



# THE BEDFORD HOTEL

Tavistock



We are proud to serve some of the finest West Country produce from local farmers, fishermen and producers

**Dinner served 6pm-8.30pm**

## NIBBLES

The Bedford bread board £7.50 (VE, GF, DF)  
harlequin olives, chef's butter

Mini chorizo £8.50 (GF,DF)  
pea & mint hummus, pickled shallots, mustard cress

Marinated harlequin olives £5.50 (VE, GF, DF)  
aged parmesan

Chicken & chorizo croquettes £8.50  
saffron & lime, aioli, cress

Vegetable Pakora £5.50 (VE)  
Mango, raita, crispy onion, coriander

Salt & pepper calamari £8.50  
Chili & coriander aioli, cress

## STARTERS

Soup of the day £7.95 (VE, GF, DF)  
sourdough bread roll, The Bedford herb butter

Thai spiced sweetcorn fritter £8.50 (VE, DF, GF)  
chili jam, lemon curd, peanut, pickles, coriander salad

Prawn & crayfish cocktail £9.95 (DF, GF)  
avocado, baby gem, lemon mayo, heritage tomato, caviar, soda bread

Smoked ham hock terrine £8.95 (DF)(GF)  
mustard, shallot marmalade, pickles, toasted brioche, scratching's, watercress

*Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order. Please be aware that we are unable to 100% guarantee the absence of allergens in any dish.*

(GF)= can be adapted to gluten free, please tell staff when ordering.  
(DF)= can be adapted to dairy free, please tell staff when ordering.  
(VE) = can be adapted to vegan, please tell staff when ordering

## MAINS

Howell's butcher Dartmoor 10oz sirloin steak £35.00 (GF)  
rosti potato, smoked brisket, grilled tomato, café de Paris butter, onion rings, watercress  
Devon Blue cheese sauce or peppercorn sauce £3.50  
*(A supplement of £10 is charged to Dinner, Bed and Breakfast guests only)*

The Bedford chicken tikka £22.50 (GF)  
naan bread, raita, mango, crispy onions, slaw, masala spiced, sweet potato fries

Market fish of the day £24.50 (GF)

Dartmoor lamb rump £28.50 (GF,DF)  
broad bean & mint fricassee, black truffle, Legend ale braised shallot, crispy belly, jus

The Bedford Dartmoor beef burger £21.50 (DF)  
smoked short rib, hash brown, Monterey Jack, ranch sauce, wild garlic & nigella brioche bun,  
onion rings, sweet potato fries

Jail Ale battered sustainable local cod & chips £22.50 (GF, DF)  
gherkin, Jail Ale pickled egg, crushed pea and mint, curried tartare sauce, herb salad,  
malt sea salt, burnt lemon

The Bedford curry of the day £23.50 (GF)  
fragrant rice, pickles, mango chutney, red cabbage relish, tomato & chili jam,  
chapatti, coriander, crispy onions

The Bedford beef & Dartmoor Jail Ale pie £24.50  
smoked brisket, garlic mash, Cornish greens, onion ring, jus, watercress

Vegan Indonesian satay £19.95 (GF)(DF)  
Atjar tjampoer, crispy onions, steamed fragrant rice, tomato & chili jam

The Bedford smoked chicken Caesar salad £17.50 (GF)(DF)  
baby gem, soft boiled egg, aged parmesan, pancetta crisp, anchovies, sourdough croutons

Wye Valley asparagus & wild garlic arancini £21.50 (GF, DF)  
roasted pepper and heritage tomato tapenade, parmesan tuille, basil oil

## SIDES

Chips, black garlic aioli £6.50 (VE, DF)  
This season's best vegetables £6.25 (VE, GF)  
House salad, Dijon vinaigrette £5.50 (VE, GF, DF)  
Buttered Cornish new potatoes £5.50 (VE, GF, DF)  
Charred tenderstem broccoli, Dijon vinaigrette £6.25 (VE, GF, DF)

## DESSERTS

Lyn's warm treacle tart £8.25  
Langage farm clotted cream, fresh raspberries

Dark chocolate & Dartmoor ale cake £8.75  
malt, salted caramel, crème fraiche sherbet

“Strawberries & Cream” £8.75 (GF)  
clotted cream brulee, macerated strawberries, shortcake, meringue, sorbet, basil

Pêche melba £8.75 (GF)  
iced peach parfait, compressed peach, raspberry tea, Chantilly cream, dark chocolate, red  
vein sorrel

Selection of Salcombe dairy ice creams £8.25 (GF,DF)

Selection of Granny Gothard sorbets £8.25 (GF,DF)

West Country cheeses £9.50 (VE, GF, DF)  
fig & honey chutney, oat cakes, candied pecans, grapes

## HOT BEVERAGES

Irish coffee £8.50

*Jameson, Tia Maria, Baileys*

Americano £3.65

Flat white £3.75

Cappuccino £3.75

Cafetière £3.75

Espresso £2.30

Mocha £4.00

Hot chocolate £4.00

Selection of Twining's teas £3.50

*Breakfast, Assam, Earl Grey, Peppermint, Lemon & Ginger, Chamomile, Red Bush, Green,  
Raspberry & Cranberry*

*Food items may contain allergens. If you have a food allergy or intolerance, please inform your server before placing your order. Please be aware that we are unable to 100% guarantee the absence of allergens in any dish.*

*(GF)= can be adapted to gluten free, please tell staff when ordering.*

*(DF)= can be adapted to dairy free, please tell staff when ordering.*

*(VE) = can be adapted to vegan, please tell staff when ordering.*