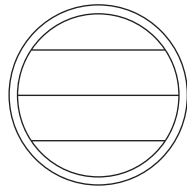


THE HUB
on Verulam

DRINKS MENU



THE HUB
on Verulam

The Hub Doesn't Fit
In A Box

and We're Ok With That

DESSERT MENU

70% Dark Chocolate Mousse

Arbequina olive oil, sea salt & pistachio biscotti 9

Buttermilk Pannacotta (gf) (MC)

Scottish raspberries, white balsamic & pine nut brittle 8

Roasted Peach & Almond Crumble

Vanilla ice cream & lavender honey 9

Grilled Ticklemore Goats Cheese *

Walnuts & truffle honey 10

Lemon Sorbet (gf,ve)

Grey Goose vodka 9

Barista Drinks

Our coffee is locally roasted in Hemel Hempstead by The Natural Coffee Co who only supply organic and fair trade coffee

COFFEE

Espresso	2.5
Americano	3.5
Flat white	4.1
Cappuccino	4.1
Latte	4.1
Chai Latte	4.5
Iced Latte	4.5
Dirty Chai Latte	4.5
Hot Chocolate	3.5
Alternative milk	0.50

TEA BLENDS All 3.7

Classic English Cup
Earl Grey
Sri Lanka Decaf
Green & Peaches
Moroccan Green & Spearmint
Lemongrass & Ginger
Berry Fruits
Chamomile
Fresh Mint

SUPERFOOD LATTES (served hot or cold) All 5

Turmeric anti-inflammatory & lowers cholesterol

Turmeric, Cinnamon, White Pepper, Ginger, Jaggery

Matcha anti-oxidants & energizing

Japanese Vanilla Matcha

MC = Members Choice (50% off)

SPIRITS 50ml

GIN

Hendricks	10
Monkey 47	12
Beefeater Pink Gin	8
Tanqueray Sevilla	10.5
Tanqueray London Dry	10
Tanqueray No. 10	12
58 & Co Apple & Hibiscus	10
58 & Co Navy Strength	12
Malfy Rosa Grapefruit Gin	10
Puddingstone Cask Aged	8
Puddingstone Old Tom	9
Seedlip Grove 42	6

VODKA

Finlandia	8.5
Ciroc	10
Ciroc Apple	10
Grey Goose	9
Belvedere	10.5

RUM

Bacardi Carta Blanca	8
Havana Club 3 Year	9
Brugal Anjeo	9
Goslings Black Seal	8.5
El Dorado 5	10
Kraken Spiced Rum	10
Kraken Roast Coffee	8.5

WHISKEY

Slane Irish Whiskey	8.5
Johnnie Walker	8
Talisker Single Malt	12
The Sexton	8
Woodford Rye	12
Makers Mark 46	14
Suntory Toki	10.5
The Macallan 12 year aged	16

BRANDY

Courvoisier VS	10
Hennessy VS Cognac	12
La Grande Josiane	16
- Orange Armagnac	

APERITIF & LIQUER

Baileys	8
Disaronno Amaretto	8
Campari	8
Aperol	8
Velvet Disaronno	8
Limoncello	6
Sambuca	6
Cachaça	8
Cazcabel Coffee Tequila	6
Patrón Silver Tequila	8
Tequila Rose	6
Jager	6

NIBBLES

Please note we are a cashless site

House Marinated Olives (v) 5

Truffle Mixed Nuts 4

Gildas

nocerella olive, green chilli and anchovy 2.5 (each)

Grilled Sourdough

whipped butter, roasted garlic oil & smoked salt (v) 6

Padron Peppers

with smoked salt & fresh lemon (v) 7

Cobble Lane Cured Fennel Salami

and cornichons 9

Smoked Dingley Dell Ham Hock & Parsley Terrine

house picalilli, grilled sourdough 11

Italian Burrata

early harvest arbequina olive oil 12

House Fishcakes

saffron tartare sauce, pickled cucumber and lemon 10

Ragu Triple Cooked Chips

beef ragu and aged parmesan 13

Triple Cooked Chips

garlic aioli 6

Neals Yard Cheese Selection

sourdough crackers & house chutney 14

Whipped Hummus

smoked paprika and grilled sourdough 9

MC = Members Choice (50% off)

COLD DRINKS

BOOCHAS & SODAS

You & I Ginger Kombucha	6	Rosemary & Grapefruit Tonic	3.6
You & I Barley & Lemon	6	Blood Orange & Elderflower Tonic	3.6
You & I Original Kombucha	6	Soda Water	3.6
Coke / Coke Zero	3.5	Ginger Ale	3.6
Lemonade	3.5	Ginger Beer	3.6
		Sparkling Water 750ml	4.5
		Still Water 750ml	4.5

