



## PER INIZIARE.. TO START WITH..


IN ITALY, SHARING IS CARING!

We always start our meals by sharing appetisers, whether with family or friends. LA DOC's menu is tailored so you can enjoy the authentic Italian experience, as we do.




### ASSAGGI / SMALL PLATES (IDEAL TO SHARE) £6.75

- FUNGHETTI TRIFOLATI**   Mixed selection of wild mushrooms with garlic & white wine - Allergens (14)
- PARMIGIANA DI MELANZANE**  Baked aubergines with parmesan cheese, tomato sauce, basil and mozzarella - Allergens (7)
- POLPETTE DELLA NONNA** 100% Beef 3 meatballs in tomato sauce topped with Grana Padano cheese - Allergens (2, 4, 7)
- BRUSCHETTA**  Tosted rustic bread from Altamura brushed with fresh garlic, cherry tomato, oregano and basil - Allergens (2)
- GAMBERI IN PADELLA**  Pan fried prawns cooked in garlic & extra-virgin olive oil with a finish of lemon Juice - Allergens (3, 14)
- OLIVE ASCOLANE** From Le Marche region, made using large green olives stuffed with meat, coated with breadcrumbs, and deep fried, served with a truffle mayo - Allergens (2, 7)
- FONDUTA CON BASTONCINI DI POLENTA**  Fondue of Fontina & Dolcelatte cheeses served with fried polenta and rosemary chips - Allergens (7)
- IMPEPATA DI COZZE**  Steamed mussels with lemon, garlic, cherry tomato & white wine - Allergens (8, 14)
- ARROSTICINI** Grilled traditional lamb skewers from Abruzzo region served with mint sauce - Allergens (8, 14)
- FOCACCIA GENOVESE**  Three pieces of Focaccia Genovese bread with sea salt crystals and rosemary- Allergens (2, 4, 7)



### ROSTICCERIA / ITALIAN STREET FOOD

- CUOPPO NAPOLETANO** Deep fried fresh squid, prawns and sea bass chunks - Allergens (2, 7) **£12,50**
- ARANCINO SICILIANO** Traditional Sicilian coated crispy rice ball filled with ham & cheese - Allergens (2, 4, 7, 10) **£10,50**
- PANZEROTTO BARESE**  Deep fried mini calzone filled with tomato sauce and mozzarella cheese - Allergens (2, 7) **£9,50**

### TAGLIERE / SHARING PLATTER - MINIMUM 2 PERSONS

- SALUMI E FORMAGGI**  A selection of Italian cured meats, marinated vegetables and selection of Italian cheeses served with basket of bread. - Allergens (2, 7, 9, 14) **£10,50 PER PERSON**
- TAGLIERE DI VERDURE**   A selection of fresh grilled vegetables (aubergines, courgette and mix peppers), marinated vegetables and selection of Italian cheeses, served with Taralli and Carasau bread. - Allergens (2, 14) **£9,50 PER PERSON**

### INSALATE / SALADS

- CAPRESE (TRICOLORE)**   San Marzano DOP tomato, buffalo mozzarella & a reduction of basil, extra-virgin olive oil - Allergens (14) **£10,50**

A Discretionary service charge of 12.5% will be added to your final bill.



**EAT IT THE ITALIAN  
WAY, HAVE THE  
SCARPETTA!**

Our homemade fresh pasta is served with a slice of rustic bread, following the Italian tradition of "scarpetta". The simple pleasure allows you to savour the best of the sauce by using the bread to soak up every delicious drop.



**PRIMI PIATTI  
FRESH HOME-MADE PASTA**

<b>SPAGHETTI AGLIO E OLIO</b> ✓	£11,50
Pan fried garlic, extra virgin olive oil & fresh chilli Allergens (2)	
<b>SPAGHETTI ALLA CARBONARA</b>	£15,50
Guanciale, egg yolk & pecorino cheese Allergens (2, 4, 7)	
<b>TAGLIATELLE ALLA BOLOGNESE</b>	£15,50
100% mince beef sauce cooked with a soffritto of carrots, celery, and onions Allergens (2, 7, 14)	
<b>BUCATINI ALLA MATRICIANA</b>	£15,50
A roman version of Amatriciana with guanciale and red onion in a rich tomato sauce. Allergens (2, 7)	
<b>PENNE ALL'ARRABBIATA</b> ✓	£13,50
Piccante tomato sauce enlivened with garlic and red hot chili peppers Allergens (2)	
<b>MACCHERONI ALLA NORMA</b> ✓	£14,50
A popular Sicilian dish with fried Aubergine cubes, tomato and basil sauce topped with traditional Sicilian dried ricotta grated cheese. Allergens (2, 7)	
<b>TAGLIOLINI ALLE VONGOLE</b>	£19,50
Similar linguine pasta cooked with fresh clams, garlic, chilli, parsley, olive oil and white wine. Allergens (2, 3, 5, 14)	
<b>PACCHERI AI FRUTTI DI MARE</b>	£18,50
Fresh mixed sea food (Mussels, clams, squid and prawns) in cherry tomato & white wine sauce Allergens (2, 3, 5, 8, 14)	
<b>GNOCCHI GORGONZOLA, NOCI &amp; RADICCHIO</b> ✓	£15,50
Traditional dish from Lombardy of soft potato dumplings in a savoury gorgonzola cheese, radicchio salad and hazelnut sauce. Allergens (2, 7)	
<b>RISOTTO AI FUNGHI PORCINI E GRAPPA</b> ✓ 	£16,50
Arborio rice with porcini mushrooms, olive oil, butter, shallots, grappa & white wine, meat stock, grated Grana Padano cheese Allergens (14, 7)	
<b>LASAGNE ALL'EMILIANA</b>	£16,50
Sheets of oven baked flat pasta made with Grana Padano cheese, bechamel sauce and 100% mince beef cooked in a tomato sauce Allergens (2, 7, 14)	

**WARNING**  
Cheese on the fish?  
The chef might  
call the police!



**WE HAVE AVAILABLE: SPAGHETTI, LINGUINE, AND PENNE GLUTEN FREE**

Please let us know of any allergy you may suffer from as not all ingredients are mentioned. Grazie!  
A Discretionary service charge of 12.5% will be added to your final bill.



