

# WELCOME TO OUR TABLE

## SERVING IT UP SRI LANKAN STYLE

- DONT** expect a napkin... it's a roll of paper towels
- DO** expect an explosion of flavours in our dishes and island Cocotails
- DO** expect candles in half coconuts
- DONT** expect a massive food bill... do expect to spoil yourself with drinks
- DO** expect veggies, meats and fish (lots)
- DO** expect warm Sri Lankan hospitality
- DONT** expect the volume to stay down too long!



Relax & enjoy our 'Island Vibes', your dishes will come when they're ready.

## HOPPERS

A hopper is a bowl-shaped coconut milk pancake served with coconut sambol, seeni sambol (caramelised onions with a hint of cinnamon) & lunu miris (Sri Lankan salsa) Not for sharing, they're a must-have for first timers!!

- PLAIN HOPPER (VG & GF)** (113kcal) **4**
- EGG HOPPER (V & GF)** (172kcal) **4.5**

## SHORT EATS

Perfect to enjoy with our Island Cocotails.

- LAMB CUTLETS** **4** **CHEESY COLOMBO (V & GF)** **7.5**
- Three crispy balls filled with quality British minced lamb, big island flavours & a pot of tangy pineapple ketchup. (160kcal)
- Colombo-style fried cheese cubes with sticky sauce (a family FAVE that's hit it off UK-side). (721kcal)



<<< Check out allergen details here.



## VEGAN

- KAJU MALUWA (CASHEW NUTS) (VG & GF)** **7**  
Our most creamy dish - Sri Lankan cashews and green peas in a sweet coconut curry. (512kcal)
- PARIPPU (DHAL) (VG & GF)** **4.5**  
A rich and creamy blend of lentils, SL spices and coconut milk, slow-cooked to perfection. A must-try. (332kcal)
- FAT SISTER (VG & GF)** **5**  
Tender pumpkin cooked in coconut cream, curry leaves, pandan leaves & mustard seeds. (136kcal)
- SRI-TATO (VG & GF)** **5**  
Roast potatoes lightly fried & spiced Sri Lankan style. (320kcal)
- CHICKPEAS (VG & GF)** **5**  
Stir fried in coconut oil, onions, garlic, mustard seeds, coconut shavings, curry leaves & crushed chillies. (380kcal)
- HOT BATTERED MUSHROOMS (VG & GF)** **6**  
Polenta-battered button mushrooms mixed with spicy caramelised onions. (226kcal)
- KALE & CABBAGE SAMBOL (VG & GF)** **4**  
A fresh mix of kale & cabbage, lightly sauteed in coconut oil with a pinch of curry leaves. (40kcal)
- 5C'S SAMBOL (VG & GF)** **4**  
A zesty mix of 5C's: carrots, coriander, chilli, coconut & cucumber. (34kcal)
- COCONUT SAMBOL (VG & GF)** **4**  
A fresh coconut relish blended with shallots & spicy green chillies. (244kcal)

## MEATS / FISH

- CHICKEN CURRY ON THE BONE (GF)** **7**  
On the menu by popular demand from friends and family, a typical Sri Lankan curry. (408kcal)
- JAFFNA GOAT CURRY (GF)** **9**  
Slow-cooked goat with potatoes in hearty Jaffna spices. A special recipe, courtesy of Chef's Dad. (425kcal)
- BLACK PORK (GF)** **8**  
Pork belly slow-cooked in roasted TCT spices, a secret FAVE mix courtesy of our 'Granny Gertie'. (794kcal)
- PRAWN CURRY (GF)** **9**  
Succulent tiger prawns mixed with traditional spices & tomatoes, topped with fresh greens. (349kcal)
- DEVILLED CHICKEN WINGS** **7.3**  
Fried chicken wings in a spicy sticky sauce mixed with fresh chillies and banana peppers. (295kcal)
- HOT BUTTER CALAMARI (GF)** **8.5**  
Calamari marinated in garlic & chilli, lightly battered and cooked with a punchy butter sauce... Goes down nicely with an ice-cold LION lager! (349kcal)

All our food is freshly prepared each day. If you have any allergies, please let us know before ordering

V - Vegetarian VG - Vegan GF - Gluten Free 🇸🇷 - Sri Lankan Spicy

**HEADS UP!** Nutritional information is given per portion in calories(kcal). Adults need around 2000kcal per day.

An optional 10% service charge will be added to your bill. This gets shared between the whole TCT team. 🍷🌿

## KOTTHU or FRIED RICE

This fine example of Sri Lankan street food is served all over the country and is made with finely chopped Rotti &/or meat.