SMOOTHIES

Breakfast Booster	5
Banana, Apple, Oats, Dates, Cinnamon, Oat Milk (GF)	
Emerald Energizer	5
Apple, Cucumber, Spinach, Spirulina, Coconut Water, Lemon Juice (Ve,GF)	
Immunity Infusion	5
Ginger, Carrot, Mango, Coconut Water, Lime Juice, (Ve,GF)	

ALCOHOL FREE COCKTAILS

All 8

Garden Martini	
Cucumber, Elderflower, Lime Juice, Soda Water.	
Thyme Salty	
Lyre's White Cane, Grapefruit Juice, Lime Juice, Thyme Syrup.	
Wild Botanical	
Lyre's Dry London, Apple Juice, Forest Fruit Syrup, Lemon Juice.	
Aperol Spritz	
Lyre's Italian Orange, Lyre's Classico, Soda Water.	
The Novelist Garden	
Lyre's Dry London, Lemon Juice, Basil, Lavender Syrup, Tonic Water.	
Espresso Martini	
Lyre's White Cane, Lyre's Coffee, Espresso.	
Mango Sorbet	
Lyre's Dry London, Mango Puree, Coconut Cream, Coconut Water, Lemon Juice.	
Ocean Bliss	
Lyre's White Cane, Blue Curacao Syrup, Lemonade.	

BTL 75cl Carafe 500ml Glass 175ml

ROSE

Il Caggio Pinot Grigio Rose, Italy 2022	26	20	6.6
Deliciously delicate and pale pink in colour. Crisp flavours of soft red fruits are complemented by subtle floral aromas.			
Dom. de Pellehaut Rose, France 2022	36	24	9.25
Salmon pink, an expressive nose of raspberry and jammy strawberry leads into a fresh, dry palate and a long finish.			
Ultimate Provence Cotes De Provence, France 2020	59		14.75
The spice notes from the Syrah provides a dry, white pepper characteristic. 1.5L 95			
A touch of Rolle lends notes of winter citrus, spice with a warming finish.			
Studio by Miraval , Cotes de Provence, France 2022	49		
The bouquet shows citrus fruits, white flowers and herbal notes. On the palate, dry and mineral with flavours of grapefruit and a subtle spice.			
		BTL	Glass 75ml
DESSERT WINE & PORT			
Rubis Chocolate Wine, Spain (D) (V) (Ve)	30		8.5
Ru bis is an indulgent blend of fortified Tempranillo & premium chocolate flavours. Perfect for the end of a meal.			
Henry of Pelham Vidal Ice Wine, Canada	50		12
Honeyed tropical fruits of pineapple and mango. This wine is rich and complex with a long finish. Grapes are harvested when frozen completely solid.			
Kopke Port Fine Ruby, Portugal	45		10
A deep ruby colour, with a garnet rim. A classic bouquet, on which the liveliness of young fruit produces a delicate balance.			

BTL Carafe Glass
75cl 500ml 175ml

WHITE WINE

Cal y Canto Verdejo, Spain	26	20	6.60
A medium-bodied, zingy white with fresh and fruity flavours of melon and citrus.			
Dudley's Stone Chenin Blanc, South Africa	29	21	8
Pale straw in colour with sumptuous aromas of melon and peach. Hints of tropical fruits on the palates, with a dry finish.			
Barone Montalto Pinot Grigio, Italy	34	23	8.4
A dry but full-flavoured Pinot Grigio from Sicily, bursting with scents of ripe pears and white stone fruits.			
Extrait de Romarion Viognier, Langeudoc, France	38	27	10
Rich and ripe with plenty of distinctive character - orange blossom and rose aromas with a broad and fleshy palate.			
Ricossa Gavi di Gavi, Italy	41	30	11.2
Lovely expression of the Cortese grape. Citrus-led palate with lemon and lime, bolstered by flavours of almonds and freshly cut grass.			
Southern Lights Sauvignon Blanc, Marlborough - NZ	46	32	11.9
A classic example of the style, full of expressive tropical fruits including passionfruit, lime, kiwi and melon.			
Domaine Delsol Picpoul de Pinet, France	48	35.5	13
Bracing saline minerality leads into a wonderful combination of soft green apples and orchard fruits.			
Domaine Talmard Macon-Uchizy, Burgundy, France 2021	55		
Bright unoaked Chardonnay from the sunny Macon in the region's southern fringes. White nectarine, hazelnut meringue and sweet citrus.			
Domaine Lispaul Pouilly-Fume, Loire, France 2022	65		
Sauvignon Blanc at its very finest, a modern expression with an excellent blend of steely freshness and delicious fruitiness.			

