

Ara is a neighbourhood all-day dining restaurant in Aldgate East, inspired by flavours gathered through travel and shaped by modern London. The owner and fundator, Murat creates dishes he loves to eat and share, simple, vibrant plates made for everyone.

Ara

SHARING MENU - 43PP

Grilled potato bread, homemade cultured butter

Courgette & feta dip, chilli sesame oil

Leeks skewer, tomato jam, labneh, macademia crunch, leek oil

Chalkstream trout crudo, cranberry ponzu, daikon, sesame

Fried chicken, spicy citrus dressing, coriander & peanut salad

Char Siu onglet skewers, potato espuma, grilled pak choi

Gem lettuce, parmesan ladolemono, bread crumbs

Chocolate cheesecake, miso caramel

All our foods are freshly prepared in our kitchen so we are unable to guarantee is totally allergen-free.
Please inform a member of staff of any allergies. A discretionary service charge of 12.5% will be added to your bill. Menus may change due to seasonality

COFFEES

By Monmouth Coffee Company

Espresso/Double Espresso	3/4
Americano	4
Macchiato/Double Macchiato	3.5/4
Mocha	4.5
Flat White	4
Latte	4
Cappuccino	4
Matcha latte / Chai latte	4
Hot Chocolate	4
Extra oat milk	0.5

TEA

By Birchall Tea

English Breakfast Tea	3.5
Virunga Earl Grey	3.5
Chamomile Flowers	3.5
Lemongrass and Ginger	3.5
Green and Jasmine Tea Pearls	3.5
Grean Tea and Peach	3.5
Red Berry and Flower	3.5
Fresh Mint	4

WINE SELECTION

WHITE		125 ml	175 ml	Btl.
	Cotes de Gascogne, de Jardin (France, 2024) Fresh, citrus flavours with a floral touch	5.5	7.5	30
	Grillo, Allegri (Italy, 2025) Fresh, dry and crisp medium body, with citrus, tropical fruit, and delicate floral notes	6	8	34
	Bonfaro, Beautiful lighthouse (Portugal, 2024) Dry, well-balanced wine with apple, pear, melon, citrus, and a refreshing mineral finish	6.5	8.5	37
	Vinho Verde, Vila Nova (Portugal, 2025) Dry light bodied white, zingy acidity, fresh and mineral	7	9	40
	Pinot Grigio, Le Monde (Italy, 2023) Rich and aromatic, dry with a creamy mouthful with notes of pear and fresh acidity	7.5	9.5	43
	Sauvignon Blanc, Mayfly (NA, 2025) Tangy, refreshing and wonderfully crisp	8	10.5	46
	Chenin Blanc, Rondebosch (S.A 2024) White petals, citrus crispness, gentle vanilla and spicy cinnamon	9	12.5	53
	Gewurztraminer, Villa Wolf (Germany, 2018) Aroma of roses, ripe citrus becoming more on the apple and orchard fruit as it develops			67

SOFTS	Coca Cola	4
	Coke Zero	4
	Double Dutch Tonic water(s)	4
	Double Dutch Ginger beer	4
JUICES	Double Dutch Lemonade	4
	Apple	5
	Orange	5
	Tomato	5
	Mix juice	5
	Ginger shot	2.5
SMOOTHIES	Pink Haze Banana, strawberry, honey, yoghurt, milk, collagen	7
	Detox Banana, cucumber, apple, mint, spinach, lemon, ginger, chia seeds	7
	Breakfast Banana, oat milk, granola, yoghurt, honey	7
	Golden Glow Banana, apple, turmeric, ginger, hemp seeds, dates syrup, cinnamon	7

MOCKTAILS



Strawberry and mint lemonade Strawberry, mint, lemon, simple syrup, soda water

7



Mango and chilli lemonade Mango, chilli, lemon, simple syrup, soda water

7



Passionfruit and hibiscus lemonade Passionfruit, hibiscus, lemon, simple syrup, soda water

7.5



Kowloon Breeze Earl grey tea, lemon juice, honey, ginger juice

8



Virgin Mary Horseradish, tomato juice, lemon juice, worchester ara mix

8



Virgin Margarita Almave Blue Agave 0.0%, lime juice, simple syrup

9



Virgin Gimlet Tanqueray 0.0%, lime juice, simple syrup

9



VirGin & Tonic Tanqueray 0.0%, tonic water

9.5

RED

Cotes de Gascogne, de Jardin (France, 2023)

Round, well-balanced with flavours of cherry and raspberries

125 ml 175 ml Btl.

