

Embark on a culinary journey with Pravaas, where every bite tells a story and flavours transport you to the heart of India.

At Pravaas, our story is a tapestry woven with the vibrant threads of tradition, passion, and the flavours of India. Our journey began as a dream to bring the rich tapestry of Indian cuisine to London.

Pravaas's culinary concept is to provide a journey through dishes inspired by Chef Patron Shilpa Dandekar. Her unyielding passion for the culinary arts and her insatiable desire to explore various kitchen styles have fuelled her quest for diverse culinary knowledge, allowing her to create some exceptional dishes in the menu.

The culinary odyssey evolves into Pravaas, a destination shaped by years of expertise. Remaining steadfast to the essence of authentic fine Indian cuisine, Shilpa and her team extend a warm invitation for you to embark on a new culinary venture, where the flavours resonate with the very heart of India.



# **MENU**

# **PRE-STARTER**

Papad, Tomato & Mango Chutney G, MUS assortments of papadums, garlic tomato chutney and tempered mango chutney	4.5
Add Chutney Pot D, MUS mint sauce, chopped onion, pickle	1.5
Taste Of Mumbai D, G dahi sev puri (wheat puffs filled up with sweet and tangy chutneys and sweet yoghurt), pani poori, colcannon ragda pattice (colcannon pattice, topped with chickpeas and chutneys)	8
<b>Mini Naan G, D</b> Brown garlic, chilli and coriander butter	4



# **STARTERS**

Patra Chaat D, SES colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev	13
Smoked Beetroot Tikki D, G, N, MUS grilled ash coated goats' cheese and walnut balsamic dressing	13
Lamb Galouti Kebab G, N, D melt in mouth pan fried finely minced smoked lamb kebab marinated in saffron special blend of spices, brown onion, cashew paste, cranberry chutney served on layered flaky bread	15
Chicken Kathi Roll G, D, E regenerated traditional kathi roll from calcutta, savory chicken tikka short crust pastry, onion peppers, garlic and coriander chutney and balsamic glazed onions	14
Seared Scallops F, M, N, D pan seared scallops marinated in green chilli, coriander and malt vinegar, kaffir lime & coconut sauce, mixed roasted peppers, pine nuts salsa	17
Tamarind Chilli Squid F, G, MUS, E Crispy fried fresh squid, tossed in chilli garlic, tamarind scallions and smoked paprika sauce	15



# FROM TANDOOR - CLAY OVEN

Kalimirch & Pudina Paneer Tikka D, N cottage cheese marinated in cashew, mint and crushed black pepper stuffed with dry fruits chutney accompanied by red onion and red currant marmalade	14
Portobello & pink oyster Mushrooms D cheddar, cream cheese, apricots, green chilli stuffed tandoori portobello mushrooms served on the bed of pink oyster mushroom tossed in butter, coriander, garlic and tomatoes	15
<b>Wasabi Chicken Tikka D, M</b> chicken thigh marinated in fresh wasabi, cheese, cream, fenugreek leaves, cardamom	16
Chicken Chops D, N, MUS boneless chicken legs marinated in fried almond and onion paste, dried rose petals	18
Tandoori Chicken* D, N, MUS black pepper, cheese, cashew and lemon marinated chicken with spicy coleslaw and watercress salad	22
Seekh Kebab D fine minced lamb flavoured with aromatic spices, finely chopped onion and fresh coriander	15
Tandoori Lobster C, D, MUS  05oz tail of tandoori lobster, mango, avocado and pickled ginger salad, curry leaves and mustard dressing in coconut, lime beurre blanc	28
Garlic, Capers & Beurre Noire Tandoori Prawns D, C, MUS (3pc) jumbo prawns marinated in kashmiri chilli paste, lemon juice kasoondi mustard	24

<sup>\*</sup> DENOTES SPICY DISH. ALLERGENS G-GLUTEN, N-NUTS, D-DAIRY, E-EGGS, C-CRUSTACEAN, M-MOLLUSCAN L-LUPIN, S-SULPHITES, CEL-CELERY, F-FISH, SES-SESAME, MUS-MUSTARD, P-PEANUTS, SOY-SOY



# **MAIN COURSE**

# GAME

pan fried duck tossed with blend of southern roasted spices served with baby potatoes, baby carrots, celery	26
<b>Guinea fowl stew D, MUS</b> guinea fowl gently braised in mild coconut sauce and spring vegetables(baby leeks, green peas, green beans)	25
CHICKEN	
Mangalorean Chicken MUS breast of chicken cooked with coconut, chilli, curry leaves and tamarind	19
Malvani Chicken* malvan is a scenic town in west coast of maharashtra. a traditional recipe modernised and presented by chef shilpa	19
LAMB	
Lamb Rogan Josh D, MUS slow cooked quarter rack of lamb in yoghurt, chilli, saffron sauce and potato dauphinoise Indian style	24
Slow cooked Lamb shank D, N rich creamy cashewnut and yoghurt sauce with a special blend of spices	27
Lamb Sukke* maharashtrian style lamb preparation cooked in spice blend of cloves and chilli	22