## PINSA (ROMAN PIZZA)

### PINSA IS EASILY AND NATURALLY DIGESTIBLE

The dough of Roman pinsa is made from a combination of soy rice and wheat flour which makes it a much lighter alternative to traditional pizza. It's fermented for up to 72 hours and baked at lower temperature. The dough is highly hydrated as it contains up to 80% water.



<b>MARGHERITA</b> ✓ Tomato, mozzarella & basil Allergens (2, 7)	£10,00
<b>QUATTRO FORMAGGI</b> ✓ Mozzarella, gorgonzola, taleggio & smoked scamorza cheese Allergens (2, 7)	£14.00
<b>PROSCIUTTO E FUNGHI</b> Tomato, mozzarella, ham & mushroom Allergens (2, 7, 14)	£13.00
<b>DIAVOLA</b> Tomato, mozzarella, spicy ventricina salami and chilli flakes Allergens (2, 7)	£13.50
<b>VEGETARIANA</b> ✓✓ Tomato, mozzarella, aubergines, courgettes, mixed peppers & red onion Allergens (2)	£13.50
<b>QUATTRO STAGIONI</b> Tomato, mozzarella, ham, mushrooms, artichokes & taggiasca olives Allergens (2, 7, 14)	£14.00
<b>BUFALINA</b> ✓ Tomato, buffalo's mozzarella cheese topped with basil flavoured extra-virgin oil - Allergens (2, 7)	£15.00
<b>NAPOLETANA</b> Tomato, mozzarella, anchovies, capers & taggiasca olives Allergens (2, 5, 7)	£13.50
<b>CAPRICCIOSA</b> Tomato, mozzarella, ham, mushrooms, artichokes, taggiasca olives & fried egg - Allergens (2, 7)	£15.00

## EXTRA TOPPING

EGG, RED ONIONS, CAPERS, OLIVES	£1.00
ARTICHOKES, AUBERGINES, COURGETTES, MIXED PEPPERS, MUSHROOMS, ROCKET, CHERRY TOMATOES	£1.50
PARMESAN SHAVINGS, GOAT CHEESE, GORGONZOLA	£2.00
PARMA HAM, NDUJA, SPICY SALAME, COOKED HAM, ITALIAN SAUSAGE	£3.00



### GLUTEN FREE PINSA BASE ARE AVAILABLE

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## SECONDI PIATTI SECOND COURSE

### CARNE (MEAT)

#### SALTIMBOCCA ALLA ROMANA

£22.50

Pan fried slices of veal cutlets topped with Prosciutto Crudo di Parma (aged 18 Months) cooked in butter, sage and white wine served with sauteed spinach - Allergens (2, 7)

#### FEGATO ALLA VENEZIANA

£23.50

Slices of pan-fried calf liver in a rich red wine, onion and butter sauce. Served with mashed potato (2, 7)

#### TAGLIATA DI MANZO

£25.50

Chargrilled rib eye steak (250 gr) served with rocket salad, Grana Padano shavings & roasted new potatoes - Allergens (2, 7, 14)

#### POLLO ALLA CACCIATORA

£18.50

Pan fried chicken thighs, slow cooked in a tomato sauce and wild herbs served with potato purée - Allergens (2, 7, 14)

### PESCE (FISH)

#### FRITTURA MISTA

£22.50

Deep fried squid, prawns, whitebait, sea bass & courgette - Allergens (2, 3, 4, 5, 7)

#### ORATA AL CARTOCCIO

£24.50

Wrapped oven baked sea bream served in a butter, white wine, cherry tomato, black olives and caper sauce - Allergens (5, 14)

#### GUAZZETTO DI PESCE

£23.50

Mix of mussels, clams, prawns, squid and sea bass in a cherry tomato and garlic sauce, served with toasted bread - Allergens (2, 3, 5, 8)

### VEGETARIANO (VEGETARIAN)

#### PARMIGIANA DI MELENZANA

£15.50

Oven-baked Aubergines with Grana Padano grated cheese, tomato sauce & mozzarella - Allergens (2, 7)

### CONTORNI (SIDES) - ANY £6.00

#### SIDE SALADS

##### INSALATA MISTA

Seasoned mixed salad (Frisée, radicchio, cherry tomatoes and carrots)

##### RUCOLA & GRANA PADANO

Wild rocket & Grana Padano cheese shavings - Allergens (7)

##### POMODORO & CIPOLLA

San Marzano tomatoes and Tropea onion

#### SIDE VEGETABLES

##### VERDURE ARROSTO

Roasted vegetables (mix peppers, onions, aubergine and courgette)

##### SPINACI SALTATI

sauteed spinach

##### ZUCCHINI FRITTI

Fried courgette sticks - Allergens (2, 7)

##### PATATE NOVELLE ARROSTO

roasted baby potatoes - Allergens (7)