - N - add bacon 2, halloumi 3	
VEGAN BUN	9
Vegan brioche, scrambled tofu, vegan cheddar, tomato, shredded lettuce, avocado salsa and sriracha mayo - (VG) N	

BREAKFAST BOWLS

NOURISH BOWL	14
Free range poached eggs, avocado, halloumi, hummus, fresh spinach, omega seeds, toasted sourdough, salsa and citrus dressing - (V)	
POKE BOWL	15
House cured salmon or sesame crusted tofu, rice, avocado, edamame, pickled red onion, cucumber, carrot, crispy shallots, omega seeds and miso dressing - (Vegan Option) N	
SOUL BOWL	15
Salmon fillet, rice, avocado, edamame beans, fresh purple slaw, carrot ribbons, omega seeds, miso dressing	

SIDES

Avocado 2, Bacon 2, Smoked Salmon 5, House Cured Salmon 5, Poached Eggs 2, Mushrooms 2, Spinach 2, Beans 2, Hollandaise Sauce 2, Avocado Salsa 1, Sriracha Mayo 1, Tomato Salsa 2

HEALTH SHOTS

IMMUNE BOOSTING	2.50
Turmeric + Honey + Cayenne pepper	
DETOXING	2.50
Apple + Activated charcoal + Lemon	
HANGOVER CURE	2.50
Ginger + Carrot + Lemon	
WEIGHT LOSS	2.50
Acv + lemon + Ginger	
RECOVERY	2.50
Ginger	

PLEASE INFORM STAFF OF ANY ALLERGIES. We cannot safely guarantee our food is free of nuts and other allergens. Customers with food and drink allergies may be exposed to cross contamination, for this reason if you do have any food or drink allergies we strongly advise that you do not dine with us. The Skinny Kitchen will take no responsibility for any injury, loss or damage claimed by any customer with food or drink allergies who decides to take the risk and consume food and drink at The Skinny Kitchen against our advice. (V) = Vegetarian - (VG) = Vegan - (VG option) - option to have this dish vegan N = Contains Nuts