



**ALLERGEN INFORMATION:**

*If you suffer from a food allergy or intolerance, please let us know before you place your order, please ask our staff if you require any assistance or guidance with our menu*

IF REQUIRED STATE MILD, MEDIUM OR HOT SPICED

GLUTEN FREE

VEGAN

**STARTERS**

**GRILLED TANDOORI STARTERS** G

Marinated overnight in our special mix of Punjabi spices and grilled in clay oven. These are also very healthy.

- Mixed Kebab £6.95  
Chicken tikka, seek kebab and chicken wings.
- Chicken Tikka Boneless chicken. £5.50
- Salmon Tikka Finest Scottish Salmon. £6.95
- Lamb Chops Superb flavorsome. £7.50
- Seek Kebab Spiced mince meat. £6.95
- Chicken Wings £5.50

**Chicken Pakora** G £5.50  
Pakoras are nuggets made with our special batter, deep-fried and served with a delicious dip:

- Mix Pakora G £5.50  
Vegetable Pakora, onion bhaji and chicken.
- Fish Pakora G £6.95

**PURI'S**

Puri is an unleavened Indian bread, commonly consumed on the Indian subcontinent. Below are options of various delicious fillings to choose from:

- Prawn Puri £7.50
- King Prawn Puri £8.50
- Chicken Puri £7.50
- Lamb Puri £7.95

**Samosa** £4.95  
Exquisite minced meat enclosed peas, potato, coriander and spices in a crunchy pastry.

**Garlic Prawns** G £5.50  
Selected prawns sauteed in Punjabi spices.

**Prawn Cocktail** G £5.95  
Succulent prawns soaked in a delectable recipe sauce.



**VEGETARIAN STARTERS**

**Panner Stir Fry** G £4.95  
Pan fried panner in chefs selected Punjabi spices.

**Lentil Soup** V G £4.50  
Homemade watery soup with lentils and spices (no flour added to thicken soup).

**Vegetable Samosa** V £4.95  
Vegetables enclosed in a crunchy pastry.

**PAKORA** G

Pakoras are nuggets made with our special batter, deep-fried and served with a delicious dip:

- Scottish Haggis Pakora V £4.50
- Vegetable Pakora V £4.50
- Onion Bhajee V £4.50
- Aubergene Pakora V £4.50
- Panner Pakora £5.95
- Mushroom Pakora V £4.50
- Aloo Pakora (potato) V £4.50
- Mix vegetable Pakora V £5.95  
Vegetable pakora, onion bhaji and aubergene.

**PURI**

Puri is an unleavened Indian bread, commonly consumed on the Indian subcontinent. Below are options of various delicious fillings to choose from:

- Chana Puri (chickpeas) V £6.95
- Mushroom Puri V £6.95
- Aloo Puri (potato) V £6.95
- Vegetable Puri £6.95

**ACCOMPANIMENTS** G

- Homemade Plain Yogurt £2.95
- Cucumber Homemade Riatha £2.95
- Popadum V £0.60p
- Chutney Tray £2.95  
Spiced onions, mango chutney & mint yoghurt





## SET MEALS

### DINNER FOR TWO (Non veg)

£39.00

Our chef will produce a delicious selection of non-vegetarian starters, main dishes, naan and rice.

### TANDOORI DINNER FOR TWO (Non veg)

£45.00

Our chef will produce a delicious selection of tandoori starters, main dishes, side dishes, rice and bread.

### DINNER FOR TWO (Veg)

£36.00

Our chef will produce a delicious selection of vegetarian starters, main dishes, side dishes, naan and rice.

### CHEF'S SPECIAL BANQUET MENU

Are available for parties over three persons.  
Please ask our staff who will be pleased to give full details.

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## CHEF'S SIGNATURE DISHES

- Lamb Chop Karahi** £15.95  
Selected chops lightly grilled and then added into chefs blend of spices in a medium Punjabi sauce.
- Special Tandoori Balti** £11.95  
Our glorious and exclusive recipe consists of chicken, lamb and tandoori kafta cooked with fresh tomatoes and coriander.
- Achari Gosht** £10.95  
Diced cubes of tender lamb cooked with mix pickle and cumin with fresh coriander.
- Garlic Chili Chicken** £8.95  
Fresh garlic, green chili in our exclusive Punjabi sauce.
- Salmon Curry** £13.95  
Finest salmon sliced and prepared in tomatoes, coriander and cumin in a medium sauce.
- Chicken Nentara** £8.95  
Bite size pieces of breast chicken cooked with onions in freshly ground medium strength masala with kasturie methi and fresh coriander.
- Chicken Karahi** £8.95  
Cooked in a cast iron pot.

## LEAN SCOTTISH LAMB SPECIALS

Our Lamb is lean and from Scotland.