(V) Vegetarian (Ve) Vegan

DRAUGHT BEER / BOTTLES

It's part of our mission to squash the misconception that low and no alcohol options are inferior to their alcoholic counterparts. That's why you'll find great draught and bottled beers across the full spectrum, from 0.5% - 5% ABV.

DRAUGHT

	Schooner 2/3 pint
Peroni 5%	4.5
Forged Irish Stout 4.2%	4.6
Brewboard CzechM8 Pilsner 4.8%	4.8
(MC) Mad Squirrel Hopfest 3.8%	4.8
Raven King IPA 5.5%	5

BOTTLES

Tring Alchemist Lager 4.5%	5
Meantime Pale Ale 4.3%	5
Small Beer Co. Lager 2.1%	5.3
Small Beer Co. IPA 2.3%	5.3
Aspall Cider 5%	5

BOTTLES AF

Nirvana Bavarian Helles Larger 0.3%	5.3
Nirvana Organic Pale Ale 0.5%	5

(V) Vegetarian (Ve) Vegan

WINE LIST

	BTL 75cl	Glass 125ml
SPARKLING WINE		
Contarini Blanc des Blancs Extra Dry NV, Italy (V) (Ve) Fruity, lightly sparkling, fully dry. A delicate palate with hints of pears, white flowers and lemons.	38	8
Contarini Prosecco Rose, Italy (V) (Ve) Delicate and complex bouquet with fruity and floral notes. Fresh and light on the palate with balanced acidity.	38	8
Jaffelin Cremant de Bourgogne, France (V) (Ve) A fantastic estate with eight centuries of history. Deliciously complex Cremant with notes of fruits, flowers and classic toasty brioche flavours.	62	13
Autreau-Roualet Brut Reserve Champagne, France (V) (Ve) A Blanc des Noirs made from Pinot Noir and Pinot Meunier, aged 18 months on lees prior to disgorgement. Nutty, rich and bready with a lively mousse.	75	
Kingscote Sparkling Brut, England 2019 (V) An exceptional expression of an original method English sparkling wine. Mouth-wateringly refreshing and delightfully complex, offering bright, sumptuous flavours of the English kitchen garden, gooseberry, apple and hints of rose. 75% Meunier and 25% Chardonnay.	52	
Pommery Brut Royal Champagne, France (V) (Ve) Elegant and lively Champagne. It has a rounded, rich yet delicate flavour that lingers.	95	
Pommery Apange Blanc de Blancs Champagne, France (V) (Ve) Made from only white grapes, 100% Chardonnay for a light, fresh champagne. Light golden colour with aromas of hay and freshly cut grass.	125	

RED WINE

	BTL 75cl	Carafe 500ml	Glass 175ml
Cal y Canto Tempranillo, Spain Smooth and easy-drinking red bursting with dark fruits, cherries, pepper and earthy spice.	26	20	6.6
Il Caggio Montepulciano d'Abruzzo Doc, Italy Medium to light-bodied with lovely snappy acidity that offers cranberry and raspberry fruits plus a twist of spice.	33	23	8.5
Finca Besaya Rioja Crianza, Spain 2018 (V) (Ve) Aged for 12 months in French and American oak, adding a subtle richness and texture to this Tempranillo-based wine.	36	24.75	9
Miopasso Primitivo, Italy (V) (Ve) Classic Southern Italian wine - figs, dark chocolate, espresso flavours melded with soft tannins and a long, warming finish.	37	25	9.25
Barone Montalto Syrah, Italy A rare grape variety to find in Sicily, but one that punches well above its weight with a dense, rich palate. A real winter warmer of a wine.	39	27	10
Ventisquero Pinot Noir Reserva, Chile (V) (Ve) Complex and elegant Pinot from the Casablanca Valley showcases delicate red fruits, tobacco, and a touch of vanilla from the oak ageing.	43	29.5	11.25
Diomede Nero di Troia, Italy Deep and velvety with layers of flavour showing bittersweet chocolate, plums, coffee and cocoa.	45	31	12
Escaravilles Les Sablieres Cotes du Rhone, 2019 (V) (Org.) Pure, lifted Grenache dominates with its sweet red fruits, alongside 20% of Syrah which adds meatiness and a peppery spice.	51		
Liger Belair, Les Deux Terres Burgundy, France 2019 (V) (Org.) A flagship wine from one of Burgundy's top young winemakers, a truly exceptional expression of Pinot Noir.	65		
Chateau du Barry St-Emilion Grand Cru, Bordeaux 2019 Stunning Merlot from the right bank of Bordeaux, with glossy dark fruits and a perfect balance between tannins and acidity. Long and intense on the finish.	88		