

SEASONAL, LOCAL, JOYFUL FOOD. FROM SCRATCH.

BREAKFAST & BRUNCH UNTIL MIDDAY...

ORGANIC POACHED EGGS £10 ORGANIC SCRAMBLED EGGS £12

Choose either creamy scrambled or poached eggs with chives & sourdough toast

ZHUZH UP YOUR EGGS Special offer three sides £10

+organic bacon	£5	+seasonal tomatoes	£3.50
+roasted chorizo	£4	+griddled halloumi	£3.50
+wild venison sausages	£5	+seasonal baked greens	£3.50
+smashed avocado	£4	+feta cheese	£3
+roasted mushrooms	£4	+a drizzle of harissa	£2
+organic pulses for fibre!	£3.50	+chilli jam	£2

BACON BRIOCHE BUN £10

A brioche bun loaded with organic bacon. Please ask for ketchup or a pot of French mustard if that's how you like it served

ZHUZH UP YOUR BUN

+organic egg	£2.50	+wild venison sausages	£5
+rosemary salted fries	£5		

ISRAELI SHAKSHUKA £16.50

Two organic eggs baked in spiced tomato & roasted red pepper sauce topped with feta, fresh coriander & black sesame, made Israeli style (no onion!), served with your choice of toasted sourdough or Middle Eastern flatbread

ZHUZH UP YOUR SHAKSHUKA

+roasted chorizo	£4	+wild venison sausages	£5
+roasted mushrooms	£4	+smashed avocado	£4
+a drizzle of harissa	£2	+griddled halloumi	£3.50

MEXICAN ORGANIC EGGS £16

NEW Two organic poached eggs on a bed of coriander yoghurt & smashed avo, with organic black beans & Nutbourne tomato salsa, we recommend bread as a side!

ZHUZH UP YOUR EGGS

+flatbread	£3.50	+griddled halloumi	£3.50
+toasted sourdough	£2	+seasonal baked greens	£3.50
+roasted chorizo	£4	+organic pulses for fibre!	£3.50
+a drizzle of harissa	£2	+feta cheese	£3
+smashed avocado	£4		

SMASHED AVO, BEETS & FETA £16.50

Creamy smashed avo on toasted sourdough with pickled beetroot, feta cheese, a sprinkle of pistachios & balsamic glaze

ZHUZH UP YOUR AVO

+organic bacon	£5	+an organic poached egg	£2.50
+roasted chorizo	£4	+seasonal baked greens	£3.50
+a drizzle of harissa	£2	+organic pulses for fibre!	£3.50
+roasted mushrooms	£4	+pink pickled onions	£2.50
+rosemary salted fries	£5	+seasonal tomatoes	£3.50

WELSH RAREBIT £16

Made with British Cheddar cheese & locally brewed regenerative ale. With salad leaves & our housemade onion chutney

ZHUZH UP YOUR WELSH RAREBIT

+organic bacon	£5	+roasted mushrooms	£4
+roasted chorizo	£4	+wild venison sausages	£5
+chilli jam	£2	+organic pulses for fibre!	£3.50
+mug of soup	£5.50	+seasonal baked greens	£3.50
+rosemary salted fries	£5	+seasonal tomatoes	£3.50

THE BARN'S HOUSEMADE FLUFFY PANCAKE STACK £12

A triple stack of housemade pancakes doused in maple syrup, these pancakes are known as the fluffiest pancakes in town!

ZHUZH UP YOUR PANCAKES

+organic bacon	£5	+vanilla ice cream	£3
+seasonal fruit compote	£3.50	+organic cream	£2

CHALLAH RHUBARB FRENCH TOAST £16

NEW It's back! Buttery soft challah bread steeped in vanilla custard & fried to perfection. Served with a dollop of Greek yoghurt, maple syrup, a sprinkle of pistachio nuts & a generous serving of sharp rhubarb & apple compote. In the Jewish faith you would have this dish if you felt sad

ZHUZH UP YOUR FRENCH TOAST

+organic bacon	£5	+organic cream	£2
+vanilla ice cream	£3		

HOUSEMADE GRANOLA £9

Maple syrup baked rolled oats, nuts, seeds and just a touch of sea salt! Served with a generous dollop of Greek yoghurt and seasonal fruit slowly stewed by us with love!

ORGANIC BREAKFAST SMOOTHIES £6.50 Made with your choice of dairy, oat or coconut milk

CACAO PROTEIN SMOOTHIE

Banana, blueberries, spinach, cauliflower, dates, avocado, cacao, pea protein, pumpkin seed, maca

BERRY ENERGY SMOOTHIE

Banana, strawberries, blueberries, raspberries, blackcurrant, spinach, maca, chia seed, cacao, guarana

TROPICAL VITALITY SMOOTHIE

Pineapple, mango, banana, papaya, ginger, flax seed, goji berries, baobab, sunflower seed, pumpkin seed

ALLERGENS & IMPORTANT INFORMATION

Please alert your server to any allergies or dietary requirements. Every effort is made to prepare dishes in line with dietary needs however we run an open kitchen & cannot guarantee that any item will be free from unintentional allergens. Game may contain shot. This is a cashless restaurant. A discretionary 13.5% service charge is added to your bill. Ask us for details on how we can alter dishes to suit GF and Plant Based diets.