- TCT VEGAN KOTTHU (VG)** **8**  
(435kcal)
- CHICKEN KOTTHU** **8**  
May contain bones. (545kcal)
- BEEF BRISKET KOTTHU** **10**  
(535kcal)
- VEGAN FRIED RICE (VG & GF)** **6**  
Wok fried with carrots, onions, green peas & TCT chilli paste. (281kcal)
- PRAWN FRIED RICE (GF)** **10**  
Wok fried with egg, carrots, onions, green peas, prawns & TCT chilli paste. (312kcal)

## SIDES

- PAROTTA ROTTI (VG)** **3.5**  
Sri Lankan flatbreads (240kcal)
- BASMATI PANDAN RICE (VG & GF)** **3.5**  
(77kcal)
- STICKY RICE 'KIRIBATH' (VG & GF)** **4.5**  
(143kcal)

## CONDIMENTS

- SEENI SAMBOL (VG & GF)** **1.5**  
Onions caramelised with a hint of cinnamon. (86kcal)
- BRINJAL MOJU (VG & GF)** **3**  
Proudly pickled aubergine. (140kcal)
- TCT CHILLI PASTE (VG & GF)** **1.5**  
Not for the faint-hearted. (122kcal)

## CAN'T DECIDE?

We'll choose some of our fave dishes along with our legendary Hopper. This is not a set menu, pick a few along with us and let's make your choice rock.

- MEAT + FISH** **25 PP**
- VEG + VEGAN** **20 PP**

## EXPRESS LUNCH

IN AND OUT IN 30 MINS!!

Hopper  
Curry  
Sambol or condiment  
Rotti or Rice  
Soft or hot drink



(MONDAY-FRIDAY 12-4PM) **15 PP**

## SWEETS

- SRI LANKAN CAKE & VANILLA ICE CREAM (V)** **6**  
SL style coconut cake made with cinnamon, ginger, nutmeg, dried fruits, cherries, cashews & coconut treacle. (490kcal)
- MILO CHOCOLATE BISCUIT PUD (V)** **5**  
Hold tight chocolate lovers... layers of SL tea biscuits and light chocolate MILO mousse topped with 70% of the dark stuff. (587kcal)
- SALTED CARAMEL ICE CREAM (V & GF)** **4.5**  
Hand crafted ice cream with caramel sauce and candied cashews. (298kcal)  
Vegan options available.

THIRSTY? TURN OVER FOR DRINKS.



# COCOTAILS



We've combined some of the finest ingredients to create a delectable menu of Island Cocotails, inspired by the flavours of Sri Lanka. There's something for everyone: premium spirits, iconic sharing party pieces to low sugar, low & no alcohol. Check out the menu below...



We like nothing more than customers sharing their TCT moments - just remember to share the love by tagging @TheCoconutTreeUK and #lovesharelankan



## TCT FAVES: 10 OR ANY TWO FOR 18

### NOW OR NEVER NEGRONI

Sri Lankan botanical Gin, Suze gentian root liqueur & Belsazar White Vermouth. Island botanical flavours in combo with a sour smacking lolly.



AWARD WINNING!

### THE DRUNKEN SRI LANKAN

A fiery mix of Sri Lankan whisky made from coconut flower sap, with native flavours turmeric & lime, topped with ginger beer.



### RASPBANGIN MARTINI

Absolut Vanilla Vodka with hints of maple syrup, mint, gentian & nettle. Fresh crushed raspberries & a squeeze of lemon.



### HIT ME UP MEZCAL

A tantalizing blend of Mezcal, Cointreau, Coconut Treacle and coriander. Served with Sri Lankan Achcharu garnish, its sweet and smoky flavours are guaranteed to tickle your taste buds.



### TCT SMOKED OLD FASHIONED

A twist on the prohibition classic: Ceylon Arrack, Bulleit Bourbon and Chocolate Bitters infused with smoke & served with a giant coconut ice ball. A wicked kick with a soft landing!



