

ZIA TERESA - 6 HANS ROAD LONDON SW3 1RX - T 020 7589 7634 EMAIL INFO@ZIATERESA.CO.UK - WEB WWW.ZIATERESA.CO.UK

STUZZICHINI

PANE O OLIVE SELECTION OF BREAD OR OLIVES FROM PUGLIA	£2.95
BARCHETTA SAPORITA ALL' AGLIO GARLIC BREAD (V)	£3.95
BRUSCHETTA AL POMODORO BRUSCHETTA WITH TOMATOES, GARLIC, BASIL AND OLIVE OIL (V)	£5.50
FOCACCIA FOCACCIA BREAD WITH ROSEMARY AND ROCK SALT	£4.95

PIZZE

MARGHERITA TOMATO, MOZZARELLA CHEESE AND BASIL (V)	£9.50
NAPOLI TOMATO, BUFFALO MOZZARELLA CHEESE, ANCHOVIES AND CAPERS	£10.95
QUATTRO STAGIONI TOMATO, MOZZARELLA CHEESE, OLIVES, MUSHROOMS, ARTICHOKE AND HAM	£11.95
PROSCIUTTO E FUNGHI TOMATO, MOZZARELLA CHEESE, HAM AND MUSHROOMS	£10.95
VEGETARIANA TOMATO, MOZZARELLA CHEESE, AUBERGINE, COURGETTES AND SWEET PEPPERS (V)	£10.95
PULCINELLA TOMATO, MOZZARELLA CHEESE, TUSCAN SAUSAGE AND FRANKFURTER	£10.50
FIORENTINA TOMATO, MOZZARELLA CHEESE, SPINACH AND EGG (V)	£11.95
BRESAOLA TOMATO, MOZZARELLA CHEESE, AIR-DRIED BEEF, ROCKET AND PARMESAN CHEESE	£12.95
CRUDO E BURRATA TOMATO, PARMA HAM, CREAMY MOZZARELLA CHEESE AND BASIL	£16.50
PICCANTE TOMATO, MOZZARELLA CHEESE, SPICY SALAMI AND CHILL	£11.95
VESUVIO CALZONE WITH MOZZARELLA CHEESE, MUSHROOMS AND	£11.95 HAM
QUATTRO FORMAGGI TOMATO, MOZZARELLA, TALEGGIO, MASCARPONE AND PARMESAN (V)	£11.95

ZUPPA

ZUPPA DI VERDURA	£6.25
LIONAENA DE VEGETA DI E COLIDIV	

ANTIPASTI

FUNGHI GRIGLIATI AL GORGONZOLA GRILLED MUSHROOMS WITH GORGONZOLA (V)	£7.95
AVOCADO E GAMBERETTI AVOCADO AND PRAWN COCKTAIL	£8.95
CALAMARI FRITTI FRIED CALAMARI WITH HOMEMADE TARTARE SAUCE	£9.95
MOZZARELLA DI BUFALA CON POMODORINI DI PACHINO E AVOCADO BUFFALO MOZZARELLA, CHERRY TOMATOES AND AVOCA For every dish sold we're giving 50p on your behalf to The Norwood Charity for children and families	- ()
BURRATA CREAMY BURRATA WITH BASIL AND TOMATOES (V)	£16.50
CARPACCIO DI BRESAOLA BRESAOLA WITH ROCKET, PARMESAN FLAKES AND LEMON DRESSING	£10.50
ANTIPASTO DELLA CASA PARMA HAM, SALAMI, MOZZARELLA ARTICHOKE HEARTS AND GRILLED VEGETABLES	£11.25

PASTE E RISOTTI

PASTE E RIST	
SPAGHETTI AL POMODORO E BASILIC HOMEMADE TOMATO SAUCE AND BASIL (V)	O £9.50
PENNETTE AMATRICIANA BACON, ONIONS, CHILLI AND TOMATO SAUCE	£10.95
SPAGHETTI ALLA CARBONARA CRISPY BACON, EGG YOLK AND PARMESAN	£10.95
FETTUCCINE DELLA ZIA (HOUSE SPECIALITY TOSSED IN CREAM WITH TRUFFLE AND TREVIGIANO RADICCHIO (V)	£10.95
LASAGNE PASTICCIATE MEAT LASAGNA TOPPED WITH BECHAMEL AND PARMES.	£11.95 AN
TAGLIATELLE ALLA BOLOGNESE WITH MEAT RAGU SAUCE For every dish sold we're giving 50p on your behalf to The Norwood Charity for children and families	£10.95
RAVIOLI AL GORGONZOLA, SPECK E RUCOLA SPINACH AND RICOTTA RAVIOLI WITH GORGONZOLA, SPECK HAM AND ROCKET	£11.95
STRACCETTI ALLA PAPA SISTO FRESH PASTA WITH TOMATO SAUCE, TUSCAN SAUSAGE ONIONS AND CHILLI	£11.95
LINGUINE ALLE VONGOLE VERACI TOMATO SAUCE OR WHITE WINE, CLAMS, GARLIC, PARSLEY AND CHILLI	£13.75
RISOTTO AI FUNGHI PORCINI RISOTTO WITH PORCINI MUSHROOMS (V)	£13.75
RISOTTO ALLA PESCATORA RISOTTO WITH SEAFOOD, GARLIC, WHITE WINE, CHILLI &	£14.75 PARSLEY

