



Beaufort House

JUICES & SMOOTHIES

All £6.00

Strawberry Smoothie

Fresh strawberries, banana and apple juice

Anti-Oxi Blast

*Apple, pear & blueberries with a stick of celery
& a dash of lemon*

Super Detox

Fresh green apple, ginger, spinach & beetroot

Apple Beat

Fresh beetroot & celery with a dash of sweet apple

Raspberry Ripple

Fresh raspberries with apple juice

Mango-a-Go-Go

*Fresh passion fruit, mango & orange
with a dash of Agave syrup*

Berry Booster

*Cranberry juice with strawberry, blueberry,
blackberry & raspberry*

Berry Energising

*Strawberries, raspberries, blueberries, blackberries
with a dash of lemon & mint*

BREAKFAST MENU

8am - 12pm

Papaya, yoghurt & home-made granola £7.50

Two French crêpes with fresh berries £6.00

Ham & cheese omelette £7.50

Avocado, smoked salmon & cream cheese bagel £8.00

Eggs Florentine/Benedict/Royale £7.00/£8.50/£9.00

Croque Monsieur/Madame £8.00/£9.00

Green asparagus with poached eggs, sourdough toast, parmesan & olive oil £9.00

Loch Fynne smoked salmon & scrambled eggs £9.50

Smashed avocado on sourdough or rye with poached eggs or bacon or feta £8.00

Beaufort Full English Breakfast £10.00

*with eggs, bacon, sausage, black pudding, baked beans,
mushrooms, tomato & a slice of toast*

Beaufort Healthy Start Breakfast £10.00

*Chicken or salmon with poached eggs, chilli & avocado,
spinach, quinoa & a slice of sourdough toast*

Beaufort Healthy Start Breakfast

Add a juice and a tea or coffee for an extra £5.00

TEAS & COFFEES

All £3.00

Assam Breakfast

Blackcurrent Hibiscus

Bohea Lapsang

Earl Grey

Fairtrade Jasmine Pearls

Sri Lankan Chai

Fresh Mint

Iced Tea

Japanese Seneca

Organic & Fairtrade Dragon

Organic Chamomile

Silver Needle White Tea

Yellow Gold Oolong

Caffè Torelli £4.50

*A blend of superior Fairtrade & Organic coffee
beans, medium-dark roasted to bring out the
perfect melange of aroma, acidity & body.*

Jamaica Blue Mountain £8.00

*These deliciously mellow, lightly roasted
beans come from one of the world's most
prestigious & exclusive coffee growing
regions in the mountainous eastern
parishes of Jamaica.*

There are traces of allergens in our kitchen so please notify a Manager if you suffer from any allergies

Please note there will be a discretionary service charge of 12.5% added to the bill