5.5 7.5 30

Tinto Tempranillo, Soleira (Spain, 2024)

Smooth, medium-bodied red with ripe berries, subtle spices, and soft tannins

6 8 34

red

Gamay Noir, L'Artiste (France, 2023)

Bright red bursting with fruit and spice, well balanced with light tannins and long finish

6.5 8.5 37

Merlot, Kintu (Chile, 2022)

Smooth and easy drinking with ripe plum and red berry flavours

7 9 40

Nero d'Avola, Vitese (Italy, 2024)

Rich, juicy flavours of ripe plum and black cherries interlaced with subtle violet notes

7.5 9.5 43

Rioja Crianza, Azabache (Spain, 2021)

Bright red with coffee and vanilla notes. Elegant, well balanced with a long lingering finish

8 10.5 46

Pinot Noir, Villa Wolf (Germany, 2023)

Bright black-cherry fruit with a spicy midpalate and lingering finish

10.5 14 58

Malbec, La Gran Bestia (Argentina, 2025)

Pure fruit driven notes of raspberry, deep and dark like a real beast

63

ORANGE

	125 ml	175 ml	Btl.
Vinho Echeverria, No es Pituko (Chile, 2023)	8	10.5	45
Aromatic profile of peach, tropical fruits, and buttery notes with flavours of orange peel and lime			
Côtes Catalanes, Château de l'Ou (France, 2022)			65
Expect a rich, pithy fruit character with ripe melon, grapefruit, sage and white flowers			

ROSE

	125 ml	175 ml	Btl.
Syrah/Grenach Rose, Campuget (France, 2024)	6	8	34
Pale pink, aromas of fresh strawberries with hints of grapefruit			
Pinot Grigio Blush, Sacchetto (Italy, 2023)	8	10.5	45
A pale rosé with fruity red berried flavours and a delicately refreshing character			

SPARKLING

	125 ml	Btl.
Prosecco, Le Monde (Italy, NV)	7.5	43
Dry sparkling wine, pale with fine bubbles, light with a fresh finish		
Prosecco Rose, Le Dolci Colline (Italy, 2024)	9.5	53.5
Gently aromatic sparkling wine, notes of red berry, crispy and delicate		
Champagne, Vauban Frere Brut (France, NV)		82
A blend of Premier Cru Pinot Noir and Pinot Meunier. A fruity nose with a fresh, light, lively and balanced palate.		

NON - ALCOHOLIC

VODKA	<i>add mixer for 2.5</i>	<i>25 ml</i>	<i>50 ml</i>
	Moskova	4.5	9
	Sapling Climate Positive	5	10
	Discard Grape Skin	5.5	11
	Desi Daru Alphonso Mango	5.5	11

RUM	<i>add mixer for 2.5</i>	<i>25 ml</i>	<i>50 ml</i>
	Havana Club 3yo	4.5	9
	The Tidal	5.5	11
	Discarded Banana Peel	6.5	13
	Flor de Cana - 12 Year Old Centenario	6.5	13

WHISKEY & COGNAC	<i>add mixer for 2.5</i>	<i>25 ml</i>	<i>50 ml</i>
	Remy Martin - VSOP (Mature Cask)	5	10
	Courvoisier - VS	5.5	11
	Bulleit bourbon	5.5	11
	Baron de Sigognac - 10 year old	6	12
	Sonoma - Rye	6.5	13
	East London Liquor Company Single Malt	7	14
	Nikka Whisky from the barrel	7.5	15

COCKTAILS

ARA SIGNATURE



Mango sticky rice *A vibrant taste of Southeast Asia in a glass*
Alphonso mango vodka, toasted rice syrup, white
vermouth, egg white, shiso leaf oil, orange bitters

14



Sour cherry mezcal negroni *Smooky, bitterwseet, with a cherry kiss*
Ojos de dios mezcal, campari, discarded cascara
vermouth, cherry heering

