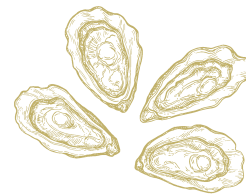


Sample Menu

Flute

RESTAURANT & WINE BAR



Drinks

CHAMPAGNE OLD FASHIONED	12
SANTA ELENI PROSECCO	125ml 8
RUPE SECCA 2022, GRILLO Sicily	175ml 8.5

Bar Snacks

MEXICAN SWEET CHILLI NUTS	6
MIXED GREEK OLIVES	6
FRENCH ROSEMARY ALMONDS	6
CARLINGFORD OYSTERS Shallot vinaigrette, lemon & tabasco 3/6/9/12	14/27/41/50

Starters & Sharing

HOUSE BREAD Artisan butter, balsamic V	6
MACKEREL PATE Butter, house bread GFA	9
GAMBAS PIL PIL Garlic oil GF	8
CALAMARI Aioli GF	9
SMOKED SALMON Burnt lemon, dill creme fraiche GFA DFA	13
KEDGEREE ARANCINI Confit egg yolk, tobiko GF	14
SEARED SCALLOPS Celeriac & apple remoulade GF DFA	16
DRESSED CRAB Focaccia GF	20
PORCHETTA Gremolata, apple sauce DFA	10
PRAWN COCKTAIL Gem lettuce, Mary rose DF GF	8

From the Sea

FISH & CHIPS Our take on a classic GF DFA	19
MUSSELS OF THE DAY Cornish Mussels, house bread GFA	21
SOLE BURGER Curry sauce, mango salsa, fries DF	19
SEAFOOD LINGUINE Prawns, Clams, Mussels, Squid	18
CORNISH SOLE Creamy curried orzo	27
SKATE WING Lemon, caper butter sauce GF DFA	24
SEARED TUNA STEAK Chimichurri GF DF	26
HAKE, HOT & SOUR BROTH Sautéed samphire, salted courgette GF DFA	21
FISH PIE Smoked fish, gratinated potato GF	20
SEAFOOD BOIL FOR TWO Whole king prawns, clams, mussels sausage, corn for two GFA DFA	39

From the Land

FOREST MUSHROOM RISOTTO V GFA DFA	18
BUTCHERS BEEF BURGER Monterey Jack, baby gem, caramelised chutney, pickles, fries on a pretzel bun DFA	18
ROAST LEMON CHICKEN Polenta, gremolata GFA DFA	23
STEAK FRITES House butter, chimichurri GF DFA	26

Sides

2 for £10

SAUTÉED SEASONAL GREENS GF DFA	6
SKIN ON FRIES Lime salt V GF	6
POTATO SALAD V	6
CREAMY POLENTA Goat's cheese V GF	6
STEAMED BROCCOLINI Chili V GF	6
HOUSE SALAD Goat's cheese, lemon dressing V GF	6
ZESTY GEM V GF	6

VE VEGAN | V VEGETARIAN | GF GLUTEN FREE | GFA GLUTEN FREE AVAILABLE | DF DAIRY FREE | DFA - DAIRY FREE AVAILABLE

Our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present, and menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering.