
STARTERS

✓ **PADRONS** 3.5
Blistered Padrons

FOCACCIA 3
Homemade focaccia

✓ **ARTICHOKES** 7
Sweet & sour marinade

CROQUETTE 7
Pancetta & truffle

✓ **PARMIGIANA** 6
Aubergine parmigiana

✓ **BURRATA** 8
Radicchio, chestnuts

MONKFISH 9
Parma ham wrap

TUNA TARTARE 13
Papaya, celery, cucumber

OCTOPUS 8
Fennel & orange

BOARDS

✓ **BRUSCHETTA** 9
Seasonal selection

MEAT or CHEESE 12
Italian meat or cheeses

✓ **POLENTA** 8
Crispy polenta fingers

DEEP FRIED PIZZA 11
Sausage, spinach, leeks, scamorza

✓ **TINY PIZZA** 9
Mushrooms, courgette, bufalina

ALL YOU NEED IS PASTA

FRESH HOMEMADE

✓ **PACCHERI** 9
Upside-Down Norma

LINGUINE 16
Fresh Seafood

✓ **PICI** 11
Cacio & Pepe

✓ **TAGLIATELLE** 14
Porcini mushroom, truffle

GNOCCHI 12
Butternut squash, pancetta

MAINS

MBARE BURGER 13
Cheddar cheese, bacon
lettuce & tomato

SALMON 17
Grilled salmon fillet
glazed baby carrots

LAMB SHANK 20
Slow cooked lamb
artichoke puree

SIDES

✓ **CHIPS** 3
House fried chips

✓ **CAESAR SALAD** 6
Kale, pancetta, parmesan

MIXED LEAF 4
Green leaf salad

✓ **MUSHROOM** 5
Mushroom Carpaccio

✓ **MAC & CHEESE** 7
Truffle mac & cheese

✓ **BROCCOLI** 5
Tenderstem broccoli



@MBARELONDON



MBARE



TO SHARE

- | | | |
|----------------------|----------------------|-------------------------|
| ✓ PADRONS 3.5 | ✓ BURRATA 7 | ✓ BRUSCHETTA 9 |
| Blistered peppers | Chestnuts, radicchio | Trio seasonal selection |

EGGS

- | | | | |
|-------------------------|--------------------------|----------------------------|---|
| BENEDICT 9 | MBARE 10 | ROYAL 11 | BURGER 8 |
| Cooked ham, citrus mayo | Parma ham, brie, spinach | Smoked salmon, hollandaise | Guacamole, bacon, fried egg, burger bun |

BREAKFAST DIY

10

2 eggs any style served on sourdough bread & the choice of 2 extras

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|-----------------|------------------|------------------|--------------------|
| BACON | SAUSAGE | PARMA HAM | COOKED HAM |
| AVOCADO | MUSHROOMS | SPINACH | SALMON |
| BROCCOLI | ASPARAGUS | TOMATOES | BAKED BEANS |

Hangover? add any of the extras for just 1.50 to build the ultimate breakfast!

BRUNCH

- | | |
|------------------------------|---------------------------------|
| ✓ GRANOLA 5 | ✓ PARMIGIANA 6 |
| Yoghurt, mixed berries, nuts | Aubergine parmigiana |
| PANCAKES 8 | CROQUETTE 7 |
| Crispy bacon, maple syrup | Pancetta & truffle |
| ✓ BERRY PANCAKES 7 | STEAK SANDWICH 13 |
| Mixed berries, fruit syrup | Steak, focaccia, sicilian pesto |
| ✓ AVOCADO 6.5 | MBARE BURGER 12 |
| On sourdough toast | Cheese, bacon, onion, lettuce |

SIDES

- | | | |
|---------------------|-----------------------------|-----------------------|
| ✓ CHIPS 3 | CAESAR SALAD 6 | ✓ MIXED LEAF 4 |
| House fried chips | Kale, pancetta, parmesan | Green leaf salad |
| ✓ MUSHROOM 5 | ✓ MAC & CHEESE 7 | ✓ BROCCOLI 5 |
| Mushroom Carpaccio | Truffle mac & cheese | Tenderstem broccoli |

There is a discretionary 12.5% service charge added to your bill all of which is distributed among the staff.

All above prices are inclusive of VAT.

Please inform the server if you have any allergies or require information on ingredients used in our dishes