PLEASE NOTE
WE ARE A CASHLESS VENUE
CARD PAYMENTS ONLY

GET FREE WIFI AT ARENS NOW

ARENS

STARTERS

HOUSE BUNS

A secret family recipe freshly baked every day

House Bun Basket V 4.5
Garlic House Buns V 5
Garlic House Buns & Melted Cheese V 7

Winter Garden Soup 7
Warm Glazed House Bun & French Butter

Buffalo Cauliflower Bites V 10
Crisp Fried Cauliflower Shoots tossed in Frank's Buffalo Sauce & served with a Ranch dip.

Vegan Jackfruit Wings V 10
BBQ Sauce, Garlic Mayonnaise, Scallions & Crispy Onion.

Prawn Cocktail GF 12
Shredded Iceberg, Julienne Carrot, Lemon, Paprika, Marie Rose Sauce & Gluten Free Bread.

Jamaican Jerk Chicken Thigh Bites GF 12
Served with Spring Onions, Fried Sweet Plantains, Crushed Chillies & Sour Cream dip.

Tuna Ahi 12
Pan Fried Sesame Seed Yellowfin Tuna Steak Garnished with Spring Onion, Fried Onions, Soya, Sriracha Mayo, Sweet Chilli & Ginger Dressing.

Panko Calamari 12
Light & Crispy Calamari with Sriracha Mayo.

Halloumi Batons V GF 12.5
Sweet Chilli, Garlic Sauce & Pomegranate.

Nachos V 13
Homemade Cheese Sauce, Salsa, Sour Cream & Jalapeños. ***Add Guacamole for £3.***

Arens Rock Shrimp 13
Light & Crispy Battered King Prawns tossed in Creamy Dynamite Sauce topped with Sesame Seeds, Spring Onion & Red Chilli.

Tuscan Shrimp & Diver Scallops 14
Spinach, Sun-dried Tomatoes, Shallots, Garlic, Chives, Cream Coconut & a Glazed Arens House Bun

BURGERS

All served with Lettuce, Tomatoes, Onions, Arens Slaw & Seasoned Fries.

Ultimate Bacon & Cheese Melt — *Two Grilled Juicy Beef Patties, Smoked Bacon, Monterey Cheese, Pickles & Arens Special Sauce on a Arens House Bun.* — **18**

Fried Chicken Tikka Masala Burger — *Crunchy 100% Chicken Breast Dipped in Tikka Masala Sauce, Spring Onion, Sweet Chilli, Jalapeños, Onion Bhaji, Cheese & Garlic Mayo.* — **19.5**

Vegan Plant Burger V — *Chargrilled Plant Based Patty, Flat Mushroom, Vegan Monterey Cheese, Makers Mark BBQ sauce, Fried Onions & Pickles on a Arens House Bun.* — **19.5**

SALADS & PASTA

Classic Tossed Caesar — *Caesar Dressing, Shaved Parmesan, Chopped Baby Gem, Hard-Boiled Egg, Anchovies & Herb Croutons* **(+4 Grilled Chicken)** — **13**

Mexican Salad V — *Tomatoes, Tortilla Chips, Jalapeños, Charred BBQ Sweetcorn, Cherry Tomatoes, Leaf Mix & Ranch Dressing* **(+4 Grilled Chicken)** — **13**

Cream of Mushroom Truffle Fettuccine V — *A mix of Closed-Cup, Portobello & Chestnut Mushrooms Sautéed in Butter, Thyme and Garlic, Cream, Chives & Black Truffle Oil.* — **17**

Vegetable · Chicken · Seafood · Spice · Beef · Pork · Fish · Lamb

STEAKS

TOLLY & SONS
EXCLUSIVE PARTNERSHIP
MEMBER

An Exclusive Partnership. Sourced directly from Tolly & Sons, our local farm shop in Moor Park, Northwood, our beef is hand-selected from the finest breeds and dry-aged for a full 28 days in traditional salt-moss chambers.

This meticulous process unlocks exceptional tenderness, a rich, savoury depth, and a buttery-smooth texture with intensely juicy flavour – the true hallmark of outstanding quality. Every cut tells the story of trusted local expertise. Indulge in our handpicked cuts each offering a buttery-smooth texture and deep, juicy taste that sets a new standard for quality.

Served with Rocket, Arens Slaw, Seasoned House Fries & Grilled Tomato.

250g Pave Rump GF 29
Recommended Medium Rare

300g Sirloin GF 38
Recommended Medium

300g Rib-eye GF 38
Recommended Medium

250g Fillet GF 39
Recommended Medium Rare

LARGE CUTS

For the hungry or to share.