SCRUMPTIOUS EXTRAS TO ZHUZH UP YOUR DISH

"Zhuzh" is a Yiddish word that means to add that extra something to enhance its beauty, add soul or make it full of life. We love to use this word to help tailor your dishes and make them your own!

See our suggestions under each dish for our favourite ways to elevate your choice. You can zhuzh up for taste, or zhuzh up for added nutrition!

SEASONAL, LOCAL, JOYFUL FOOD. FROM SCRATCH.

LUNCH FROM MIDDAY...

THE BARN'S HOUSEMADE SEASONAL SOUP

£10.50

A steaming bowl of hearty & nutritious seasonal soup, served with sourdough toast

ZHUZH UP YOUR SOUP

+half a toastie	£7	+half a rarebit	£8
+rosemary salted fries	£5	+dressed green salad	£5

ISRAELI SHAKSHUKA

£16.50

Two organic eggs baked in spiced tomato & roasted red pepper sauce topped with feta, fresh coriander & black sesame, made Israeli style (no onion!), served with your choice of toasted sourdough or Middle Eastern flatbread

ZHUZH UP YOUR SHAKSHUKA

+roasted chorizo	£4	+a drizzle of harissa	£2
+wild venison sausages	£5	+griddled halloumi	£3.50
+seasonal baked greens	£3.50	+organic pulses for fibre!	£3.50

SMASHED AVO, BEETS & FETA

£16.50

Creamy smashed avo on toasted sourdough with pickled beetroot, feta cheese, a sprinkle of pistachios & balsamic glaze

ZHUZH UP YOUR AVO

+organic bacon	£5	+seasonal baked greens	£3.50
+roasted chorizo	£4	+organic pulses for fibre!	£3.50
+a drizzle of harissa	£2	+pink pickled onions	£2.50
+roasted mushrooms	£4	+seasonal tomatoes	£3.50
+rosemary salted fries	£5		

CHEDDAR & PICKLED LEEK SOURDOUGH TOASTIE

£13.50

NEW A melting blend of British Cheddar cheese with watercress zhoug, pickled leeks & pink pickled onions. Served with salad leaves & our housemade onion chutney

ZHUZH UP YOUR TOASTIE

+organic bacon	£5	+smashed avocado	£4
+gourmet salted crisps	£4	+dressed green salad	£5
+a mug of soup	£5.50	+roasted mushrooms	£4
+rosemary salted fries	£5		

WELSH RAREBIT

£16

Made with British Cheddar cheese & locally brewed regenerative ale. Served with salad leaves & our housemade onion chutney

ZHUZH UP YOUR WELSH RAREBIT

+organic bacon	£5	+roasted mushrooms	£4
+roasted chorizo	£4	+wild venison sausages	£5
+chilli jam	£2	+organic pulses for fibre!	£3.50
+mug of soup	£5.50	+seasonal baked greens	£3.50
+rosemary salted fries	£5	+seasonal tomatoes	£3.50

ORGANIC CHICKEN & TABBOULEH SALAD BOWL

£19.50

NEW Roasted organic chicken tossed with tabbouleh-style grains, roasted & pickled courgette, shaved fennel & charred corn, dressed with a vibrant Nutbourne tomato vinaigrette

ZHUZH UP YOUR SALAD

+roasted chorizo	£4	+griddled halloumi	£3.50
+smashed avocado	£4	+rosemary salted fries	£5
+seasonal baked greens	£3.50	+organic pulses for fibre!	£3.50

ROASTED AUBERGINE SHAWARMA

£16.50

NEW Roasted marinated aubergine, on a Middle Eastern flatbread with whipped tahini harissa yoghurt, with shaved fennel, pomegranate, confit Nutbourne tomatoes & zhoug sauce

ZHUZH UP YOUR SHAWARMA

+a dressed green salad	£5	+organic pulses for fibre!	£3.50
+organic chicken	£5	+a drizzle of harissa	£2
+smashed avocado	£4	+griddled halloumi	£3.50
+wild venison sausages	£5	+seasonal baked greens	£3.50
+rosemary salted fries	£5	+roasted chorizo	£4

LOCAL WILD VENISON & APRICOT TAGINE

£18

Rich, yet sweet South Downs wild venison & apricot tagine, topped with pink pickled onions, served with quinoa, lentils & dried barberries

ZHUZH UP YOUR TAGINE

+toasted sourdough	£2	+organic pulses for fibre!	£3.50
+rosemary salted fries	£5	+seasonal baked greens	£3.50
+dressed green salad	£5		

BURGERS

LOCAL WILD VENISON ARGENTINE STYLE BURGER

£17

NEW South Downs wild venison smash burger, smothered in melted Cheddar cheese, with pink pickled onions & a dollop of chimichurri, served in a brioche bun with a side salad & gherkins

ORGANIC CHICKEN SCHNITZEL BURGER

£18

NEW Organic chicken breast in crispy panko breadcrumbs topped with a chunky housemade tomato salsa verde in a brioche bun, with a side salad & gherkins

ZHUZH UP YOUR BURGER

+organic bacon	£5	+rosemary salted fries	£5
+griddled halloumi	£3.50	+dressed green salad	£5
+seasonal baked greens	£3.50	+gourmet salted crisps	£4
+smashed avocado	£4		

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