

BREAKFAST

PASTRIES (V) croissant or pain au chocolat **4.5**

GREEN SHAKSHUKA (V) (NG) baked eggs, kale, peas, spinach, parsley, mint, yogurt, harissa, London sourdough **14**

TAHINI PORRIDGE (PB) (NG) cardamom porridge, banana, pumpkin & sunflower seeds, tahini, Oxford strawberries **9**

KEFIR PANCAKES **13** *choose from*

banana, summer berries, mascarpone, almonds (V) (N)
maple glazed bacon, Netherend Farm butter

HARISSA BAKED EGGS (NG) tomato, chickpeas & streaky bacon baked eggs, London sourdough **15**

OXFORD STRAWBERRIES & GRANOLA (V) (N) hazelnut, pumpkin & sunflower seeds, elderflower, yogurt **9.5**

SPICED FRENCH TOAST (V) (N) clotted cream, raspberries, mint, pomegranate, pistachio **14.5**

CRUSHED AVOCADO TOAST (NG) (V) poached St Ewe's eggs, spring onion **13.5**

SMOKED SALMON & CRUSHED AVOCADO TOAST (NG) poached St Ewe's eggs, spring onion **18.5**

BREAKFAST MUFFIN sausage patty, streaky bacon, fried egg, Pitchfork cheddar, toasted muffin, ketchup **11.5**

ST EWE CORNISH EGGS (V) (NG) choose from poached, fried or scrambled, London sourdough **8.5**

ENGLISH BREAKFAST streaky bacon, Cumberland sausage, St Ewe's eggs, portobello mushroom, tomato, baked beans **17.5**

GARDEN BREAKFAST (V) harissa halloumi, crushed avocado, sesame greens, St Ewe's egg, portobello mushroom, tomato, sourdough toast **17.5**

EXTRA

crushed avocado **4** halloumi **4** streaky bacon **3** Cumberland sausage **3**
smoked salmon **7** portobello mushrooms **2** one egg **2.5**

VEGETARIAN (V) **PLANT-BASED** (PB) **CONTAINS NUTS** (N)

NON-GLUTEN OR CAN BE MADE NON-GLUTEN (NG)

Please tell your server if you have any allergies. Our dishes are made here and may contain trace ingredients. A discretionary service charge of 12.5% will be added to your bill.

JUICES & SMOOTHIES

each drink is made in-house, using seasonal ingredients. Choose from one of our freshly squeezed juices, packed full of fruit and veg, or boost your protein intake with one of our smoothies. Looking for a little extra? Upgrade your drink with the addition of creatine, collagen or mushroom powder.

SMOOTHIES

PROTEIN BOOST

9.5

Vanilla Form Performance Protein, banana peanut butter, date syrup, oat milk, salt, Dirtea Cacao Mushroom Blend

214 Kcal | 20 grams protein | 5g BCAAs | 500mg of Lion's Mane | Reishi | Tremella | B vitamins

BERRY & LEAN

9.5

Vanilla Form Performance Protein, strawberries, blueberries, banana, oat milk, Ancient + Brave True Collagen

141 Kcal | 20 grams protein | 5g BCAAs | Hydrolysed collagen peptides

JUICES

GREEN CLEANSE

6.2

spinach, cucumber, lemon, ginger, apple, extra virgin olive oil

GLOW JUICE

6.2

carrot, celery, lemon, ginger, apple, extra virgin olive oil

BERRY BANANA

6.2

strawberry, banana, apple, extra virgin olive oil

GINGER SHOT

3

ginger, lemon, apple, extra virgin olive oil

ADD

1 EACH

form Performance Creatine | ANCIENT+BRAVE True Collagen | **DIRTEA** Cacao Mushroom Blend

COFFEE

our house-blend espresso has notes of cocoa and a soft finish. Crafted with the coffee purist in mind, this blend works with milk or on its own.

DOUBLE ESPRESSO

3.7

FLAT WHITE

4.6

AMERICANO

4.1

MOCHA

4.9

CAPPUCCINO

4.6

HOT CHOCOLATE

4.9

LATTE

4.6

VANILLA MATCHA LATTE

5.5

oat, almond or soya milk available

enjoy hot or over ice

TEAS

4.1 EACH

English breakfast / Earl Grey / Decaf Ceylon / Chamomile / Fresh Mint / Green Tea with Citrus / Darjeeling / Red Raspberry / Peppermint