600g Chateaubriand GF 75
Porterhouse T-Bone GF 79
900g Stingray Tomahawk GF 80

SPECIALS

Arens Water-bathed Beef Steak 28
A family recipe perfected over decades, succulent slow cooked 12oz Beef steak, Chestnut Mushrooms, Caramelised Onion, Bacon Lardons in a Red Wine sauce with Creamy Mash.

Surf & Turf Thermidor 60
Our take on classic where land meets sea in a combination of Grilled Lobster, King Prawns, Scallops in a dill & cream sauce with Melted Cheese & accompanied by our finest 100g fillet steak.

Picahna Skewer & Chimchurri 49
Succulent Brazilian Premium Rump cap, skewered & fire-grilled for bold beefy flavour.

LEVEL UP

Add a Steak sauce: 2
Bearnaise, Peppercorn or Creamy Mushrooms.

STEAK TOPPINGS

Chilli Butter 1.5
Garlic Butter 1.5
Bone Marrow Butter 2

ULTIMATE TOPPINGS

Five King Prawns & Garlic Butter 9
Half Rack Ribs 15

SIDES

Arens Slaw V 4.5
Flavoured Rice V 4.5
Seasoned Fries V 4.5
Truffle & Cheese Fries V 10
Mixed Salad V 4.5
Grilled Broccolini & Parmesan V 5
Sweet Potato Fries V 5
Creamy Mash V 5
Mac & Cheese V 6
Onion Ring Tower V 10
Halloumi Batons V 12.5

MAINS

CLASSICS

BBQ Monterey Cheese Chicken 18
Breaded Chicken & Bacon with Caramelised Onions, Makers Mark BBQ Sauce then topped with Melted Cheese, served with Seasoned Fries & Arens Slaw.

Belly of Pork Porchetta 25
Caramelised Apple, Chive Mash & Creamy Calvados Sauce.

Shank of Lamb 31.5
Sicilian Style dish with Fruits, Chickpeas and a Tomato Based Fiery Sauce with Flavoured rice.

SKEWERS

All Skewers are served with Mint Yoghurt, Charred Padron Peppers, Frilled Flat Bread, Beetroot Tzatziki, Dressed Chefs Mixed Salad & Rice OR Seasoned Fries.

Vegan Tikka Shicken Skewers Ve *Beetroot Tzatziki substituted with Chef's Salad.* 23
Chicken Shawarma 24
Minted Lamb 28

RIBS

All served with Arens Slaw, Seasoned Fries & Grilled Tomato.

1kg BBQ Pork Ribs 34
Sesame Seeds & Fried Onions

Dino Ribs 45
Smoked Beef Ribs, BBQ Korean Gochujang Glaze, Fried Onions & Scallions. Richly marbled for exceptional tenderness and flavour (naturally higher in fat)

Ribs & Chicken 36
Half Rack BBQ Pork Ribs & a Chicken Skewer.

SEAFOOD

Salmon Teriyaki 25
Coconut Rice, Grilled Tenderstem Broccolini, Fried Onions, Sesame Seeds & Spring Onions.

Pan-fried Seabass GF 25
Garlic Butter, Lemons, Grilled Broccolini, Chives & Creamy Mash

Seafood Fettuccine 24
Salmon, Tiger Prawns, Diver Scallops, Wilted Baby Spinach, Cherry Tomatoes, Red Peppers, Garlic Butter & Coriander.



SUSHI & SASHIMI

FRIDAY & SATURDAY

Please note our sushi is made fresh & delivered straight to the table.
Always subject to availability.

	1/2	Full
Halloumi & Avocado Tempura Roll V *Marinated Halloumi, Fresh Avocado, Roast Pepper & Vegan Sriracha Mayonnaise*	10.5	17
Shrimp Tempura Rolls *Cucumber, Parmesan, Spring Onion, Pickled Red Onion, Sriracha Mayonnaise.*	11.5	18.5
California Roll *Crab, Avocado, Cucumber, Pickled Carrot.*	12	19.5
Yellowfin Tuna Sashimi *Sriracha Mayonnaise, Soya Sauce & Wasabi.*		18.5
Salmon Sashimi *Sriracha Mayonnaise, Soya Sauce & Wasabi.*		18.5
Yellowfin Tuna Nigiri *Sriracha Mayonnaise, Soya Sauce & Wasabi.*		18.5
Salmon Nigiri *Sriracha Mayonnaise, Soya Sauce & Wasabi.*		18.5

V - Vegetarian • VE - Vegan • GF - Gluten Free

HAVE YOU HEARD ABOUT OUR DELICIOUS SUNDAY ROASTS?

