

Steamed Bao Buns Duck/Sesame Tofu - 7.95

Crispy duck: hoisin sauce, pickled cucumber, chilli and coriander Sesame tofu: sriracha mayo, Asian raw slaw, chilli & coriander

Homemade Hummus & Breads - 7.45 V VG GFO

Served with radish, cornichons, pomegranate, pistachio, coriander and chill infused olive oil.

Oven-Baked Spicy Wings - 7.5 ©

Coated in our Szechuan pepper sauce, spring onion, coriander & lime.

Pan-Roasted Halloumi with Harissa - 7.5 (v) (GF)

Saute peppers, onions, chilli, coriander, mint yoghurt and gremolata dressing.

Chorizo Patatas Bravas - 7.25 GF

Served in a rich tomato ragu with parsley and a poached egg.

Pork Belly Bites 7.5 (FO)

Seared with spring onion, pepper, pork crackling and sriracha mayo.

Avocado Bruschetta - 8.5 (v) (GF)

With pico de gallo, feta and rocket. Choice of smoked salmon or bacon.

Grilled Sandwiches

Availabe 12PM - 6PM. All served with fries and house salad

Korean Spiced Beef - 8.5 (FO)

Jalapeno, peppers, cheese and garlic mayo.

The Veggie - 8.50 VG GFO

Homemade falafel, garlic mayo, guacamole, roast peppers and rocket.

Superfood Salad - 8.5 V VG GFO

Quinoa, beetroot, cherry tomatoes, avocado, kale, edamame, pomegranate sweet potato, spring onion, coriander, sunflower seeds and gremolata dressing.

Add: chicken, smoked salmon or duck - 3

Salads

Caesar Salad 8.5/12.5 Sharer V (GFO)

With crouton shards, radish, spiced chicpeas, our own TRM Caesar dressing and parmesan shavings.

Add: chicken & bacon/falafel/smoked salmon

TRM Beef & Bacon - 12.95 🐵

Classic B.L.T - 8.5 (GFO)

Smoked back bacon, lettuce.

tomato and mayo.

Double patty, cheese, fried onions and homemade burger sauce.

Philly Steak - 14.95

Peppers, onions, cheese, cheese sauce and chives.

Burgers & Philly

Spicy Grilled Chicken - 12.50 (40)

Cheese, jalapeno mayo, fried onions, spring onion and coriander.

Moving Mountains - 12.50 (w)
Cheese, raw slaw, fried onions
and garlic mayo.

Make It Hot! - 2

Add Chilli & Spring Onion Omelette

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All burgers served in a toasted sesame seeded brioche bun with lettuce, beef tomato, pickle and seasoned fries.

Upgrade to Triple-Cooked Chips - **2**

Sides

Cauliflower Pil Pil - 4 (V) GF

Triple-Cooked Chips - 4.5 \bigcirc (GF)

House Salad - 3.5 VVG GF

Greens with Chilli & Almonds - 4 V (F) (G)

Slaw - 2.5 (v) (GF)

Seasoned Fries - 4 (v) (GF)

Creamed spinach - 4.5 (V) (GF)

Truffle Mac & Cheese - 4.5 (v)

Seasoned Fries - 4 (V) (GF)

Loaded Roast Potato Bites - 4.5 (GF)

All Items are subject to availability. Dishes may contain nuts or nut derivatives. Fish dishes may contain small bones. Olives may contain stones. All of our food is freshly prepared and cooked to order. If you have allergies, please inform a member of staff who will be able to advise on all the ingredients used. Please note that we may not be able to cater for every combination of dietary restrictions due to the nature of the cuisine we serve. We will not be able to cater for the following allergens; tomato, onion and garlic as these ingredients are key components in many of our dishes.



Large Plates

'Friday Night Feelin' Fish & Chips - 14.75

Battered haddock, minted peas, homemade tartar and curry sauce.

Oven-Baked Salmon Supreme - 14.95 GF

Miso glazed salmon with rice, spinach, avocado, honey, ginger, soy and chill dressing with sesame seeds.

Marinated Grilled Lamb Cutlets - 21.95 @

Served with dauphinoise potato, baby carrots, baby leeks, mint, salsa verde and gravy.

Roasted Marinated Cauliflower - 12.50 (v)(vc)

Coated with smoke paprika, lemon and garlic, spiced giant couscous, tomato, onion, rocket salad and a green tahini sauce.

Spicy Chicken Nasi Goreng - 12.50 GFO

Marinated chicken served with spiced fragrant rice, spring onions, homemade chilli sauce, coriander, lime and topped with a fried egg.

8oz Rump - 16.95 **GF**

80z Rib Eve - 28 GF

Served with slow-roast plum tomato, mushroom, watercress and seasoned fries.

Sauces: Bone Marrow or Peppercorn

Homemade Chicken, Pancetta & Leek Pie - 14.5

Served with seasoned fries, peas and a jug of gravy.

