

Zouk Tea Bar & Grill
Unit 5, Chester St, Manchester, M1 5QS
0161 233 1090 | @zoukteabar

ZOUK
tea bar & grill



MANCHESTER'S MOST ECO- FRIENDLY CURRY

ORDER HERE!



MONDAY - FRIDAY
12 NOON - 5PM

MINIMUM ORDER 4 PEOPLE

DAILY TIFFIN MENU

ORDER AT: ZOUKTEABAR.CO.UK/TIFFIN-ORDERING

MINIMUM ORDER FOUR

MONDAY

MEAT

Vegetable Samosa
Butter Chicken
Lamb Karahi
Pilau Rice
Naan

VEGGIE

Vegetable Samosa
Dall Makhani
Palak Aloo
Pilau Rice
Naan

VEGAN

Onion Bhaji
Palak Aloo
Chole Masala
Boiled Rice
Chapati

TUESDAY

MEAT

Chicken Imlee
Chicken Jalfrezi
Lamb Laziz
Pilau Rice
Naan

VEGGIE

Paneer Tikka
Bindi
Tarka Dall
Pilau Rice
Naan

VEGAN

Onion Bhaji
Bindi
Tarka Dall
Boiled Rice
Chapati

WEDNESDAY

MEAT

Vegetable Samosa
Chicken & Spinach
Lamb Karahi
Pilau Rice
Naan

VEGGIE

Vegetable Samosa
Began Masala
Palak Aloo
Pilau Rice
Naan

VEGAN

Onion Bhaji
Milli Juli Sabzi
Palak Aloo
Boiled Rice
Chapati

THURSDAY

MEAT

Chicken Imlee
Chicken Tikka Masala
Lamb Handi
Pilau Rice
Naan

VEGGIE

Paneer Tikka
Palak Paneer
Tarka Dall
Pilau Rice
Naan

VEGAN

Onion Bhaji
Milli Juli Sabzi
Chole Masala
Boiled Rice
Chapati

FRIDAY

MEAT

Vegetable Samosa
Methi Malai Chicken
Lamb Laziz
Pilau Rice
Naan

VEGGIE

Vegetable Samosa
Mutter Paneer
Dall Makhani
Pilau Rice
Naan

VEGAN

Onion Bhaji
Bindi
Chole Masala
Boiled Rice
Chapati



ORDER
HERE!

TIFFIN LUNCHES LIKE HONEY TO THE BEE

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