- Karahi Gosht** £10.95  
Famous Punjabi dish cooked in a cast iron pot with selected spices in a thick sauce.
- Lamb Jai Puri** £10.95  
Prepared in a delicate sauce with coriander, selected herbs and cumin.
- Lamb Saag** £10.95  
Cumin, coriander, fenugreek and spinach.
- Lamb Chop Karahi** £15.95  
Marinated chops cooked in a cast iron pot.
- Lamb & Aubergine** £13.95  
Excellent dish cooked with Punjabi ground spices
- Bindi Gosht** £10.95  
Pan fried with okra.

## KEEMA SPECIALS

Keema is minced lamb cooked with selected Punjabi spices. Our Lamb is 100% Scottish and lean.

- Keema Matar** £11.95  
Minced meat and green peas.
- Keema Karahi** £11.95  
Cooked in a cast iron pot, very tasty dish.
- Keema Balti** £11.95  
Selected spices and ingredients cooked in a juicy sauce.
- Achari Keema** £11.95  
Excellent dish cooked in a splash of mixed pickle and spices.



## VEGETARIAN SPECIALS **V** **G**

All vegetarian dishes are medium spiced.  
Please state if you prefer mild or hot spiced.

Main Dish: £8.50    Side: £5.95

Aubergine cubed aubergine **V**

Aloo Matar green peas and potato **V**

Aloo Gobi potato and cauliflower **V**

Mushroom Bhaji sliced mushrooms **V**

Saag Aloo Spinach and potato **V**

Saag Bhaji Spinach **V**

Turka Dhall Spicy Mixed Lentils **V**

Dhall Makni Creamy Mixed Lentils

Bhindi Okra **V**

Channa Masala Chickpeas **V**

Kidney Bean Curry **V**

Boiled Egg Bhuna

Sliced egg in a juicy Punjabi sauce

Paneer (see paneer specials)

Bombay Aloo Potatoes **V**

## MILD SPECIALS **G**

Dishes below are available in  
Chicken £8.95, Lamb £10.95,  
King Prawn £12.95 or  
Mixed Vegetables £8.50

### Korma:

Smooth creamy sweet dish of coconut, cream and ground almonds.

### Punjabi Korma:

Spicy coconut dish with ground almonds.

### Kashmiri Korma:

Banana, lychee and mango in a coconut creamy sauce.

### Kashmir:

Sweet creamy dish with banana, lychee and mango.

### Red Fort Special:

Ground herbs in a smooth creamy sauce with cashew-nuts and almonds.

### Pasanda:

Sliced almonds in a smooth mildly spiced creamy sauce with cumin.

### Butter Chicken:

Sliced chicken in a creamy buttery sauce with ground herbs.

TAKEAWAY MENU

حلال  
HALAL

# INDIAN LOUNGE

INDIAN & PUNJABI CUISINE  
EST 1983



- OLIVE OIL USED IN OUR COOKING
  - ONLY FREE RANGE CHICKEN
  - GRASS-FED SCOTTISH LAMB
- SHIP TO PLATE SEAFOOD IN 24 HOURS OR LESS
  - FRESH DAILY VEGETABLES
- ANY DISH CAN BE MADE WITHOUT DAIRY



## GRILL TANDOORI SPECIALS

Tandoori specialties from North India. Tandoori food is cooked in a clay oven called a Tandoor. It is medium spiced, marinated in yogurt and seared over charcoal.

This traditional way of cooking captures all the flavours and natural goodness of meat and fish.

It is extremely healthy too. All dishes are served with salad and side sauce.

**Tandoori Chicken** £10.95

Half spring chicken marinated overnight.

**Chicken Tikka Kebab** £10.95

Boneless sliced chunks of chicken.

**Tandoori Lamb Chops** £14.95

Tender lamb chops marinated overnight.

**Tandoori Seek Kebab** £12.95

Sausage minced meat.

**Tandoori Salmon** £14.95

Local caught Scottish salmon.

**Mixed Tandoori** £15.95

Chicken tikka, tandoori chicken, seek kebab and lamb chop. (for shashlik style dishes with tomatoes, green pepper and large onions (please add £3.95))

## CHICKEN SPECIALS

We only use free range poultry and our chicken is 100% breast.

**Tawa Rooflifter**

£13.95

Chicken, lamb & prawns with tandoori spices & chutney.

**Chicken Jhall Farazi (hot)**

£8.95

A rich hot spicy curry dish.

**Chicken Balti**

£8.95

Chicken pieces sauted traditionally with fresh peeled and grated garlic and ginger with some fresh herbs.

**Chicken Channa**

£8.95

Chicken cooked with chick peas.

**Garlic Chilli Chicken**

£8.95

Succulent pieces of chicken cooked in chili garlic sauce.

**Karahi Chicken**

£8.95

Breast of chicken cooked with sweet green pepper and specially selected herbs and spices.

**Chicken Saag**

£8.95

A medium curry cooked in methiseed, fenugreek and spinach.

**Butter Chicken**

£8.95

Buttery dish cooked with tomatoes and aromatic herbs.

**Chicken and Aubergine**

£11.95

Sliced aubergine pan fried with cumin and spices cooked in a juicy sauce.