V050726

ARENS COCKTAILS

Rose Gin & Tonic 15
Gin, Peach Liqueur, Lemon Juice, Sugar Syrup, Rose Lemonade & Mint

Raspberry Mojito
Raspberry, Mint, Syrup, Lime Juice, White Rum, Raspberry Purée & Soda

Pink Fluff
Vanilla Vodka, Chambord, Cranberry, Bubblegum Syrup & Candy Floss

Gin Garden
Hendricks, Cucumber Juice, Elderflower & Apple Juice

Strawberry Frost
Rum, Strawberries, Lime, Coconut

Aperol Spritz
Aperol, Soda & Prosecco

Cosmopolitan
Vodka, Cointreau & Cranberry

Long Island Iced Tea
Vodka, Gin, Tequila, Rum, Cointreau, Lime Juice & Pepsi

Sex On The Beach
Vodka, Peach Schnapps, Orange, Cranberry

Mojito
Lime, Sugar, Fresh Mint, & Rum

Espresso Martini
Vodka, Espresso, Kahlua Liqueur

Atlantis Mojito
White Rum, Passion Fruit, Lime, Mint, Soda and Sugar Syrup

Strawberry Daiquiri
Strawberry Puree, Rum, Lime & Sugar

Pornstar Martini
Vanilla Vodka, Passion Fruit and Lime Juice, with a Shot of Prosecco

Aku Aku
Pineapple Juice, White Rum, Peach Liqueur, Fresh Mint, Sugar syrup and lemon juice

Bramble
Pink Gin, Raspberry Liqueur, Lemon Juice & Raspberry Syrup

Piña Colada
White Rum, Pineapple & Cream

Old Fashioned
Bourbon, Sugar Syrup & Angostura Bitters

Margarita
Tequila, Lime Juice, Salt & Cointreau

Amaretto Sour
Amaretto, Bourbon, Lemon Juice

Negroni
Gin, Campari, Vermouth



MOCKTAILS ALL 8

The Vetruvian
Cloudy Apple Juice, Elderflower Cordial, Lime Juice & Tonic Water

Butter Beer
Vanilla Cream Soda, Butterscotch & Whipped Cream

Elixir
Rhubarb Syrup, Lime Juice, Strawberry, Mint & Ginger Ale

MILKSHAKES ALL 10.5

Available until 10pm

OREO | Biscoff | Reese's | VANILLA | nutella

PREMIUM SPIRITS

All Spirits are 50ml and come with a Mixer

GIN

Tanqueray London Dry	10
Bombay Sapphire	10
Beefeater Blackberry	10
Edinburgh Gin - Rhubarb & Ginger	12
Hendrick's	12
Roku Japanese Craft	12
Monkey 47 Schwarzwald Dry	15

RUM

Plantation Trinidad Original	10
Havana 7 Year Old	10
Mount Gay Barbados	12
Wray & Nephew White Overproof	12
Flor De Cana 12 Year	12

WHISKY

Johnnie Walker Black Label	10
Maker's Mark Bourbon	10
Proper Twelve Whiskey	12
Monkey Shoulder	12
Dalwhinnie 15 Year Old	14
Macallan 12 Year Old	15

VODKA

Grey Goose	12
Belvedere	12
Au Vodka Fruit Punch	12
Au Vodka Black Grape	12
Au Vodka Red Cherry	12
Au Vodka Blue Raspberry	12
Au Vodka Bubblegum	12

BRANDY

Courvoisier VS	10
Martell VS	10
Remy Martin VSOP	10
Hennessy VS	12
Remy Martin XO Premier Cru	58

TEQUILA

Volcán De Mi Terra Blanco	12
Volcán De Mi Terra Reposado	12
Volcán De Mi Terra Cristalino	12
Volcán De Mi Terra X.A. Extra Ages	20

NON ALCOHOLIC SPIRITS

All Non-Alcoholic Spirits are 50ml and come with a Mixer

Lyre's American Malt | Bourbon Style	10
Lyre's Premium Dry London | Gin Style	10
Lyre's Pink London | Pink Gin Style	10
Lyre's Dark Cane | Dark Rum Style	10

