

BREAKFAST & LUNCH

@meeting_place_kitchen

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THE MEETING PLACE KITCHEN

BREAKFAST

EVERY DAY · 8AM – 12PM

SIGNATURE BREAKFASTS

Full English Breakfast [G] **£16**
Fried eggs, local sausage, bacon, portobello mushroom, grilled tomatoes, hash browns, baked beans and artisan sourdough bread.

The Veggie Spread [V/D] **£15**
Grilled halloumi, baked beans, mushroom, smashed avocado, tomato, baby spinach, free-range fried eggs, hummus and toasted sourdough.

The Big Vegan [VG] **£15**
Homemade falafel, garlic, chickpea and veggie sausage, smashed avocado, hummus, tomatoes, mushrooms, sweet potato fries and toasted sourdough.

Breakfast Burger [G/D] **£15**
Cumberland sausage, cured bacon, free-range fried eggs, smoked cheese, hash brown and ketchup in a brioche bun.

EGG-PECTATIONS

Eggs Benedict [G/D] **£14**
Two halves of English muffins topped with two poached free-range eggs and homemade Hollandaise sauce with bacon.

Eggs Royal [G/D] **£14**
Two halves of English muffins topped with two poached free-range eggs and homemade Hollandaise sauce with smoked salmon.

Eggs Florentine [G/D/V] **£12**
Two halves of English muffins topped with two poached free-range eggs and homemade Hollandaise sauce with sautéed spinach.

Farmer's Omelette [G/D/V] **£12**
Three-egg omelette filled with seasonal vegetables, melted smoked cheese, fresh rocket, served with sourdough bread.

Seafront Shakshuka [G/D/V] **£14**
Poached free-range eggs in a rich tomato, aubergine, red pepper and organic onion sauce, topped with crumbled feta and fresh herb dressing. Served with toasted sourdough.

ON OPEN SOURDOUGH

Welsh Rarebit on Sourdough [V/D] **£10**
A classic blend of mature cheddar, English mustard and Hollandaise, grilled on toasted sourdough. Served with seasonal leaves.

Toasted Sourdough with Butter & Jam [D] **£7.50**
Hand-cut artisan sourdough, served with English butter and your choice of preserves.
[VEGETARIAN OPTION AVAILABLE]

Avocado Smash [V] **£11**
Smashed avocado, lemon juice and zest, sweet chilli flakes, garlic, fresh herbs and a soft-poached egg on toasted sourdough.
[VEGAN OPTION AVAILABLE]

Scrambled Eggs & Roasted Tomatoes on Croissant [D] **£11**
Soft scrambled eggs with roasted tomato on a buttery croissant.

TREATS

Organic Granola [VG/D] **£9**
Blueberry Greek yoghurt and local honey.

Nutella & Fruit Pancakes [V/D] **£13**
Pancakes with Nutella and topped with sliced fruits and maple syrup.

American Pancakes [D] **£13**
Pancake stack smothered in rich, warm maple syrup and bacon.

LUNCH

2 COURSES £19.90 PER PERSON · MONDAY – FRIDAY · 12PM – 4PM

STARTERS £6.50

Garlic Pizza Bread with Cheese [G/D]

Mixed Italian Olives [VG]

Arancini [G/D]
Crispy Sicilian arancini filled with ham and mozzarella. Served with spicy tomato sauce.

Bruschetta [G/D/N]
Flatbread topped with chopped tomato, garlic, fresh basil and pesto, with parmesan.

Italian Mozzarella Croquettes [G/D]
Golden-fried croquettes filled with melted Italian mozzarella and cotto ham, served with sweet chilli sauce.

Falafel [VG]
Fried falafel with creamy hummus.

Hummus [V]
Puréed chickpeas, tahini, lemon juice and garlic. Served with bread.
[CONTAINS SEED OIL]

Padron Peppers [VG]
Fried Spanish green peppers and salt.

BURGER £13.90

Wagyu Cheeseburger [G/D]
Juicy Wagyu beef patty topped with cheese, caramelised onions and crunchy pickles. Served with a local burger bun.

Chicken Burger [G/D]
Grilled chicken breast with lettuce, tomato, cheese and classic burger sauce. Served with a local burger bun.

FISH £14.90

Pan-Roasted Sea Bass [G/D]
Crispy sea bass fillet with crushed new potatoes, tender stem broccoli, herbs and miso butter sauce.

Beer-Battered Haddock [G]
Crispy battered haddock with fries and tartare sauce.

HOMEMADE PIZZA £13.90

Choose your base: Neapolitan (thick crust) or Roman (thin crust). Gluten-free base available upon request. Add Bufala or Burrata +£3.50

Margherita [G/D]
San Marzano tomato sauce, fior di latte mozzarella cheese and fresh basil.

Vegetariana [G/D]
San Marzano tomato sauce, fior di latte mozzarella, peppers, courgette, aubergine, artichokes and fresh basil.

Pepperoni Diavola [G/D]
San Marzano tomato sauce, fior di latte mozzarella, pepperoni, sweet roquito pearls and fresh rocket.

Sorrento [G/D]
San Marzano tomato sauce, fior di latte mozzarella, homemade aubergine parmigiana, Grana Padano shavings and fresh basil.

Quartetto di Salami [G/D]
San Marzano tomato sauce, fior di latte mozzarella, Napoli salami, Milano salami, spicy spianata, pepperoni and fresh basil.

PASTA & RISOTTO £13.50

Gnocchi alla Sorrentina [G/D]
Italian gnocchi baked with tomato and parmesan, topped with burrata cheese.

Risotto Primavera [G/D]
Carnaroli rice with green beans and broccoli, finished with beetroot, asparagus and parmesan.

Spaghetti alla Carbonara [G/D]
Pork cheek in a creamy egg and pecorino sauce.

Penne Alfredo [G/D]
Penne pasta with mushrooms and chicken in a rich, creamy parmesan sauce.

Lasagna [G/D]
Fresh layers of pasta with slow-cooked Bolognese sauce, baked with béchamel, mozzarella and parmesan cheese.

SALAD £12.90

Insalata Tricolore [V]
Creamy avocado, ripe vine tomatoes, fresh peppery rocket and creamy buffalo mozzarella, finished with extra virgin olive oil and a drizzle of balsamic glaze.

Goat's Cheese & Roasted Beetroot Salad [V]
Driftwood goat's cheese paired with roasted beetroot, toasted pecans and fresh nectarine slices.

Caesar Salad [G/D]
Baby lettuce, sun-dried tomatoes, Caesar dressing, crispy croutons and shaved parmesan cheese.
Add salmon +£3 · Add chicken +£3

SANDWICHES

Sun-Dried Tomato, Mozzarella & Pesto [G/D] **£12.90**
Buffalo mozzarella and sun-dried tomatoes topped with basil pesto and fresh rocket.

Salami Mortadella [G/D] **£13.50**
Salami, mortadella, mozzarella cheese, lettuce, tomato and fresh rocket. Served in toasted focaccia bread.

Vegetarian – Mediterranean [D] **£12.90**
Grilled aubergine, courgette, mozzarella and fresh rocket. Served in toasted focaccia bread.

EXTRA SPECIAL

French Fries [VG] **£5**

Green Salad [VG] **£5**

Truffle Parmesan Fries [D] **£6**

Sweet Potato Fries [VG] **£6**

V Vegetarian · **VG** Vegan Friendly · **G** Contains Gluten · **N** Contains Nuts · **D** Contains Dairy

Please always inform your server of any allergies or intolerances before placing your order.