PESCE

FILETTO DI MERLUZZO ALLA LIVORNESE FILLET OF COD SAUTÉED IN TOMATO SAUCE, OREGANO, CAPERS AND STEAMED VEGETABLES	£18.95
FRITTO MISTO FRIED CALAMARI, WHITE BAIT, KING PRAWNS AND GREEN	£18.95 SALAD
BRANZINO ALLA GRIGLIA GRILLED WHOLE SEA BASS WITH GRILLED VEGETABLES	£21.95
ORATA ALL'ISOLANA WHOLE SEA BREAM COOKED IN PARCHMENT WITH ROAST POTATOES, ONIONS AND CHERRY TOMATOES	£21.95

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PETTO DI POLLO ALLA VALDOSTANA BREAST OF CHICKEN WITH FONTINA CHEESE, MUSHROOMS, SERVED WITH STEAMED VEGETABLES	£17.25
PICCATINA SICILIANA (HOUSE SPECIALITY) VEAL SLICES, GENTLY FRIED, SIMMERED IN FRESH ORANGE JUICE, SULTANAS, ALMONDS, DASH OF MARSALA WINE AND STEAMED VEGETABLES	£16.95
FEGATO DI VITELLO CALF'S LIVER SAUTEED IN BUTTER AND SAGE OR WITH ONIONS AND WHITE WINE, SERVED WITH STEAMED VEGE	£18.50 ETABLES
SCALOPPA ALLA MILANESE BREADED VEAL ESCALOPE SERVED WITH SPAGHETTI NA	£19.95
TAGLIATA ALL' ACETO BALSAMICO GRILLED ENTRECOTE STEAK WITH BALSAMIC VINEGAR SERVED WITH GRILLED VEGETABLES	£22.95
SCOTTADADITO D'AGNELLO GRILLED LAMB CUTLETS SERVED WITH GRILLED VEGETA	£23.95 ABLES
FILETTO DI MANZO SCOTCH FILLET (802) STEAK GRILLED OR WITH GREEN PEPPER SAUCE, SERVED WITH STEAMED VEGETA	£24.95 ABLES

INSALATE E VERDURE

INSALATA DI POMODORO E BASILICO TOMATOES, RED ONIONS AND BASIL	£5.25
INSALATA VERDE O MISTA GREEN LEAF SALAD OR MIXED LEAF SALAD	£ 5.25
RUCOLA E PARMIGIANO ROCKET SALAD WITH PARMESAN SHAVINGS	£6.95
CAESAR SALAD CON ALICI ANCHOVIES, CROUTONS AND PARMESAN CHEESE WITH CAESAR DRESSING	£8.95
NIZZARDA SALAD WITH EGGS, TUNA, TOMATO, CUCUMBER, BASIL SHALLOTS, PEPPERS, ANCHOVIES AND OLIVE OIL	£9.50
MELANZANE ALLA PARMIGIANA LAYERS OF AUBERGINE WITH TOMATO SAUCE, OREGANO, PARMESAN AND MOZZARELLA	£10.95
VERDURE ALLA GRIGLIA E TOMINO GRILLED AUBERGINE, COURGETTE, MUSHROOM SWEET PEPPER, OLIVE OIL AND TOMINO CHEESE	£12.25
CAESAR SALAD CON POLLO GRILLED CHICKEN BREAST, CROUTONS AND PARMESAN CHEESE WITH CAESAR DRESSING	£14.50

CONTORNI

SPINACH	£4.25
CREAMED SPINACH	£4.25
FRENCH FRIES	£4.25
ZUCCHINI FRITTI	£4.25
STEAMED VEGETABLES	£4.25
ROAST POTATOES	£4.25

(V) THIS PRODUCT DOES NOT CONTAIN ANYTHING ORIGINATING FROM MEAT, FISH OR FOWL. IF YOU HAVE A FOOD ALLERGY OR ARE SENSITIVE TO CERTAIN INGREDIENTS, PLEASE ASK YOUR WAITER FOR HELP WHEN CHOOSING YOUR MEAL.

ALL MAJOR CREDIT CARDS ARE ACCEPTED. PRICES ARE INCLUSIVE OF VAT. AN OPTIONAL 12.5% GRATUITY IS SUGGESTED THE NORWOOD CHARITY (REGISTERED CHARITY NO: 1059050).