DESSERT COCKTAILS

10

Choco Express
Martell vs, Captain Morgan Dark Rum, Chocolate Syrup & Espresso

Dulce De Leche
Vodka, Baileys, Caramel Syrup, Toffee Caramel & Single Cream

SHOOTERS ALL 8



Jam Doughnut
Baileys & Chambord with a sugar crusted rim

Jäger Bomb
Jäger shot, with half a can of energy drink

Skittle Bomb
A Jäger bomb, with Cointreau instead

Head Shot
Kahlua, Baileys and a squirt of whipped cream

B52
Kahlua, Baileys and Cointreau

COCKTAIL TREE

12 Glasses Per Tree

Cost per glass including offer



House Prosecco	5.5
House Champagne	9
Pornstar Martini	11
Gin Garden	11

A PIRATES LIFE FOR ME



Spiced Rum, Benedictine, Cherry Brandy, Lime Juice, Peach Puree & Pineapple Juice

20

Ideal For 4 People

TO SHARE

PORT & DESSERT WINE

Croft Reserve Tawny
Dried apricot, roasted almonds & walnut
8.2

Elysium Black Muscat
Beautiful soft strawberry flavours with floral notes
9.5

SMOOTHIES ALL 7

Strawberry & Banana Split
Strawberry, Banana

Green Machine
Kale, Spinach, Mango

Tropical Punch
Mango, Pineapple, Strawberry, Kiwi, Coconut

Arens Passion
Pineapple, Mango, Passion Fruit

SOFT DRINKS

COLD DRINKS

Pepsi	3.5
Diet Pepsi	3.5
Lemonade	3.5
Freshly Squeezed Juice *Orange or Apple*	5.95
Red Bull	4.85
Apple & Raspberry J2O	4.9
Appletiser	4.9
Still Bottled Water *Large*	5
Sparkling Bottled Water *Large*	5
Trip CBD Infused 250ml *Elderflower, Mint or Peach & Ginger.*	5
Ginger Beer	5.75
Rose Lemonade	5.75

HOT DRINKS

Tea *Earl Grey, Breakfast, Green or Mint.*	3
Espresso	3
Filter Coffee	3
Americano	3
Latte	3.5
Cappuccino	3.5
Hot Chocolate	4.5
Liqueur Coffee	8
Baileys Hot Chocolate	8

BEER & CIDER

BOTTLES

Peroni Libera (Alcohol Free) *330ml*	4.5
Sol Original Lager *330ml*	4.5
Peroni Lager *330ml*	5.25
Doom Bar Ale Bottle *500ml*	6.6
Magners Cider *568ml*	6.75
Old Mout Kiwi & Lime *500ml*	8
Old Mout Berries & Cherries *500ml*	8
Guinness 0.0% *538ml CAN*	7.2

DRAUGHT

	1/2	Pint
Arens Light	3.5	5.5
Stella Artois	3.8	6
San Miguel	4.5	7.2
Modelo Especial	4.7	7.8
Guinness		7.8
Beavertown Neck Oil		8.5
Kopparberg Strawberry & Lime		7.5

SPARKLING & CHAMPAGNE

SPARKLING

	125ml	Btl
Arens House Prosecco	9	37
Non Alcoholic Prosecco	8	32

CHAMPAGNE

Arens House Champagne	70
Veuve Clicquot Yellow Label Brut	115
Laurent-Perrier Champagne Cuvée Rosé Brut	145
Moët & Chandon Impérial Brut	109
Moët & Chandon Rosé	125
Moët & Chandon Ice Imperial (Demi-Sec)	125
Moët & Chandon Ice Imperial Rosé	135
Louis Roederer Cristal	350

WINE

WHITE

	125ml	175ml	250ml	Bottle
Arens House White	6.7	7.4	10.5	30
Versare Pinot Grigio	8.8	9.7	12.5	33.5
Las Montanas Chardonnay	9.1	10	12.9	35
Wild House 'Chenin Blanc'	9.7	10.7	13.8	39
Pierre Chainier Sauvignon Blanc	10.3	11.4	14.7	41.5
Araldica La Luciana Gavi DOCG				48
Vila Nova Loureiro DOC Vinho Verde				51
Domaine de la Motte Chablis AOP				87

RED

	125ml	175ml	250ml	Bottle
Arens House Red	6.7	7.4	10.5	30
Versare Montepulciano	8.8	9.7	12.5	33.5
Los Pastos Merlot	9.1	10	12.9	35
Para Dos Malbec	10.3	11.4	14.7	41
Les Volets Pinot Noir IGP Haute Vallée de l'Aude				42
Senora Rosa Cabernet Sauvignon				48
Cruse Bordeaux Rouge				57

ROSE

	125ml	175ml	250ml	Bottle
Burlesque White Zinfandel Rose	8.8	9.7	12.5	33.5
Piattini 'Pinot Grigio' Rose	10.1	11.1	14.3	36
Whispering Angel Chateau d'Esclans	16	18	22	65

PLEASE NOTE: *If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.*