13.5



Banana rum old fashioned *Smooth, rich and subtly sweet*
Discarded banana rum, simple syrup, angostura bitters

12.5



Bees knees *Fresh, zesty and delicately balanced*
Gin, yuzu sake, lemon juice, angostura bitters, egg white

12.5



Golden Umami *A smooth, savory, umami-forward sip*
Silky parmesan-infused vodka, italicus, shiitake infused
dry vermouth, suze liqueur, chargrilled pear

15



Hazelnut espresso martini *Velvety, nutty and deeply aromatic*
Frangelico, vodka, coffee liquer, espresso and chilli flakes

13



Midnight in Tokyo *Bright melon and electric Tokyo energy*
Nikka whiskey, midori liqueur, yuzu sake, simple syrup

15



The Hogfather *Indulgent and refined*
Pork belly fat-washed bourbon, calvados and yorkshire
tea, fresh granny smith apple and celery infused clarified
milk

15

BEEER & CIDER

Draught

Ara lager (brewed by Harbour Brewer)

1/2 Pint Pint

3.5 6.5

Harbour Artic Sky IPA

4 7

Bottle

Asahi 0.0%

4.5

Lucky Saint IPA 0.5%

6.5

Rekorderlig Mango & Raspberry Cider

7.5

Organic Sassy Cider

8

GIN

add mixer for 2.5

25 ml 50 ml

Beefeater

4.5 9

Malfy limone

5.5 11

Hendrick's

6 12

135 East, Hyogo Dry

6.5 13

Puerto de Indias Strawberry

6.5 13

Elephant

7 14

TEQUILA

add mixer for 2.5

25 ml 50 ml

Jose Cuervo

5 10

Ojo De Dios Mezcal

5.5 11

Ojo De Dios Mezcal Coffee tequila

6 12

BEER & SPIRITS

CLASSICS



Amaretto sour Disaronno, lemon juice, egg white

11



Bloody Mary Celery infused vodka, horseradish, tomato juice, lemon juice, worchester ara mix

10



Espresso martini Vodka, kahlua, double espresso

11



Gimlet Gin, lime juice, simple syrup

10.5



Manhattan Bourbon, sweet vermouth, angostura

12.5



Martini Gin or Vodka, dry vermouth

10.5



Mojito Havana 3 year rum, lime juice, simple syrup, mint

10



Moscow Mule Vodka, lime juice, ginger beer

11



Negroni Gin, campari, red vermouth

12



Old Fashioned Bourbon, simple syrup, angostura bitters

12



Whiskey Sour Bourbon, lemon juice, simple syrup, egg white

12.5

DAIQUIRIS



Classic Daiquiri Classic version with havana club 3 years, lime juice, simple syrup 10.5



Strawberry & basil Daiquiri Fruity and aromatic with white rum, strawberry, lime juice, basil 11.5



Frozen mango Daiquiri A refined blend of mango and lime, elevated with rum and served frozen to a smooth, velvety finish 12.5



Monkey Daiquiri An elegant fusion of banana rum, apple juice, lime juice, simple syrup 13

MARGARITAS



Classic Margarita Jose Cuervo tequila, triple sec, lime juice 10.5



Tommy's Margarita Bright lime, smooth tequila, pure agave finish 11.5



Frozen strawberry Margarita Frozen blend of strawberries, citrus, tequila 12.5



Passionfruit picante Margarita Tropical passionfruit and lime layered with tequila, chilli flakes 13

SPRITZS



Arancello Spritz Homemade arancello, prosecco, soda water 10



Aperol Spritz Classic vibrant orange choice with prosecco, aperol, soda water 10.5



Campari Spritz Bolder, more bitter option preferred by those who find aperol too sweet 11.5



Riviera Spritz Glorified aperol with limoncello, lime juice, prosecco rose 12



Hugo Spritz Modern favourite made with st germain elderflower liqueur, prosecco, soda, fresh mint 12.5

SANGRIAS



Red Sangria Red wine, orange juice, apple juice, red vermouth and simple syrup 10



White Sangria White wine, orange juice, triple sec, lemon juice and simple syrup 10.5



Sparkling Sangria Prosecco, orange juice, peach liqueur, white vermouth, soda water 11