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# **SEAFOOD**

Prawn Balchao* C, MUS prawns cooked in blend of spices dry chilli, cinnamon, black peppers, cloves and vinegar	22
Monk Fish Curry F, MUS chef Shilpa's home recipe of fish curry	24
Halibut and mixed seafood green curry C,F, M Shrimps, squid, mussels cooked in coriander, chilli and coconut with samphire pakora	25
CLASSICS - ALL TIME FAVOURITES	
Prawn Biryani D, C traditional rice dish cooked with prawn and fragrant spices	28
Chicken Biryani D traditional rice dish cooked with chicken and aromatic spices	23
Butter Chicken D tandoori chicken breast in rich creamy butter and tomato sauce	18
Chicken Tikka Masala D chicken tikka cooked with onion tomato masala	18



## **VEGETARIAN** - sides

Lasooni Palak D creamy spinach with brown garlic and dry fenugreek leaves	11
Bhindi Anardana bhindi masala given a twist with dry and fresh pomegranate	11
Baby Aubergine Masala SES baby aubergine in sesame seeds, tamarind onion tomato masala	11
Asparagus & Pine Nut Porial MUS, N mustard, curry leaves tempered asparagus and pine nut with coconut	11
Paneer, Baby Corn & Coloured Peppers D dry preparation of diced paneer and coloured peppers	11
Roasted Potato MUS, N Parisienne potato tempered with panchpuran (five seeds), chilli & dry mango powder	11
<b>Dal Tadka</b> yellow lentils tempered with tomatoes, cumin and mustard seeds, curry leaves and garlic	11
<b>Dal Makhani D</b> traditional preparation of black lentils slow cooked overnight, mildly spiced	11
ACCOMPANIMENTS & BREADS	
Saffron Pulao	4.5
Steamed Rice	4
Butter Naan G D	4
Garlic Naan G D	4
Peshawari Naan G D N	5
coconut, cashewnut and cream  Kheema Naan G D	5
minced lamb stuffed bread	5
Cheese Naan G D	5
Tandoori Roti G	4
Laccha Paratha G D	5
Ragi Bhakri red millet steamed dough bread (gluten free)	5
Pomegranate Raita D	4.5
Yoghurt D	3.5

All Prices are inclusive of 20% VAT.

A discretionary 12.5% service charge will be added to the bill.

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Please note that we do handle allergenic ingredients throughout our kitchens. While we strive to provide a safe dining experience for all our guests, we cannot guarantee that any of our dishes are completely allergen-free.

## NON-VEG TASTING MENU BY CHEF SHILPA DANDEKAR

#### £72.00 PER PERSON | WINE FLIGHT £59.00

#### Pani Puri Shots G



#### Glera NV (Italy)

Domus-Picta Valdobbiadene Superiore Prosecco Brut

#### Seared Scallops F, M, D, N

pan seared scallops marinated in green chilli, coriander & malt vinegar, kaffir lime & coconut sauce, mixed roasted peppers, pine nuts salsa

#### Wasabi Chicken Tikka D, MUS

chicken thigh marinated in fresh wasabi, cheese, cream, fenugreek leaves, cardamom



#### Riesling 2021 (France)

Cave de Turckheim Reserve Riesling 12.5%

#### Patra Chaat D, SES

colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev



#### Chardonnay 2023 (Australia)

Foundstone Chardonnay Unoaked 13%

#### Halibut & Mixed seafood green curry C, F, M

shrimps, squid, mussels cooked in coriander, chilli and coconut with potato straws



#### Kokum Granita



#### Cabernet Sauv Shiraz, 2022 (India)

VA Reserve Collection Grovers 14%

#### Lamb Sukke\*

Asparagus & Pine Nut Mus, N | Dal Makhani D | Naan G, D



#### Sauternes 2022 (France)

Chateau delmond

#### Shahi Tukra D. E. G. N

crispy brioche bread, reduced saffron milk, stewed apple and rose and pistachio whipped cream



## Tea/Coffee & Petit Fours

Please inform our staff of any allergens or special dietary requirements prior to ordering.

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# VEG TASTING MENU BY CHEF SHILPA DANDEKAR

#### £72.00 PER PERSON | WINE FLIGHT £59.00

#### Pani Puri Shots G



#### Glera NV (Italy)

Domus-Picta Valdobbiadene Superiore Prosecco Brut

#### Smoked Beetroot Tikki D, G, N, MUS

grilled ash coated goats' cheese and walnut balsamic dressing

#### Kalimirch and Pudina Paneer Tikka D

cottage cheese marinated in cashew, mint and crushed black pepper stuffed with dry fruits chutney accompanied by red onion and red currant marmalade



#### Riesling 2021 (France)

Cave de Turckheim Reserve Riesling 12.5%

#### Patra Chaat D, SES

colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev



#### Chardonnay 2023 (Australia)

Foundstone Chardonnay Unoaked 13%

#### Veg Biryani D

Assortment of vegetables and cottage cheese cooked along with saffron rice served with pickle, papad & raita



#### **Kokum Granita**



#### Pinot Noir 2022 (Chile)

Novas Gran Reserva Organic Pinot Noir 13%

#### **Baby Aubergine Masala SES**

Asparagus & Pine Nut Mus, N | Dal Makhani D | Butter Naan G, D



#### Sauternes 2022, (France)

Chateau Delmond

#### Shahi Tukra D, E, G, N

crispy brioche bread, reduced saffron milk, stewed apple and rose and pistachio whipped cream



## Tea/Coffee & Petit Fours

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