

### BRUNCH

Two French crêpes with fresh berries £6.00 Ham & cheese omelette £7.50 Croque Monsieur/Madame £8.00/£9.00 Smashed avocado on sourdough or rye with poached eggs or bacon or feta £8.00 Beaufort Full English Breakfast £10.00 with eggs, bacon, sausage, black pudding, baked beans, mushrooms, tomato & a slice of toast Papaya, yoghurt & home-made granola £6.00 Avocado, smoked salmon & cream cheese bagel £8.00 Eggs Benedict/Florentine/Royale £8.50/£7.00/£9.00 Green asparagus with poached eggs, sourdough toast, parmesan & olive oil £9.00 Loch Fynne smoked salmon & scrambled eggs £9.50 Beaufort Healthy Start Breakfast £10.00 Chicken or salmon with poached eggs, chilli & avocado, spinach, quinoa & a slice of sourdough toast

# STARTERS —

Soup of the Day Crusty Bread £5.00 Goats cheese & pinenut ravioli Cherry tomato sauce & pesto £8.00 Spiced pork belly Crushed peas & smoked red peppers £7.50 Baked feta parcels Cucumber, red onion & grilled peppers £8.50 Salmon tartare Wasabi mayonnaise & music bread £7.00 Pan fried scallops Broad beans & chorizo £9.50

#### SALADS

Tomato, mozzarella & avocadoBasil cress & balsamic reduction £7.00Chicken Caesar saladBacon, parmesan & anchovies £13.00Mixed quinoaGrilled sourdough, butternut squash, chilli, cucumber & avocado £8.00Grilled halloumiGrilled courgette, olives & red onion £11.00

# - MAINS -

Beaufort burger - beef/chicken Montgomery cheddar, toasted brioche, sweet chilli jam & fries £14.00 (Please note that we only serve our burgers medium or well done). Pea & lobster risotto Parmesan cheese £15.00

Braised seabassCherry tomato, ruby chard, melon & petit pois topped with pine nuts£17.00Pan seared salmonSesame crust, savoy cabbage, wholegrain mustard & orange beurre blanc£14.00Corn fed chicken breastBraised green cabbage, Chantenay carrots & garlic butter£15.00Crab linguineChilli, garlic & parsley£15.00Rib eye steakWild mushrooms, mixed leaves, french fries & peppercorn sauce£23.00

# - SIDES

French fries £3.50 Mixed leaf salad with honey dressing £3.50 Spinach with butter £3.50 Roast potatoes with chorizo £3.50 Steamed broccoli £4.00 Green asparagus spears £4.00

#### - FRESH JUICES -All £6.00

Strawberry Smoothie · Anti-Oxi Blast Super Detox · Apple Beat Raspberry Ripple · Mango-a-Go-Go Berry Booster · Berry Energising

There are traces of allergens in our kitchen so please notify a Manager if you suffer from any allergies

Please note there will be a discretionary service charge of 12.5% added to the bill