

Lunch & Lighter Bites



Sandwiches 12 noon – 5pm | Lunches & Light Bites 12 noon – 2:30pm | Cream tea, cakes and hot drinks all day

Sandwiches

served with salad & crisps, on granary or white bread

Coronation chicken GF DF £9.75

mango, onion bhaji, coriander

Davidstow mature Cheddar GF £8.75

Hog's Bottom Devon chutney, cress

Smoked salmon GF DF £9.75

dill crème fraiche, pickled shallots, cucumber, cress

Fish finger & chip butty £9.50

curried tartar sauce, watercress

Grilled croque señor £10.95

sourdough, parma ham, chorizo jam, guindilla, Monterey Jack cheese, fried egg, pork crumb

Flatbread VE DF £9.50

plant-based satay, atjar tjampoer, fried onions, tomato & chilli jam

Light Bites

Soup of the day GF DF VE £8.50

Lyn's Godminster Cheddar cheese scone, Cornish butter

Prawn & crayfish cocktail GF DF £9.95

Taramasalata, heritage tomato, compressed cucumber, pickled fennel, caviar, soda bread

Thai spiced sweetcorn fritter GF DF VE £8.50

lemon curd, peanut, pickles, coriander salad

Duck & cognac parfait GF £8.50

thyme & pink peppercorn spiced butter, bitter orange marmalade, duck pancetta, brioche, mustard cress

Bombay chicken wings GF £8.50

mango kewpie mayo, lime, coriander

Sun blushed tomato & beef arancini £8.50

crispy onions, basil aioli

Aloo tikki chaat GF DF VE £8

crispy chickpeas, coconut yoghurt, coriander mint chutney, pomegranate, tamarind

The Bedford eggs royale GF £14.95

smoked salmon (or ham), buttered baby spinach, poached eggs, hollandaise sauce, soft muffin, watercress

Sides

Sweet potato fries, masala salt, crème fraiche VE DF £6.75

Triple cooked chips, aioli VE DF £6.50

This season's best vegetables VE GF £6.25

House salad, Dijon vinaigrette VE GF DF £5.50

Buttered Cornish new potatoes VE GF DF £5.50

Charred tenderstem broccoli, Dijon vinaigrette VE GF DF £6.25

Onion rings, ranch sauce, watercress DF £5.50

Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order. We cannot 100% guarantee the absence of allergens in any dish.

GF: Can be adapted to gluten free DF: Can be adapted to dairy free

VE: Can be adapted to vegan



THE BEDFORD HOTEL

Tavistock

Mains

Jail Ale battered sustainable local cod GF DF £23.50

triple cooked chips, gherkin, Jail Ale pickled egg, crushed pea and mint, curried tartare sauce, herb salad, malt sea salt, burnt lemon

The Bedford beef & Dartmoor Jail Ale pie £24.50

smoked brisket, garlic mash, Cornish greens, onion ring, jus, watercress

The Bedford Dartmoor beef burger DF £21.50

smoked short rib, hash brown, Monterey Jack, ranch sauce, fermented potato bun, onion rings, sweet potato fries

Dartmoor lamb rump GF £29.50

salsify & celeriac royale, black truffle hash brown, Legend ale braised onion, confit belly, jus

Plant-based steak GF DF VE £23.50

triple cooked chips, grilled tomato, onion rings, chive butter, watercress

Chicken tikka GF DF £21.50

chapati, raita, mango chutney, Asian slaw, onion bhaji crisps, masala spiced sweet potato fries

The Bedford curry of the day GF DF £24

includes steamed fragrant rice and traditional accompaniments

Market fish of the day GF DF £24.50

The Bedford smoked chicken Caesar salad GF DF £18.50

baby gem, soft boiled egg, aged parmesan, pancetta crisp, anchovies, sourdough croutons

Butternut squash & sage risotto GF DF £19.50

puffed grains & toasted seed dukkah, feta, pickled shallots, herb cress

Desserts

Lyn's warm treacle tart £8.25

Dunn's Farm clotted cream, spiced poached blackberries

The Bedford pistachio soufflé GF £8.75

saffron poached pear, elderflower sorbet, rose & coconut dukkah

Dark chocolate & Dartmoor ale cake £8.75

malt, salted caramel, crème fraiche, sherbet

The Bedford Black Forest gâteau £8.75

cherry brownie, white chocolate delice, griottine cherry, hazelnut, mascarpone

Selection of Salcombe Dairy ice creams GF DF £8.25

Selection of Granny Gothard sorbets GF DF £8.25

West Country cheeses GF DF VE £9.50

fig & honey chutney, oat cakes, walnuts, grapes

Teatime

Devon Cream Tea £8

Large warm homemade scone, Hogs Bottom strawberry jam, Langage Farm clotted cream, tea or coffee

Served all day

The Bedford's award winning savoury cream tea £8

Quicke's Cheddar & nigella seed scone, chorizo jam, lime & saffron ricotta

Served all day

The Duchess of Bedford Afternoon Tea £23

Selection of sandwiches, home-baked scone, Hogs Bottom strawberry jam, Devon clotted cream, home-made cakes, sausage roll, tea or coffee

Served 3pm-5pm. 24 hours notice required

Sparkling Afternoon Tea £28.50

As above, plus a flute of prosecco

Homemade cake of the day £3.85

Homemade cookie £2.25