



Kensington

SEASONS



MENU



We are all Sons of the Sea

Always fresh. When you come in to choose your fresh fish you have the finest selection possible and the highest quality available.

Great taste. Most of the fish comes straight from the Mediterranean Sea, so that you have the best taste and maximum pleasure.

Local sourcing. To support our local community we also handpick the most delicious and high quality fish from the British coast.

Enjoy our sharing concept of getting everything to your table as soon as it is ready!

SEASONS



DIVE INTO OUR WINTER MENU



RAW FISH BAR

Oysters 3 | 6 | 12 (MO, SD)

Served with vinegar and shallot reduction

£ 3.5
each

Raw Fish Platter (F, CR, SD, MO)

Our fish selection, sliced in Sashimi Style

£ 33

Salmon Tartare (F)

Diced salmon seasoned with salt, oil, black pepper

£ 12

Prawn Tartare (CR)

Raw Sicilian prawns diced, salt, extra virgin olive oil, black pepper

£ 25

Tuna Tartare (F)

Diced bluefin tuna tartare, salt, black pepper

£ 26



STARTERS & SALADS

Bread and Tapenade 🌿 (G) £ 2.5
or balsamic & oil

Winter Salad 🌿 (N, D) £ 11
Red cabbage, pine nut, feta, baby spinach,
lemon dressing

Burrata 🌿 (D) £ 13
Heirloom tomatoes, beetroot, burrata cheese, basil
dressing

Mix Olives 🌿 £ 3.5
XL Greek Olives marinated with chilli, garlic and parsley

Seafood Arancini (G, E, MO, F, CR) £ 6
Deep-fried arborio arancini balls with seafood

Warm Seafood Salad (CR, MO, F, SD) £ 16
Soft boiled mix seafood, seasoned with lemon dressing

Truffle & Celeriac Salad 🌿 (CE, E) £ 14
Frisee salad, radicchio, celeriac, fresh truffle, soft
boiled eggs, truffle dressing

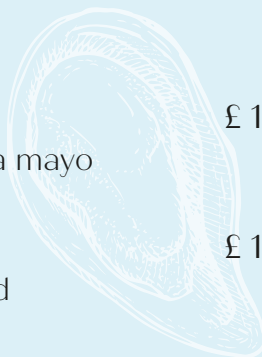
Seasonal Soup 🌿 £ 11
Please ask our staff for soup of the day

Crunchy Prawns (CR, G, MO, E) £ 19
White prawns deep-fried in panko tempura,
served with aioli and cajun mayo

Calamari Fritti (MO, G, E, D, CE) £ 16
Deep-fried fresh calamari, served with harissa mayo

Mussels with Pepper (MO, G, SD) £ 12
Soft boil Mussels stew with lemon and cracked
black pepper

Baby Octopus “Affogato” (MO, SD, G) £ 15
Slowly cooked baby octopus in capers, olives and
tomatoes sauce, served with bread crouton





MAIN COURSES



Mushroom Fettuccine (G, E, D)

£ 9

Egg fettuccine with a creamy mushroom sauce
add fresh truffle £ 6

Spaghetti al Pomodoro (G)

£ 12

Spaghetti pasta with fresh cherry tomatoes,
garlic and fresh basil

Linguine Lobster (G, SD, CR)

£ 24.5

Linguine pasta, with half lobster and tomato sauce

Seafood Risotto (CR, MO, F, D)

£ 18

Risotto with mixed seafood and tomato sauce

Gratin (D, G, MO, CR)

£ 26

Scallops, langoustines, white prawns, mussels,
and calamari in our aromatic breadcrumb mix,
cooked au gratin

Artichokes & Octopus (MO, CE)

£ 23

Maroccan octopus slowly roasted, served with braised
artichokes

Fish En Papillote (F, MO)

£ 24

Baked filet of seabass cooked in parchment paper
wrapped with cherry tomatoes, mussels, clams, parsley

Taghazout (F, CE, SD)

£ 25

Grilled fresh seabass (600gr) filets marinated in
taghazout spice



FISH MARKET



Please ask our staff for the fish display.
We will be happy to provide information and
suggest different cooking options.

POA

Dish of the Day

please ask your waiter



Vegetarian (G, D) £ 14

Tomato bread, mozzarella, cherry tomatoes, kalamata olives, grilled aubergine, feta cheese, oregano

Tartufo (G, D) £ 27

Pizza with black truffle, ricotta, mozzarella, mascarpone

Prawns & Burrata £ 22

Fresh tomato, burrata, spinach and raw red prawns
Add Oyster £ 39

BURGERS

Green Burger £ 14

Sweet potatoes patty, bbq, fresh tomato, lettuce, red onion braised, spinach bun

Tuna Burger (G, E, D, F) £ 16

Tuna burger patty, avocado and tzatziki sauce

SeaSons Prawn Burger (G, E, D, CR, N) £ 16

Brioche bun, burrata cheese, crispy bacon, ground pistachio and prawns

SIDES

Stew Artichokes £ 8

Truffle & Parmesan Fries (D) £ 8

Roasted Potatoes £ 5

Garlic & Chilli Tenderstem Broccoli £ 5





- Vegetarian

MO-Molluscs

E-Eggs

F-Fish

LU-Lupin

S-Soybeans

P-Peanuts

N-Tree Nuts

MU-Mustard

G-Gluten

CE-Celery

SD-Sulphur Dioxide, Sulphites

D-Milk

CR-Crustaceans

SM-Sesame.

This menu contains allergens. If you have any food or drink intolerances or allergies, please let a member of the team know upon placing your order. Cross-contamination might occur due to the restricted space of the environment and the restricted amount of friers. A discretionary service charge of 12.5% will be added to your bill. All our prices include VAT.

SEASONS