### YAKA

Not for the faint-hearted but easy on the head: pure hand crafted double shots of El Rayo tequila - a smooth sweet flavour, squeeze of lemon, tear of mint & drop of honey.



## 7 OR TWO OF THE SAME FOR 12

### ST. COLOMBO

A refreshing mix of Gin & Elderflower, topped with lemonade and soda.



### BEACH BOY

Coconut Rum & Pineapple flavours exuding warm sunset vibes - a Sri Lankan East Coast surfers FAVE!



### RIO RUMBLE

A refreshing, tropical mix of Rio, White Rum and passion fruit liqueur.



## 8 OR TWO OF THE SAME FOR 14

### SRIKI-TIKI

A perfect blend of island flavours: golden & coconut rum, pineapple, guava, lime and a cheeky hint of raspberry.



### SRI-PRESSO MARTINI

An Asian inspired twist on this espresso-based classic. With premium vodka shaken with 77 Black, a cold brew coffee and vanilla artisan liqueur, with cardamom infused sugar.



### MOJITOS

TCT style refreshing Mojito made with white rum. Choose your flavour: Raspberry or Passion Fruit.



## TCT SHARING COCOTAILS



### WILD BLING TING (4 SHARING)

48

Only for those seeking good times 😊. A giant elephant full of bangin spirits bursting with island tropical flavours, served with a bottle of the best sparkling bubbles. Keep topped up!



### CLASSIC PINA COLADA (2 SHARING)

15

A tropical blend of Captain Morgan's Gold Rum, rich coconut cream & fresh pineapple juice.



## WHITE WINE

125ml / BOTTLE

TREBBIANO, ITA	3.9 / 19.5
SAUVIGNON BLANC, CHI	4.2 / 20
CHENIN BLANC, SA	22
PINOT GRIGIO, ITA	26
SAUVIGNON BLANC, NZ	28.5

## RED WINE

125ml / BOTTLE

SANGIOVESE, ITA	3.9 / 19.5
MERLOT, CHI	4.2 / 20
TOOMA RIVER SHIRAZ, AUS	22
MELODIAS MALBEC, ARG	25
RIOJA, SPN	28.5

## ROSE WINE

125ml / BOTTLE

NV SANGIOVESE ROSATO, ITA	4.2 / 19.5
COTES DE PROVENCE ROSE, FRA	28

## SPARKLING WINE

125ml / BOTTLE

PROSECCO ROSE	24
PROSECCO	4.5 / 24

## DRAUGHT, BOTTLES & CANS

PREMIUM LAGER	6
LAGER	5
CIDER	5
IPA	6.5
LION LAGER 330ml / 4x330ml	5 / 16
0% BEER 330ml (56kcal)	5

## MOCOTAILS (TWO OF THE SAME FOR 8)

FALLEN PORN STAR (121kcal)	6
VIRGIN MOJITO RASPBERRY / PASSION FRUIT (121kcal)	5
PINA COLADA ZERO (163kcal)	5
MINT RASPBERRY / PASSION FRUIT ICE TEA (88kcal/100kcal)	4
LIME SPRITE (90kcal)	3
DIRTY TURMERIC COCONUT LATTE (VG) (60kcal)	3
Coca-Cola zero (60kcal)	3

DON'T KNOW WHAT TO CHOOSE? ASK ABOUT OUR FAVES!



## OUR STORY

Founded by a group of Sri Lankan friends & cousins, The Coconut Tree is more than just a bar and restaurant - we're a family! A family with a vision of sharing our Sri Lankan heritage and cuisine with communities far and wide.

Spotting an opportunity to transform a tired old ale house into a little slice of Sri Lanka, The Coconut Tree in Cheltenham opened its doors in 2016. Restaurants in Bristol, Oxford, Cardiff, Bournemouth, Bath, Reading and Birmingham soon followed.

The passion to share our exciting menu of uniquely Sri Lankan flavours is as strong as ever. So is showing our unrivalled hospitality, serving shareable small plates in a relaxed setting surrounded by great people with good tunes and drinks. For that real 'Island Vibes' experience!

Customers, communities and everyone who works for The Coconut Tree are extended family... and, just like back home, 'everyone's welcome to our table'.