Upgrade to Triple-Cooked Chips -2

Pizza

(Gluten-Free and Vegan Options)

All our pizzas are 12" made with homemade pizza dough. All served with The Rolling Mill San Marzano tomato sauce & Fior di latte mozzarella.

Classic Margherita - 12.25 🔻

The Rolling Mill tomato sauce, cherry tomatoes and basil oil.

The Good Italian - 13.95

Smokey pepperoni, spicy 'Nduja, parmesan shavings and oregano oil.

Pulled Chicken & Chilli - 13.50

Spring onion, chipotle sauce and coriander oil.

The Full English - 13.95

Sausage, ham, bacon, mushroom, egg and chives.

Vegetarian Me - 13.50 (v)

Spinach, mushroom, Gorgonzola, pine nuts, pesto and basil oil.

Prosciutto & Rocket - 13.50

Cherry tomatoes, parmesan and basil oil.

The Gardener's Choice - 13.50 (v)

Aubergine, courgette, artichoke, rocket, sunblush tomatoes, oregano and truffle oil.

Garlic Bread - 6.95 (v)

Garlic and lemon thyme oil.

Add cheese - 3

Create Your Own - 10.50 (1.5 per Topping)

Choose from:

Pepperoni, 'Nduja, sausage, chicken, cherry tomato, ham, spinach, prosciutto, mushroom, chilli, bacon, artichoke, Gorgonzola, aubergine, courgette, sunblush tomatoes, rocket, cheddar, parmesan.

Puddings

The Custard Parlour

All served with lashings of homemade custard.

Chocolate Concrete Cake - 6

Retro school pudding, dusted with icing sugar.

Croissant Bread & Butter Pudding - 7

Layered with white chocolate and cranberries

Cornflake Cake - 6

Shortcrust pastry, cornflakes coated with strawberry jam.

Something Cold

Chocolate & Hazelnut Tart - 7

With Carmelita ice cream.

The '99' - 6

Choose two scoops of Movenpick ice cream, broken wafer cone, flake, syrup, sprinkles and popping candy.

The Cheesecake - 7

With macerated strawberries, granola and vanilla ice cream.

Movenpick Ice Cream & Sorbet Selection - 2.5 Per Scoop

Choose from: Vanilla Dream, Lemon Sorbet, Rum & Raisin, Cappuccino, Swiss Chocolate, Strawberry, Passion Fruit & Mango, Sorbet, Raspberry Sorbet, Caramelita or Mint Chocolate.





The Full English – 9.95 Small / 11.5 Large

Sausage, smoked bacon, beans, plum tomato, hash brown, flat mushroom, eggs any style, sourdough/granary/gluten-free.

Extras: halloumi, smoked salmon, mushroom, smashed avocado, bacon, hash brown, egg or sausage - 1

Vegetarian Me – 9.95 Small / 11.5 Large 👽

Moving Mountain Sausage, avocado, beans, plum tomato, hash brown, flat mushroom, eggs any style, sourdough/granary/gluten-free.

> Extras: halloumi, mushroom, smashed avocado, hash brown, egg or Moving Mountain Sausage - 1

Eggs Any Style on Toast – 5.5 (V) (FO)

Scrambled, poached or fried with sourdough/granary/gluten-free.

Extras: halloumi, bacon, sausage, smoked salmon, mushroom, cheese, smashed avocado, hash brown, egg or Moving Mountain Sausage - 1

Classic Egg & Soldiers – 5.5 🔍

2 soft boiled eggs with buttered soldiers.

Smashed Spiced Avocado on Toast – 7.5 🔍 🕼

Sourdough/granary/gluten-free, 2 poached eggs and gremolata dressing.

Breakfast Muffin – 6.95

Toasted muffin with sausage patty & smoked bacon, fried egg and cheddar cheese.

Bubble & Squeak – 6.95 🚱

Smoked back bacon, fried egg and chives.

Buttermilk Pancakes – 6.95

Fluffy, indulgent pancakes with a choice of bacon and maple syrup. Greek yogurt with berries, or bananas and Swiss chocolate ice cream.

Bacon or Sausage or Moving Mountain Sausage in a Floured Bap – 6.5

Buttered bap with your choice of filling

Extras: Halloumi, bacon, sausage, mushroom, cheese, smashed avocado, hash brown, egg

Fruit & Nut Granola – 6.95 🕔

Chia seeds, Goji berries, Greek yogurt and honey.

Hot Drinks

Espresso - 2.75

Americano - 2.95

Lae - 3.5

Cappuccino - 3.5

Mocha - 3.75

Hot Chocolate - 3.75 Dirty Hot Chocolate - 4.00 Tea - 3 Special Milk: - 0.50 Oat, Soya, Almond, Coconut

Cold Drinks

Orange Juice - 3.95

Tomato Juice - 3.95

Grapefruit - 3.95

Pomegrante - 3.95

Apple - 3.95

Carnberry - 3.95

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